



APRIL 2010

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS



Photo by Bill Kesler

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There are just a few weeks to go before we open the 2010 season, and there's a lot going on between now and then.

APRIL

SPRING WORK PARTY

Saturday, April 10th.

LEUKEMIA CUP KICK-OFF Party, April 13th, at Top of the Met.

RULES SEMINAR

April 17th, at Maryland Heights Community Center at 9:00 a.m.

MEMBERSHIP PACKETS include a 2010 membership roster, car stickers, boat parking assignments, and mast stickers.

VOTE FOR BOARD OF DIRECTORS. Ballots must be postmarked by May 1st.

HARBOR OPEN

Saturday, April 24th

CLUB RACES

Sunday, May 2nd.

Commodor's Corner

- The big Spring work party is coming up on Saturday, **APRIL 10TH**. We put the docks in and get the club ready for the sailing season. Committee Chairs will be looking for volunteers. Don't miss this chance to get your work hours in.
- On Tuesday evening, **APRIL 13TH**, we have the Leukemia Cup Kick-off Party, at Top of the Met. It's not too late to make plans to attend. Best of all, 100% of the proceeds go to the Leukemia and Lymphoma Society. This is a do-not-miss event!
- On Saturday, **APRIL 17TH**, Ted Beier will be teaching a rules seminar at Maryland Heights Community Center at 9:00 a.m. This is a great opportunity to learn the basic right-of-way rules or brush up on recent changes to the RRS. Please contact Ted for more information at 314-353-3168 or tbeier@sbcglobal.net
- Membership packets will soon be sent out to all members. These will include a 2010 membership roster, car stickers, boat parking assignments, and mast stickers.
- This year, we will be hosting two Open House days on **May 22nd and July 3rd**. We are making a few changes this year in order to make it easier for more people to attend: *pre-registration will not be required*. Please mark these dates on your calendar and come out to the lake for the day to help show our guests what sailing at CSA is all about. Volunteers are needed to give boat rides and tours both days.
- **CONTRIBUTE BY HELPING GET THE WORD OUT.** Go to the CSA web site and print out the Open House flyer, post copies at work, at church, or at your favorite eating/drinking establishment. Contact the event Chairs, **WENDY AND PRESTON HAGLIN** at 636-942-2813 or email at laxpres@aol.com.
- Getting people to show up to the Open House days is only the beginning. Following up with potential visitors and making them feel welcome at CSA is vital to keeping them interested and some day turning them into members. To help in this endeavor, the PR Committee is creating a database of visitors and prospective members so that we can keep in touch with them after they leave the Open House. I would like to challenge each fleet to organize at least one activity this year in which you invite prospective members to join you for a day at CSA. For example, your fleet could plan a Saturday day-sail followed by a BBQ, or pick a Sunday when everyone in the fleet invites a new prospect to crew in the club races.
- Another thing we are doing this year that I'm very excited about is expanding and adding more variety to the racing program. In last year's Summer Series, we held 2 Club Races back-to-back, in the afternoon. This format was very popular, so we are going to do it again this year. However, since this schedule leaves the mornings open, **we are going to introduce something new**, in the morning, during the months of July and August, called the Practice Series. This is not going to be just another club race. The purpose of the program is three-fold: to increase participation in club activities by providing a less intimidating way for sailors who are not be comfortable mixing it up in the Club Races to get involved and learn about racing; to give less experienced racers better opportunities to learn and practice new skills; and to give experienced racers a way to hone their skills outside of the normal Club Races. The focus will be on learning and practice rather than just competition. Another change that was made last year was the introduction of two Sunday Cruising Races, which were well attended, and will be repeated this year. More information will be soon forthcoming from our One Design Race Chairman, Robb Preston.

Sincerely,
Jean-Pierre Bordes
 CSA Commodore

Splinters from the Board

Happy Easter and Passover holiday season to my brothers and sisters of the world. Whatever you believe in, enjoy and have a great time.

