



MAY 2010

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS

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Commodor's Corner



Eighty-seven people showed up for the big spring work party to put the docks in and get the club ready for the season. A lot was accomplished, but there is always more work to be done. If you still need some work hours, or just want to help, please contact one of the Committee Chairs, or Harbormaster Mary Bartman, who has a long list of jobs, many of which can be done anytime.

By now, you should have received your membership packet in the mail, as well as a welcome email from the CSA list-serve. If you haven't, please contact Vice Commodore Andrea Sepanski. Before you bring your boat to the lake, don't forget to apply your mast sticker, write your name and assigned parking space on your trailer tongue, and bring wheel chocks and proper tie-down straps. Also don't forget your car sticker.

This year's Leukemia Cup Kick-off Party, at Top of the Met was a big success. Thanks to all those who attended, and especially Marcus Raichle, who fully sponsored the event, which allowed all the proceeds to go to the Leukemia and Lymphoma Society.

As I mentioned last month, we will be holding our first **Open House on May 22nd**. Please help us advertise: **download and print the flyer from the CSA web site**, then **post copies** at your office, at your church, or at your favorite eating or drinking establishment. Also, make plans to come out to the lake for the day to help us show our guests what sailing at CSA is all about. **It's lots of fun**, and attracting new members **is critically important to the future of CSA**. If you can help, please contact Wendy or Preston Haglin.

Don't wait until June or July to bring your boat out and start sailing. The month of May can have some of the best winds of the year, and the heat of summer hasn't set in yet. **Club Races start on Sunday, May 2nd**, and the **first Hare & Hounds race will be Saturday, May 15th**. The updated 2010 Sailing Instructions are posted on the web site: csa-sailing.org

See you on the water!

MAY

- MAST STICKER**
- NAME ON TRAILER**
- WHEEL CHOCKS**
- TIE-DOWN STRAPS**
- CAR STICKER**
- CLUB RACES**
Sunday, May 2nd.



Sincerely,
Jean-Pierre Bordes
CSA Commodore



Splinters from the Board

As a show of huge support for CSA, over 80 members showed up at the recent work party aimed at helping to get the club ready for the season. This was reported to the April board meeting with resounding cheers. After spending the last weekend of April at CSA, I can personally report the club looks quite ready for opening.

List of discussions:

1. Had some trouble with one of the hoists that returned recently from being overhauled. Apparently our crack team of CSA mechanics came through and did their own magic to get this thing to work.
2. Director Shindel reported we had 93 ballots in for the Board of Directors election. By the time this is read, the election will be over and we'll be counting ballots. Stay tuned for the news!
3. Visitor's Day is shaping up and the volunteers have been busy getting ready for the May 22nd event. If you can help, contact Commodore Bordes ASAP.
4. The State Park has approved a new vendor coming to the Leukemia Cup Regatta. Coral Reef Apparel will have a tent with a portion of the sales going to the event.
5. The new motor for a Whaler is here and in the process of being installed. We're told she'll be ready for use on opening weekend.
6. We are waiting on word about repairing the furnace in the OB. The board has approved the budget and we'll keep you informed on the progress.
7. Director Leimbach reported he had 21 pre-registered adults for his camp, scheduled for the end of June. If you have neighbors or the like that have ever shown interest in learning how to sail, please have them contact Dave personally.
8. The board approved the go ahead to design a Jr. Dock for the Snipes. Financially paying for this project will be decided if the design gets approved to proceed. We have received a lot of response from members regarding this and are evaluating our direction as I write this.
9. The large gas tank was converted to regular gas from pre-mix. If you're going to use it for the motors, make sure you have talked to the RC folks to make sure the right gas is going into the right boat.

Finally the season is here! For most of you it's been a long winter with no sailing so come on out, get those boats out of storage this weekend and come have some fun and the greatest sailing club around; Carlyle Sailing Association.