I'm going to be brief this month because I'm right smack in the middle of cooking 4 items for Passover dinner tonight; yes Rick Bernstein is slamming away in the kitchen with measuring spoons and cups and even a few specialty spices 😊

Our March meeting really had one sole purpose; to review the 23 page budget of Commodore Bordes. This is a labor intensive process as every budget is reviewed for its merit and purpose. With 10 heads looking this over, there tends to be a lot of "What's this for," and "What the h__l is this for?" This budget is what's called the Operating Budget and it's the Commodore's template for what he can spend this year to run the club's day-to-day operations. It includes items such as Grounds, Buildings, Racing, Social and Mark-of-the-Course. The commodore discusses budgets with each of his almost 2 dozen committee heads and submits the numbers to the board for us to review and/or add, subtract, or keep the same.

Commodore Bordes did a fantastic job, he obviously spent a lot of time on this as it pretty much sailed through; even I had trouble finding any "what the h__l is this for," items. Items of interest for the season include over-hauling one of our hoists, which we regularly do to maintain the functionality; a proposed budget to replace the existing bridge to the Observation Building; and upgrading our PR/Advertising budget with the intent on attracting more sailors to our club.

Other items of interest at the meeting:

- The board approved the nominees of Brock Tuffli and Paul Hanson for our very important upcoming board of directors election to fill one seat.
- The roof on the BBQ pit will be replaced in early to mid-May.
- Director Beier is in the process of introducing a potential sailing program to Carlyle area High Schools.
- The new motor for one of the Whalers will be ready for the upcoming season.

Rick Bernstein

Chairman of the Board
Carlyle Sailing Association

A few other notes:

- 1. Please try to attend the Leukemia Cup Kick-Off event April 13th: details on page 5.**
- 2. Please submit your ballot for the upcoming board election. Your vote counts!**
- 3. Make plans to bring your boats to the club the last weekend of April**
- 4. Don't forget to mark on your calendars the Leukemia Cup Regatta Memorial Day weekend, and our new and improved Luau 4th of July weekend.**



2010 Calendar

Month	Day	Event	Chair Person
FEBRUARY	15	Membership Re-applications Due	Andrea Sepanski
	20	Fleet Captain's Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
MARCH	6	Commodore's Staff Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
APRIL	10	Big Spring Work Party (Dock Day)	Peter Conant
	13	Leukemia Cup Kick-off Party at Top of the Met	Rick Bernstein
	17	Additional Work Party if Needed	Peter Conant
	24	Planned Harbor Opening	
	25	Marks Deadline	Karen Pauls
	24-25	Lightning Mid-Continent Regatta	Paul Hanson
MAY	1-2	Gateway Melges 24 Regatta	Rick Bernstein
	2	Club Races Begin	Robb Preston
	8	New Members' Orientation Day	Jean-Pierre Bordes
	15	Hare and Hounds #1	Chuck Alyea
	22	Open House #1	Wendy Haglin
	23	Racing Clinic	Ted Beier
	25	Marks Deadline	Karen Pauls
	29-30	Leukemia Cup Regatta	Rick Bernstein
JUNE	5-6	Flying Scot Egyptian Cup Regatta	Jim Harris
	12	Hare and Hounds #2	Chuck Alyea
	12-13	Mississippi Valley Lightning Districts	Paul Hanson
	14-18	Junior Sail Camp	David Crosby
	19	Firecracker Regatta (Juniors)	David Crosby
	23-25	Adult Sail Seminar	Dave Leimbach
	25	Marks Deadline	Karen Pauls
JULY	3	Open House #2	Wendy Haglin
	3	Hare and Hounds #3	Chuck Alyea
	3	Luau	Josh Doherty
	17	CSA Championship of Champions Regatta	Felicia Bamer
	25	Marks Deadline	Karen Pauls
AUGUST	7-8	Y-Flyer Beer & Boats Regatta	Dan Haile
	14	Hare and Hounds #4	Chuck Alyea
	25	Marks Deadline	Karen Pauls
SEPTEMBER	11	Strawberry Women's Regatta	Dave Leimbach
	18-19	Whale-of-a-Sail	
	25	Hare and Hounds #5	Chuck Alyea
	25	Marks Deadline	Karen Pauls
	24-26	Snipe Silver Cup	Andrea Sepanski
OCTOBER	2-3	E-Scow Silver Cup Regatta	Preston Haglin
	2-3	Muddy Waters Catamaran Regatta	Dave Bryant
	25	Marks Deadline	Karen Pauls
	31	Harbor Closing- All Boats MUST Leave	
NOVEMBER	6	Big Fall Work Party	Peter Conant
	12	Work Chits Due	Andrea Sepanski
	12	Annual Membership Meeting & Election	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
DECEMBER			
JANUARY 2011	15	Commodore's Banquet	Jean-Pierre Bordes

Nominees for Board of Directors

Paul Hanson Nominee for BOD

Many of you know me from my most recent tenure as Commodore and Vice-Commodore, when I had the pleasure of serving this great club. My wife Kelle and I were CSA members in the mid-90's, we then moved out of the area for a 5 year period for work reasons and upon returning to Illinois we choose to live close to Carlyle in order to be a part of such a top notch club. We now have 3 children that we hope will grow up loving the club and calling it home for many years to come, like Kelle and I both do. As for my professional career I work as a civil engineer at Thouvenot, Wade & Moerchen, Inc. working on a variety of projects ranging from transportation, municipal, and commercial projects.

I personally feel that CSA is one of the best clubs in the country as far as sailing, facilities and people go. Our Midwestern values and hospitality show for each and every one of events that we host as a club. I have been a member of the Lightning Fleet since 2005 making the switch from 470's and I'm very proud to call CSA my home club.

I have been a lifelong sailor, and hope to bring to the board a continued value of trying to grow the club and promote the junior sailing aspect, because they are our future. We also, can't forget about our successful past in how we have come to achieve what we have from our current and past members who laid out the ground work for success.

While serving as Commodore and Vice Commodore I had the pleasure of working with the Board and I feel that I have more to offer the club and its members. Some of those ideas are how to increase the visibility of our sport, promote membership, grow the racing program, and the social aspect that makes this club so much fun.



Brock Tuffli Nominee for BOD

My wife, Nancy, and I have been members of CSA since 1994. We currently have three boats at CSA, a cabin boat, and two catamarans. We live in St. Louis and enjoy sailing and being active members of CSA. In fact, our first encounter at CSA happened on a windy day when we were having rigging issues with our catamaran. We were in the middle of the lake with a sidestay that was breaking and rough shore all around. Looking for a soft landing, we pinched to get into CSA's harbor before we lost our mast! It happened to be a Sunday between races so the beach was full of catamarans. Many folks walked up to greet us and to see if there was anything wrong. I still remember the friendly faces and the willingness to help. The cat fleet helped us get our car and trailer from South Shores State Park, take our mast down without incident and then, to our surprise, asked if we wanted to sail with them on their boats for the rest of the day. We also received the grand tour and Nancy and I were hooked. It looked like a great club with many nice members and great facilities. We joined that year and have been members ever since. I have participated in every visitor's day since joining and enjoyed being an instructor in the Adult Sailing Seminars for the past 2 years. I happily volunteer for race committee and attend many regattas. I have been the catamaran fleet captain and I have served as the fleet treasurer for 9 years. I am beginning my 3rd year as the Commodore's Treasurer for CSA. Nancy and I have a 3 year old and have taken her sailing a couple of times last year on our cabin boat.

In addition to sailing, I serve on the Purina Credit Union Board of Directors as the Secretary Treasurer, love to snow ski and am currently renovating our 90 year old home. To pay for all these hobbies, I have worked for Nestle Purina PetCare (NPPC) for 20 years. I have been at my current role at NPPC as Sales Controller for 10 years. Prior to that, I was in Sales and Customer Service. I have a B.S. degree from Missouri State University in Accounting.

My hope is that if elected to the CSA Board of Directors, I will put my background and education to work to continue to make this a great sailing club for all.