Rich Bernstein
Chairman of the Board
Carlyle Sailing Association



2010 Calendar

Month	Day	Event	Chair Person
FEBRUARY	15	Membership Re-applications Due	Andrea Sepanski
	20	Fleet Captain's Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
MARCH	6	Commodore's Staff Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
APRIL	10	Big Spring Work Party (Dock Day)	Peter Conant
	13	Leukemia Cup Kick-off Party at Top of the Met	Rick Bernstein
	17	Additional Work Party if Needed	Peter Conant
	24	Planned Harbor Opening	
	25	Marks Deadline	Karen Pauls
	24-25	Lightning Mid-Continent Regatta	Paul Hanson
MAY	1-2	Gateway Melges 24 Regatta	Rick Bernstein
	2	Club Races Begin	Robb Preston
	8	New Members' Orientation Day	Jean-Pierre Bordes
	15	Hare and Hounds #1	Chuck Alyea
	22	Open House #1	Wendy Haglin
	23	Racing Clinic	Ted Beier
	25	Marks Deadline	Karen Pauls
	29-30	Leukemia Cup Regatta	Rick Bernstein
JUNE	5-6	Flying Scot Egyptian Cup Regatta	Jim Harris
	12	Hare and Hounds #2	Chuck Alyea
	12-13	Mississippi Valley Lightning Districts	Paul Hanson
	14-18	Junior Sail Camp	David Crosby
	19	Firecracker Regatta (Juniors)	David Crosby
	23-25	Adult Sail Seminar	Dave Leimbach
	25	Marks Deadline	Karen Pauls
JULY	3	Open House #2	Wendy Haglin
	3	Hare and Hounds #3	Chuck Alyea
	3	Luau	Josh Doherty
	17	CSA Championship of Champions Regatta	Felicia Bamer
	25	Marks Deadline	Karen Pauls
AUGUST	7-8	Y-Flyer Beer & Boats Regatta	Dan Haile
	14	Hare and Hounds #4	Chuck Alyea
	25	Marks Deadline	Karen Pauls
SEPTEMBER	11	Strawberry Women's Regatta	Dave Leimbach
	18-19	Whale-of-a-Sail	
	25	Hare and Hounds #5	Chuck Alyea
	25	Marks Deadline	Karen Pauls
	24-26	Snipe Silver Cup	Andrea Sepanski
OCTOBER	2-3	E-Scow Silver Cup Regatta	Preston Haglin
	2-3	Muddy Waters Catamaran Regatta	Dave Bryant
	25	Marks Deadline	Karen Pauls
	31	Harbor Closing- All Boats MUST Leave	
NOVEMBER	6	Big Fall Work Party	Peter Conant
	12	Work Chits Due	Andrea Sepanski
	12	Annual Membership Meeting & Election	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
DECEMBER			
JANUARY 2011	15	Commodore's Banquet	Jean-Pierre Bordes



HARBOR



MICE

Carlyle Sailing Association's Junior Sailing Program
Learn-to Sail Class • Summer of 2010 • 8-13 Year Old Boys and Girls

The instructions will introduce boat rigging, recreational sailing, and safe boating practices to 8-13 year olds.

SCHEDULE

Classes will be held 12:30pm-4:00pm on the following dates

Sunday June 27

Sunday July 25

Sunday July 11

Sunday August 1

Sunday July 18

Sunday August 8

Class will be held Rain or Shine but will release early the days that CSA Club races are abandoned.

Every Student needs to have an Optimist Pram Sailboat and a PFD

The Registration Fee is \$150/child.

If you have any other questions please contact Tobi Moriarty: tobimoriarty@aol.com or 314-469-5515

Harbor Mice Registration Form

STUDENT

(One Student per form)

Name of Student: _____

Birthdate: _____

- BOY
- GIRL

PARENTS

Name of Parent(s): _____

Email address: _____ Phone Number: _____

Member of CSA Fleet: _____ (Cabin, Lightning, Snipe, Flying Scot, Multi-Hull, etc.)

BOAT Indicate which applies to the Opti that the above mentioned student will use for this class

(Check One)

- We own our own Opti
- We will borrow our Opti from our friend _____ (Name of Boat Owner)
- We lease our Opti from CSA
contact Bill Bertrand (bill.bertrand@gmail.com) or Shirley Allen (sallen50@charter.net) for boat lease info

Please complete this form and mail it with a \$150 check (**payable to Carlyle Sailing Association**) to Tobi Moriarty, 31 Balcon Estates, Saint Louis, MO 63141 by June 15, 2010



Cat Tales

by Holly Hoffman



A few who have watched me
sail away
Will miss my craft from the
busy bay;
Some friendly barques that
were anchored near,
Some loving souls that my
heart held dear,
In silent sorrow will drop a
tear —
But I shall have peacefully
furled my sail
In moorings sheltered from
storm or gale,
And greeted the friends who
have sailed before
O'er the Unknown Sea to the
Unknown Shore.