Cat Tales

by Holly Hoffman

Eye of the wind –

1) *The direction the wind is coming from, except in the case of offshore breezes in certain coastal waters in industrialized areas where it is known as the nose of the wind, the mouth of the wind, or the broken wind.*

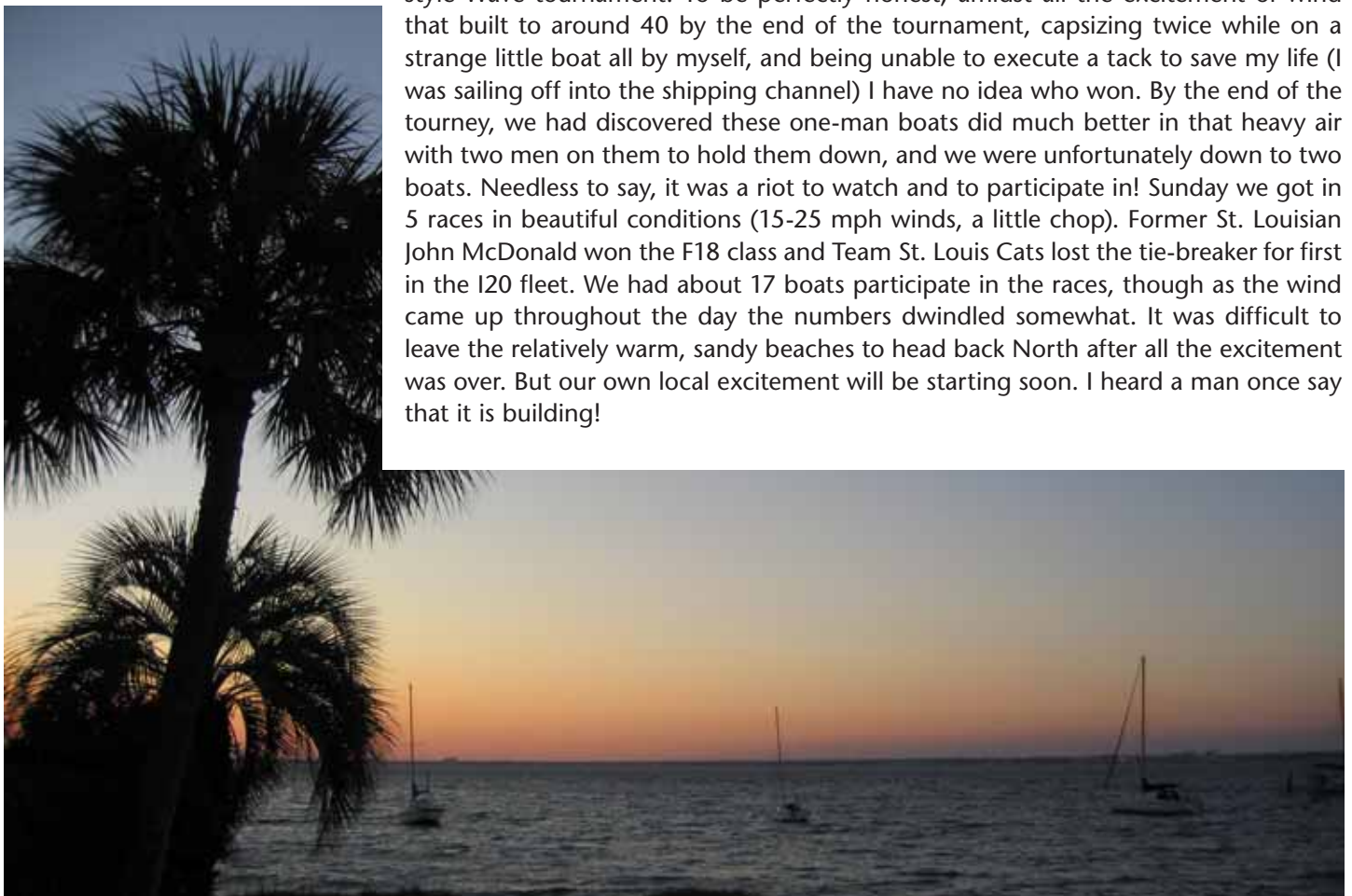
2) *What Holly can't get through in high breeze while attempting to race a Hobie Wave.*

Howdy, Fleetsters!

We are almost there! The dark Winter season is so close to ending, the lake is warming up, the birds are singing, the bees are buzzing, and your humble scribe has caught Spring Fever! I was reviewing a few of my past Spring articles in preparation for writing this one and had to laugh at myself as they all sound exactly alike about this time of year. At least I am consistently enthusiastic!

As you are gearing up for the return to the lake-life and the beauty of sailing think about whom you might want to invite out to join us this season. The Spring is a great time to bring out new potential members as the excitement is high, the weather (can be) nice, and the wind tends to blow (unlike later in the year). We have two Open Houses planned this year, May 22 (bring your own picnic & without pre-registration) and July 3 (in conjunction with the Luau). I don't know about your friends but I generally have to warn mine with plenty of time in advance if I want them somewhere! Besides, it will give you time to hype up the club! Also, Adult Sail Seminar is June 23-25, so if they decide they like us in May they can come back and learn to sail in June! Perhaps you can pitch it as a package deal....

On the out-of-town front, Team St. Louis Cats attended the Performance Mid-winter Championship on Pensacola Beach, FL the weekend of March 13-14. As the wind was blowing dogs off sturdy chains attached to deep foundations on Saturday, we left the expensive boats anchored to the beach and instead took full advantage of organizer Captain Kirk Newkirk's three rental Hobie Waves and held a round-robin style Wave tournament. To be perfectly honest, amidst all the excitement of wind that built to around 40 by the end of the tournament, capsizing twice while on a strange little boat all by myself, and being unable to execute a tack to save my life (I was sailing off into the shipping channel) I have no idea who won. By the end of the tourney, we had discovered these one-man boats did much better in that heavy air with two men on them to hold them down, and we were unfortunately down to two boats. Needless to say, it was a riot to watch and to participate in! Sunday we got in 5 races in beautiful conditions (15-25 mph winds, a little chop). Former St. Louisian John McDonald won the F18 class and Team St. Louis Cats lost the tie-breaker for first in the I20 fleet. We had about 17 boats participate in the races, though as the wind came up throughout the day the numbers dwindled somewhat. It was difficult to leave the relatively warm, sandy beaches to head back North after all the excitement was over. But our own local excitement will be starting soon. I heard a man once say that it is building!



Finding a Racing Crew

by Ted Beier

Many sailors who have taken family for granted as a crew whenever they feel like racing, perhaps at the last minute, feel lost when that no longer works. Instead of sitting around feeling sorry for yourself, it's time to get realistic (that your previous gravy train has left the station), get moving, and start planning. Making cold calls from a crew list of just names and phone numbers does have a significant down side, but there are ways around this. Although, one must remember that getting a good crew is a development process, and there is not a bunch of America's Cup bow men sitting around out there just waiting for your last minute call on Friday evening.

A way that I have used frequently over the past 15 years, or so, is to make use of CSAs Visitor's Day (called Open House this year) program. Take people sailing that look like they would have the abilities of a crew. Let the people lining up the rides know what you are doing and ask them to steer such people your way. While you have them aboard, talk about racing and the CSA race program, and find out if they might like to get involved, and if so, if they could be regular. If they are interested, and the weather is good and they look like possibilities, go through some of the things you do while racing, and talk about how racing involves learning and pride of accomplishment. Keep track of the names of potential candidates and get their contact info later in the day from the registration team. You're way ahead of the crew list scenario already because you have seen them on a boat, and know something about their interest and availability. In fact, you now have your own pre-screened crew list already.