Elizabeth Clark Hardy



CSA lost a long time sailor, Ruth Verch, 78, on March 30. Ruth Verch was born in Eastern Communist Germany and was forced to flee with her family when she was a child to West Germany. There she met her high school sweetheart, Edward, whom she married in 1955. In 1932, a 30 year-old Ed came to the St. Louis area, just to see what he would think of it. After being here for a while, he sent a letter home to Ruth telling her what a wonderful place it was. Her parents told her if she ever wanted to see her husband again she better move across the pond!

One of Ed's customers introduced him to sailing up on the Alton Pool on a large monohull and he was hooked. After his first wild and crazy ride on a Hobie in good high wind (a trip that resulted in a pair of torn up bathing shorts) Ed decided he had to have one of those! While Ed was driving home late one night from Redbud, IL with their new used Hobie 16, Ruth was up worrying about how they were going to pay for it and where they were going to sit on it. That first Hobie 16 he brought home to his worried wife was the beginning of the addiction for her as well. She never wanted to skipper a boat but she was an excellent crew and made sure her opinion was heard and understood. And if it wasn't followed she made sure her displeasure was known.

Onshore, Ruth would take care of anyone and everyone that needed taking care of. "She gave away all my clothes!" Ed told me. "At one time or another, every one of those girls at the club had been in my pants" he would joke. Their little camper would seemingly outfit the whole of the club with gear as well as dry clothing when needed. So many of the letters and cards that Ed has received have told stories of how Ruth was like another mother, grandmother, or aunt to the young people that grew up at CSA. One of the Stahl kids said he would sometimes look forward more to seeing Ruth at the lake than going sailing with his dad (don't tell Dave!). Any kind of advice, from marriage to cooking to sailing would be happily shared by Ruth. "She was a mother to all of us."

She was always ready with a word of praise (when deserved) and her opinion of your actions (when it wasn't). Children and animals loved her just as much as she loved them, and she always had time for both. She was always the first to congratulate a job well done, even if that meant less than first place for her own boat. In my interviews I was struck by the oft-repeated words each person used to describe her, generous, adventurous, welcoming, dynamic, fun and deeply in love with Ed.

The more I spoke with those that love Ruth, the more I would have liked to have known her better. I gathered so many good stories that I would have loved to share with you all. Ed asked me to pass on the following message; "I want to thank all of CSA and especially the Hobie people for all their support, their cards, the flowers, the letters and the calls. They came from everywhere and I really appreciate it all."

A special thanks to Ed Verch, Barb and Jim Mencin, and Shirley Allen for their invaluable contributions.

Flying Scottlebutt

by Linda Tatum

Fleet Growth Planned - Fleet Captain Mike Pitzer (FS#5300) and his team are committed to growth of both fleet owners and crew members. As a very active fleet we invite anyone with interest in sailing to consider a Flying Scot; racer or recreational, owner or crew. Many in our fleet are "graduates" from fleets they still love but now find "body challenging". **Yoo-hoo...** Does anyone out there now hear from complaining Back/Knees or Spring/Fall Chill but still want lots of action? Yes...we are brash when it comes to raving about Flying Scots. Visit friendly Fleet 83; try a Scot to see if we are a fleet for you. Experience Not necessary!

Flying Scot Midwinters was held at Southern Yacht Club, west End, New Orleans, March 21-16. Felicia Bamer participated with crew Shirley Bild and Chris Beutler. Word is they had several adventures and thoroughly enjoyed New Orleans area. Be sure to ask about their detour to eat at the special Green Lantern Restaurant on their drive. North American Championship will be at Bay Waveland Yacht Club in Bay St. Louis, Mississippi Yacht Club - June 28 through July 2, 2010. Let's caravan to the Gulf!

Check out our New Yahoo Group site <http://groups.yahoo.com/group/FlyingScotFleet83/> set up by Mike Pitzer. All members and friends of the fleet and newcomers are encouraged to join this group to keep up with most current fleet topics including the most current Calendar. The plan is for this to become our main communication vehicle (instead of group email). If you are not in the group you may miss announcements or emails posted to the group site by other scot members. In the files section of our Yahoo Group, you will now find the race committee duty roster and other critical information. Go to FlyingScotFleet83 in the Yahoo Group section and join. It's easy. We need 100% participation.

Continuing efforts on increasing communication, Rick Guffey (FS#755) has been hard at work on a new page for the fleet on the CSA site.

Rob Preston (FS#5182) is heading the Racing Program for all of CSA. He has worked on new training ideas and schedule. One of our goals for 2010 is to expand our crews both for those who are recreational sailors and racers.

CREW Opportunities & Training - Anyone interested in crewing should join the Yahoo site so that we can send announcements to them about crew opportunities. We plan to have an RSVP set up for each weekend to show who is available. Plan on attending Crew Training day early in the season which we will announce from the Yahoo site. New sailors welcome. We want more boats in the water!

FSSA Board meeting in New Orleans - Jim Harris (FS#5430) attended this meeting. Fleet 83 was awarded the 2012 North American Championships (NAC). Dates will be either June or early July. Begin your training program with the Egyptian cup! After the FSSA meeting Jim & Betty dined their way around the French Quarter with their long-time friend from Clinton Lake, Steve Hartman.

52nd Egyptian Cup Regatta - June 4-6: Harry Carpenter (President of Flying Scot, Inc.) and his wife, Karen, will be attending the Egyptian Cup. Also, their daughter Carrie will attend as crew for Ryan Malmgran (Mad Sails). If you want to sail with the best or need anything from a new Scot to a Pintle Pin, come to the Egyptian Cup. Guarantee - Lots of fun and Greg & Melissa Ziegenfuss' gourmet dinner is always a hit. They sail FS#2097, mostly during the week, as weekends are busy with

On that note

We have two fleet boats available for purchase including Tom Pinkel's boat (\$9,500-built in 1994 includes a multitude of parts and 3 sets of sails) Call 618-632-0712. Bill Dummit has a 1985 Douglas boat #4120, sail #4120 an '85 Douglas that is for sale for \$4,000 Call 314-918-0720



2010 Flying Scot Midwinters Sailors— Felicia, Shirley, Chris — aboard the Free Ferry on the Mississippi River in front of the Mardi Gras Warehouse Tour building they toured.

catering. It is a special treat to have them with us for Egyptian Cup on Saturday evening. For complete information see Notice of Race (NOR) on our fleet page on the CSA website. You may contact Fleet Captain Mike Pitzer at 314-283-1639 pitzerlaw@yahoo.com if you have questions not covered in the Notice of Race NOR.

Cabin Fever

by Felicia Bamer



The 10th Annual Leukemia Cup Regatta is almost here. Choose between the *Cabin Around the Buoys* or *Long Distance* race courses.

If you have not registered contact Vikki at the Leukemia and Lymphoma Society (314.878.7880) or register on line at www.leukemia.cup.org.

Time to be Fundraising! All of us have been affected by relatives, friends with this disease! Fund Raise! I challenge all to donate \$500 up front! Match the three (3) cabin boat \$500.00 donators!

The annual Cabin Kentucky Derby Party each year includes the best “two minute” sports event of the year with the best “two hour” party on the Cabin Fleet social agenda for the year. Saturday, May 1st is the day. Classroom of our Clubhouse is the location. Jack Woods’ mint juleps cannot be equaled. You have to read the recipe to understand what a mixi-cologist he is. Phil Holland’s contribution shall remain anonymous, but it is important. Carrol Woods decorates for the party and wins the “best hat in the show” honors each year. The Fabicks (Darryl, Sara, and Chris) take care of helping fleet members choose their horses and other seriously important details like finding the correct television channel for the race.

The main social Cabin event in April was the annual go to Hollands for the Wine and Cheese Extravaganza. Lots of folks returned from winter hiding.

As normal, Bob and Agnes assisted with set up. Forty-three (43)

Cabin people enjoyed the bar tenders – Phil and Mike D.

Taylors, Woods, Hollands, ..., were back from Florida.