At the end of the Open House if you find a good prospect, try and close the deal right then if you want by asking if they want to try racing the next day, or a week later if next day does not work out. At this point there are some things you need to do and make clear, especially if their answer is hesitant. These are:

1. You realize they will need training, will make mistakes, and that you are OK with that. You might mention that skippers make more mistakes than crew, but they are less obvious.
2. Things are still conditional, and they can still back out if things don't work out after the next outing.
3. Let them know that although you race most Sundays (or what your normal schedule is), it's OK to miss once in awhile, and that you will work out a schedule with them. If things go well on the next outing, then it's time to talk schedule.
4. Also, if you expect them to make a commitment, you must be willing to make a commitment to them. Once you agree on a schedule, keep it.

If they work out, from then on it's not my boat, but our boat. We're a team on the race course and at the social events.

Happy hunting,
Ted Beier

If they work out, from then on it's not my boat, but our boat. We're a team on the race course and at the social events

Cabin Fever and San Juan 21

by Felicia Bamer



Silent Auction times changed.

The entire time you may register and bid on the Silent Auction Items. The end of the Silent Auction is Saturday, May 29 at 9 am.

What are you going to donate for the Silent Auction? Big items donated will be a part of the Live Auction Saturday evening and Sunday afternoon.

Tradewinds Yacht Club has their Annual Commodore's Cup on June 12, 2010. Their dock area is expanding when the water is the correct level.

Carlyle Yacht Club hosts the Carlyle Cup on June 19-20 with Summer Sailstice followed by the Moonlight Sail Race on Saturday, June 26 and the Bloody Mary Breakfast Sunday morning.

St. Patrick's Day was wonderfully celebrated at the home of Shirley and Jack Firse on March 13 – Excellent corned beef, cabbage, potatoes, Irish Coffee, hors' d'ouvres, dessert, etc were in abundance with new and old fleet members in their Belleville home. Their daughter Jill was the excellent chef.

We were saddened to learn of the early death of Brad, Jack and Carol Wood's son. Andrea and I agreed we had met him in the 70s.

In Florida this year have been Taylors, Woods, Karls, Lischers, Bartmans, Charlevilles, Hollands, ... In Colorado has been the Weinmans. Jack Firse is in the BVIs. And, where else did anyone go. Oh, I was in Central Washington state as well as in Louisiana. And, some in Illinois and Missouri.

Wine and Cheese – Cabin Sailors' top party time. Again, Inge and Phil Holland expects us at their home on Saturday, April 10. Contact Inge for reservation at inge@summitcontainer.com

Wine and Cheers will be at CSA on Sunday, April 25 @ 3 p.m. And of course the Kentucky Derby Party hosted by the Fabicks and Woods will be Kentucky Derby Day Saturday, May 1.

The annual Harbor Opening Wine and Cheers will be at CSA on Sunday, April 25 @ 3 pm. Bring an Hors 'dourvre.

Darryl and Sara Fabick along with Jack and Carol Woods are again hosting the Kentucky Derby Day, Saturday, May 1. Prizes will be awarded for best Plus the Mint Julips FLOW..... Will you be the winner of the race?

And, thanks to Julie Lentz for coordinating the Cabin events again in 2010.

Leukemia Cup Launch Party again is at the "Top of the Met", off Pine Street. Tuesday evening April 13th is a MUST must for ALL! Lymphoma Survivor, ESPN Commentator, LLS National Chairman as well as President of US Sailing Gary Jobson is one of our guest speakers. Anna Tunnacliffe (27) from Ohio and now Florida was just named "Rolex Yachswoman of the Year" and had won the Laser Radial women's Class at the 2008 Olympics plus the Keelboat Championship last year is also a guest speaker. **Register today (\$25 per person) for the Launch Party with Vicki at 800.264.2873** so you can begin your LLC Fund Raising.

I recommend registering for the regatta (even if you do not race) May 28, 29, 30 through the Leukemia and Lymphoma Cup website at www.leukemicup.org/gat.

10th Annual – yes, 10th Annual Leukemia Cup regatta is Hosted again at CSA. The three race courses for both days (Saturday and Sunday May 29 and 30) are the Cruising Long Distance Races, the Cabin Races, and the One-Design Races. Our Goal is \$50,000. Volunteers are needed all during our big fund raising event – clean-up, setting up, RC, moving tables, ... Did I say Clean Up?