Then the following week a large Cabin group met at the Top of the Met for the annual LCR Launch Party featuring US Sailing President, Americas’ Cup competitor, now EPPN and NBC announcer Gary Jobson along with US Olympic Gold Medal winner in China – Anne Tunnecliffe. Anne’s Gold Medal included jade and was shockingly heavy. She won the gold in Laser Radial class. Wasn’t she vivacious! Oh, to have known what a sailboat was when I was a kid! Did I mention match three (3) donors who donate personally \$500.00 before the regatta!

April also brought a sad week when Ed and all had to say Good-Bye to Ruth. What a “Treasure” Ruth was. Everyone should have heard Shirley A’s comments.

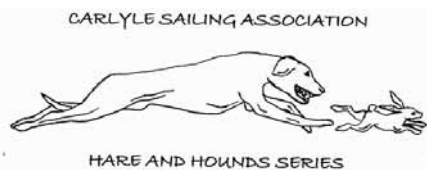
Boats were home at CSA when I arrived in the Rain Sunday with 4 out 5 of my boats! Sunday, April 25 a few of us enjoyed “Beer and Cheers”! Most arrived on Saturday – Ranger 26s – Bob/Agnes, Dave/Barb, Fred/Jenny, and Jay/Helen, Phil/Inge, Wayne/Julie, Bob/Libby, Darryl and son Chris, Joe/Mary, Bob/Ann or Jack/Marianne, SJ 21s Cal, Cabin Fleet Captain Steve, Sebastian, ...

Chuck has developed an updated version of Hare and Hounds for Saturdays. Sail on Saturdays, May 15, June 12, July 3, July 14, August 14, September 25. All these dates include cookouts! Oh, except the Luau Saturday!

Other special events include July’s Saturday the 17th cookout followed by the “Infamous Cabin Fleet Breakfast” Sunday morning! Then August features the “Shady Side Cocktail Party”! -- Lots Better Location than the “Green Lantern Restaurant (Saloon)”! – Ask me about that Mississippi March Midwinters’ Story!

Sail Safe! Sail Fast! Sail For Fun!

Aeolus (Felicia Bamer)



Notices

The "New Friends" Chance of the Season – Open House

by Betty Struckhoff

So good to have the boat out of the barn and the mast pointing skyward! Now we can look forward to months of wonderful weekends at the harbor. Our time on the water will be even more fun if we share some of it with new friends. Um.... how can we do that?

Your friendly sailing club is making it easy for you. Our first CSA Open House for 2010 is right around the corner on May 22. We will be running ads in local papers in Illinois and blanketing the media with press releases to spread the news.

You can help the media effort too. Tell people about the open house on your Facebook page or other social networks you use. Scan your email address list and invite active, outdoor loving friends to come. Just refer them to the CSA website – www.csa-sailing.org for more information and driving directions.

You won't kill very many trees by printing out a few posters from the CSA website and putting them up. Here are the new links:

http://www.csa-sailing.org/Welcome_to_CSA_files/Open_House_flyerColor2010.pdf

http://www.csa-sailing.org/Welcome_to_CSA_files/Open_House_flyerBW2010.pdf

Most importantly, remember the personal approach. Use the business cards in your membership packet to invite friends personally and send them to the website for more information. Talk with your fleet members about working together to show visitors what a great boat you sail. Especially encourage skippers looking for crew to participate – it's a great way to find enthusiastic new sailors.

And don't forget to volunteer to help! See you at the lake!



photos by Felicia Bamer 2009





2010 LEUKEMIA CUP REGISTRATION

Memorial Day Weekend: May 28 – May 30, 2010

Please complete the form **in its entirety** and mail it along with your payment to the address below.

Please make all checks payable to **The Leukemia & Lymphoma Society**.

NO REFUNDS! NO EXCEPTIONS!

Must register on or before May 1, 2010 for your boat name to appear on t-shirt apparel.