The Eastern Championship of the San Juan 21 Class will be held at CSA Thursday, July 8 through Sunday, July 11. The last time the Championship was at CSA was 2004. SJ21 class has doubled since then at CSA. The two divisions are Spinnaker and Non-Spinnaker. Volunteers are needed to assist with aspects of the Eastern Championship Regatta.

Yes! I have sailed in March.

May each of us be in "Fair Winds in 2010!"

Aeolus



Wear Your Gear

by Betty Struckhoff

I was at the gym when a stranger walked up to me and said "So where do you sail your Scot?" It took me a moment to remember I was wearing an old regatta t-shirt. Of course there followed a delightful conversation about sailing experiences and wonderful Lake Carlyle.

Did that encounter result in a new CSA member? Probably not. But one more person in the area knows more about our great sailing club and maybe he'll tell another and....

So when you're heading out the door to walk the dog, go to a kids' soccer game, the gym or whatever -- how about putting on some CSA or other sailing gear? It can't hurt and you may make a new friend for yourself and CSA.

If you are lacking the appropriate stylish apparel, check out Mary Bartman's supply when you're at CSA working or bringing your boat out this month. I'm sure she'll welcome your ideas on what to add to her inventory as well.



10TH ANNIVERSARY LEUKEMIA CUP KICK OFF EVENT

by Rick Bernstein

Come celebrate CSA's Leukemia Cup Regatta's 10th Anniversary Kick Off, featuring the reigning sailing Olympic Gold Medalist, plus an America's Cup Champion:

- **2 great speakers and story tellers for the price of one!!!!**
- Tuesday April 13th at the elegant Top of the Met in downtown St. Louis.
- All drinks and hor Dourves included with your registration.

Anna Tunnicliffe is the reigning American Olympic Gold Medalist in the Laser Radial Class and will join us to discuss her current climb to the top of the female rankings in the World

Gary Jobson, America's Cup Champion and ESPN Sailing Analyst will be making his 3rd trip to St. Louis for the kick off; this year bringing incredible never before seen video of last month's America's Cup racing from Valencia Spain and the 90-foot catamarans.

- You can pre-register and save \$5 per head by calling the Leukemia Society at 314-878-0780, or you can register at the door, which open at 6:30 and the event runs through 10 pm.

Please come show your support for this great event, **that's brought to you by all four of the sailing clubs on Lake Carlyle.** This regatta is truly a lake wide event, and CSA should be proud that this will be our 10th year of hosting the regatta and helping to raise close to \$500,000 for the fight against Leukemia and its associated diseases.



Lightnings

by *Lightning Fleet*



We are off to a good start for the year, we hosted our Fleet party at the end of February and we did something never done before within our fleet. We took our meeting on the road, literally. Fleet members were told to show up at the Bernstein's place at a certain time, nothing else was mentioned. Although I did have to tell a few people that no farm animals should be harmed as we were trying to keep it under wraps. Along with the Melges Fleet we boarded the Trolley at the Bernstein's house and from there we hosted the meeting on the way to first stop. Llywelyn's in Soulard provided refreshments and we gathered about the watering hole. After a short time it was time to get back on the trolley and head to the central west end for the second stop of the tour. As the evening pressed on it was getting late the group opted to skip the third stop of the tour and call it a night. I must thank Heather Bernstein for coming up with the surprise. Thank you Heather for a great night!

In other news, we are busy planning our Mid-Continent Regatta. Again, we are doing something different, no registration fee for out of town boats. That's right free registration for out of town boats. It's a way to say thank you to all the boat owners who loaned us their boats last year for the US Sailing Championship of Champions Regatta. So we hope to have a good draw from boats around the Midwest.

We are also, hosting the Mississippi Valley District Regatta in June as well. This regatta will be a qualifying regatta to enter the North American Championship.