Registration *(please print)*

Skipper

Crew

First Name	Middle Initial	Last Name	
Address			
City		State	Zip Code
Daytime Phone ()		Email Address (required for receipt of personal webpage)	
Yacht Club Affiliation (required)	Spinnaker <input type="checkbox"/>	Non-Spinnaker <input type="checkbox"/>	
Class/Manufacturer	Boat Type	# of Crew	
Sail Number	Boat Name	Current PHRF Rating	

REGATTA SAILING REGISTRATION

Check one: Racing Not Racing Cruising Long Distance Event (1 Day)

\$50 For Cabins \$40 For Dinghies/Multi Hulls (circle one) \$10 For Laser, Sunfish (circle one)

FOR SKIPPERS, CREW & OTHER PARTICIPANTS (Please indicate how many of each)

#_____ \$7 Saturday Lunch #____ \$15 Saturday Night Dinner #_____ \$7 Sunday Lunch

Check Enclosed for: \$_____ I'd like to pay my entry fee by credit card. AMEX / MC / VISA (circle one)

Card # _____ Exp. Date _____

Sig. Code _____ (last 3-digits in signature area on reverse side of card) Charge Amount \$ _____

Signature _____

I agree to abide by the Racing Rules of Sailing (US) and sailing instructions originated by the host club and/or other rules that govern this event. In consideration of being permitted to enter this event, being knowledgeable of the risks of competitive sailing and knowing that it is my sole responsibility to decide whether to start or continue any race, I voluntarily assume the risk of participation in this event and release the host club, Carlyle Sailing Association, and the people conducting the event, The Leukemia & Lymphoma Society, from all liability in connections with any injury or damage that may occur.

Signature of Participant _____

Date _____

MAIL TO:

The Leukemia & Lymphoma Society/Regatta

77 West Port Plaza, Ste.101 • St. Louis, MO 63146

Questions? Contact: Cheryl Reale or Vikki Rowe email: cheryl.reale@lls.org or vikki.rowe@lls.org

314/878-0780 or 800/264-2873 or FAX: 314/878-4050

Notices



CSA Adult Sail Seminar

WEDNESDAY, THURSDAY, FRIDAY

JUNE 23-25, 2010

Less than a month left. Everything is coming together nicely. We will have fifteen different Instructors that the students will be working with. Most of the three days will be on the water, at the tiller, or crewing. Remember what June is like at the lake? The breeze will be blowing, sun shining, water glistening all while learning to capture the wind in your sails and propel the boat forward without the aid of a motor. Sailing is a skill not just to learn, but also to develop. This class is the way to do it. We have a limited number of tillers so get enrolled now. The notice and registration form is elsewhere in this issue of the Marks and on our CSA website. csa-sailing.org

“The Excitement is Building”

Dave Leimbach

(Whose Birthday happens to be July 29th.)

EHDAVE@AOL.COM

314.481.1924H

314.960.7005C

Leukemia Cup Regatta Kick Off Party

When you have two great guests, you get a large turn-out. This was witnessed by 123 who came to launch the beginning of our tenth Leukemia Cup Regatta. The kick off was held April 13th at the elegant Top of the Met in Downtown St. Louis. Four hundred feet in the air, overlooking the city on a beautiful sunny evening, the crowd was entertained by the likes of two extraordinary sailors: Gary Jobson and Anna Tunnacliff.

Gary was making his 4th appearance at the event, going back to his first one in 2001. Years later as many of you know, the man that is the face of the regatta for the past 18 years, oddly came down with Leukemia in 2005. Today, the face of ESPN sailing and now the President of US SAILING, is healthy and still traveling the world spreading the word about our great sport. This year, Gary brought 40 of his most recent book; 39 were sold the night of the party thanks in part to the efforts of Kyle and Jacob Bernstein who roamed the room with Gary motivating buyers. Gary was generous enough to donate the books, with all proceeds going to the regatta and he even hung out long enough to sign them all. As always, Gary has the greatest stories and he's one of the best public speakers you'll ever see.

Anna was making her first appearance at the event. She follows a great list of speakers including Buddy Melges, Russell Couttes, Terry Hutchinson and Tania Abby; and now the reigning Olympic Gold Medalist in the Laser class, Anny Tunnacliff from Ohio. Anna actually is making the transition from Laser sailing to the new Women's Olympic class, match racing in a new boat called an Elliot. The day she flew here, she was training with her team in Chicago and the morning after flew back there to continue sailing. Anna was great, her stories were motivating; how a dingy sailor from the Midwest can raise to the level of Olympic Champion. As the women's top Laser sailor, she has been awarded the Rolex Sailor of the Year the past 2 years and it was great to have her here. For her efforts, we discussed adopting her as an international sailor we could follow and financially support. If you want to learn more and help her, you can go to her website at www.teamtunnacliffe.com.

Of course this evening would not be possible not for the generous donation of Marcus Raichle, Jr. and his law firm, Maune-Raichle Law Firm. Thank you Marcus and Neil.

Thank you to everyone for supporting this great event, I look forward to seeing you at the end of May at the Leukemia Cup Regatta, May 28-30.

Rick Bernstein



CSA Adult Sail Seminar

Wednesday, Thursday, Friday
June 23, 24, 25, 2010



OBJECTIVES: Fun, Safety, Meet People just like You
LEARN TO SAIL: Beginners and Intermediate
INSTRUCTION: Classroom, Land, and On Water

- You as a Sailor
- Safety and You
- Parts of a Sailboat
- Wind Awareness
- How Sails Work
- Rigging the Boat
- Learn to talk like a Sailor
- Your first Sail
- Sailing Directions
- Sailing Upwind
- Sailing Downwind
- Capsize Recovery
- Overboard Recovery
- Leaving and Returning
- Improving Your Skills
- Right-of-Way
- Backup Skills
- Weather, Tides and Currents
- Knots and Lines

Three types of training boats:

Monohull — Flying Scot ♦ Cabin — San Juan 21 ♦ Catamaran — Hobie 18

Instructors are CSA members, US Sailing Level I Dinghy Instructors

Registration: \$165.00 for non-member ♦ \$110.00 for primary corporate member.
Checks payable to *Carlyle Sailing Association*. (Includes instruction, sailing, reference textbook, continental breakfast, and lunch.)

Contact Dave Leimbach – 314.481.1924h or 314.960.7005c ehdave@aol.com
Send registration to Dave Leimbach at 4421 Ridgewood Ave., St. Louis, MO 63116

Registration Form *(must be over nineteen years of age)*

Name _____ Phone # _____ E-Mail _____

Address _____ City/State/Zipcode _____

Sailing Experience _____

If you own a sailboat, state the class _____

Type of boat you prefer to learn on (check one)

- Monohull - *Flying Scot* Cabin — *San Juan 21* Catamaran — *Hobie 18*
 Not Sure

2010 Race Committee Schedule

MONTH	DAY	EVENT	FLEET	PRO	TOTAL RACE DUTIES	
May	2	Spring Series (Day 1)	Y	Beier/Preston	CATS	4.5
	9	Spring Series (Day 2)	Cats		SCOWS	4
	16	Spring Series (Day 3)	FS		FLYING SCOTS	4.5
	23	Racing Clinic	N/A		LIGHTNINGS	4
JUNE	6	Spring Series (Day 4)	Scow	Y FLYERS	4	
	13	Spring Series (Day 5)	Cats	SAN JUANS	1	
	20	Spring Series (Day 6)	Juniors	JUNIORS	1	
	27	Spring Series (Day 7)	Li			
JULY	4	Cruising Race 4 (Day 8)	FS			
	11	Practice Series (Day 1)	N/A			
	18	Summer Series (Day 1)	Scow			
		Practice Series (Day 2)	N/A			
	25	Practice Series (Day 3)	N/A			
AUGUST	1	Summer Series (Day 2)	Y			
		Practice Series (Day 3)	N/A			
	8	Summer Series (Day 3)	FS			
		Practice Series (Day 4)	N/A			
	15	Summer Series (Day 4)	Li			
		Practice Series (Day 5)	N/A			
	22	Summer Series (Day 5)	Scow			
		Practice Series (Day 6)	N/A			
	29	Summer Series (Day 6)	Cats			
		Practice Series (Day 7)	N/A			
SEPT.	5	Practice Series (Day 8)	N/A			
	12	Summer Series (Day 8)	SJ21			
	26	Cruising Race 6 (Day1)	Cats			
OCTOBER	3	Fall Series (Day 2)	Li			
	10	Fall Series (Day 3)	Y			
	17	Fall Series (Day 4)	FS			
	24	Fall Series (Day 5)	Cats			
	31	Fall Series (Day 6)	Y			

NOTE: .5 race is the Cruising race and only 4 volunteers are needed.