The junior CSA team is busy campaigning for their upcoming trip to the Junior World Championships to be held this summer in Ecuador. If you would like to help sponsor the team check out their website at <http://www.facebook.com/home.php?#!/group.php?gid=206900720078> Good luck gentlemen.

See all of you on the water very soon. It's almost time. ☒

Mid-Continent
Regatta FREE
registration for out of
town boats

CSA Championship Regatta

Saturday, July 17th, 2010

Invitations will be sent soon to individuals who qualify or selected to participate in the Annual CSA Championship Regatta ('ole Blue Ribbon). Send recommendations for potential invitees to CSA Championship Chair Felicia Bamer at fbamer@sbcglobal.net with why they should participate. You can even recommend yourself.

If you recall, in the early 80s the Championship was sailed in Sunfish. Then the regatta was revived in the mid 90s using Portsmouth. And for the past six (6) years the Championship has been in a selected one-design yacht. 2010 will be raced in Y-Flyers



*Student comments from Adult Sail Seminar.
Comments from past students and one future student.*

"Thanks Bill Clark, Mike Sullivan and Emillo Tellini (my instructors). Now I REALLY want to sail". James Cook

"Good meals, well planned out class, a lot of enthusiasm from ALL of the instructors".
Bernie Cook

" I thought everything was GREAT". It surpassed my expectations". "THANK YOU". Laurie Pousson

"Great Class, learned a lot, learned more is three days than I did in 40 years of casual sailing" Pete Infanger

Future Student 2010

"I am very excited about learning How to talk like a sailor". Joan Menges (Carson's Mommy)

CSA ADULT SAIL SEMINAR WEDNESDAY, THURSDAY, FRIDAY JUNE 23-25, 2010

The Adult Sailing Seminar is filling up fast. We will have fifteen different Instructors that the students will be working with. Most of the three days will be on the water, at the tiller or crewing. Remember what June is like at the lake? The breeze will be blowing, sun shining, water glistening all while learning to capture the wind in your sails and propel the boat forward without the aid of a motor. Sailing is a skill not just to learn, but also to develop. This class is the way to do it.

We have a limited number of tillers so get enrolled now.

The notice and registration form is elsewhere in this issue of the Marks and on our CSA website.

"The Excitement is Building"
Dave Leimbach
ehdave@aol.com 314.481.1924h 314.960.7005c
(Whose Birthday happens to be July 29th.)



CSA Adult Sail Seminar

Wednesday, Thursday, Friday
June 23, 24, 25, 2010



OBJECTIVES: Fun, Safety, Meet People just like You
LEARN TO SAIL: Beginners and Intermediate
INSTRUCTION: Classroom, Land, and On Water

- You as a Sailor
- Safety and You
- Parts of a Sailboat
- Wind Awareness
- How Sails Work
- Rigging the Boat
- Learn to talk like a Sailor
- Your first Sail
- Sailing Directions
- Sailing Upwind
- Sailing Downwind
- Capsize Recovery
- Overboard Recovery
- Leaving and Returning
- Improving Your Skills
- Right-of-Way
- Backup Skills
- Weather, Tides and Currents
- Knots and Lines

Three types of training boats:

Monohull — Flying Scot ♦ Cabin — San Juan 21 ♦ Catamaran — Hobie 18

Instructors are CSA members, US Sailing Level I Dinghy Instructors

Registration: \$165.00 for non-member ♦ \$110.00 for primary corporate member.
Checks payable to Carlyle Sailing Association. (Includes instruction, sailing, reference textbook, continental breakfast, and lunch.

Contact Dave Leimbach – 314.481.1924h or 314.960.7005c ehdave@aol.com
Send registration to Dave Leimbach at 4421 Ridgewood Ave., St. Louis, MO 63116

Registration Form *(must be over nineteen years of age)*

Name _____ Phone # _____ E-Mail _____

Address _____ City/State/Zipcode _____

Sailing Experience _____

If you own a sailboat, state the class _____

Type of boat you prefer to learn on (check one)

- Monohull - *Flying Scot* Cabin — *San Juan 21* Catamaran — *Hobie 18*
 Not Sure