



FEBRUARY 2010

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS

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Commodor's Corner

Happy New Year The days are steadily getting longer, and the sailing season is less than three short months away!

I want to begin by thanking our outgoing Commodore, David Crosby, for all his contributions to CSA over the past two years. His leadership and enthusiasm are very much appreciated.

For those of you who don't yet know me, I'd like to take a moment to introduce myself. I have been a member of CSA since 1991 when, after graduating from college and moving back to St. Louis, I purchased and rebuilt an old wooden Y-Flyer. Besides campaigning Y-1931 with my wife Stacey, I also enjoy racing other one-designs, frost-biting my Laser during the off-season, big-boat racing, as well as bare-boating in more tropical locales.

It is a great honor for me to have this opportunity to serve you as Commodore. I have travelled to many sailing clubs around the Midwest and on the East Coast, and CSA is without a doubt one of the best small-boat sailing facilities in the country. We have a top-notch racing program, excellent sailing instructors, and we have, arguably, the best sailing lake in the Midwest. But we cannot be complacent. Our sport is facing ever-increasing competition for people's time and entertainment dollars. I believe that the biggest challenge to the future of CSA is a shrinking membership base. Without a strong membership, we cannot afford to maintain our facilities or continue to provide a quality sailing program. We must bring new sailors into CSA, and two keys to doing this are having a vibrant and active club, and providing our members with more value for their membership.

My goals for 2010 are simple: increasing overall membership and increasing participation in all club activities. Toward this end, I have assembled a dedicated staff of volunteers to chair a wide variety of committees. Doing "work hours" is not just about saving money on your membership; it's about making CSA an even better place to sail for all of us. So I would like to ask each one of you, based on your skills and interests, to PLEASE contact one of your committee chairs, and volunteer to help. Over the course of the year, I will talk more about some of these committees.

The future of CSA is our juniors, and we have a great junior sailing program, from Junior Sailing Camp and Harbor Mice, to a team competing at the Lightning Junior Worlds this year. Please support them!

Coming up in the month of February is the membership renewal deadline on the 15th, and the Fleet Captain's meeting on the 20th. Andrea Sepanski is your Vice Commodore this year, and you can make her job MUCH easier by mailing your membership dues by the deadline. This will also ensure that you get into the 2010 Membership Roster. The one-design and cabin boat fleets organize many of the activities held at CSA every year, and they are responsible for attracting many of our new members. If you are not participating in fleet activities, I urge you to contact your Fleet Captain and get involved.

I look forward to meeting each and every one of you during this coming season. Stop by I-04 on Sunday and say hi, call me, or email me anytime at jpb1931@gmail.com. I welcome any comments, complaints, or suggestions you might have.

Sincerely,

Jean-Pierre Bordes

CSA Commodore

Splinters from the Board

Congratulations to outgoing Commodore, Mr. Dave Crosby, for a great 2009 and concluding his tenure with a well attended and fun banquet. Dave received the large ships wheel, a tradition at CSA, as a token of CSA's appreciation for his dedication and countless hours of work on behalf of our club. Also, we welcomed in new Commodore Jean Bordes and his side kick, Ms. Andrea Sepanski, this year's Vice-Commodore. Although not the MAC, that place most of us that have been around a while are used to, the facility at Maryland Heights was a nice change. The room was big, the equipment all worked, the food was very good, the drinks kept pouring, the trophies were exceptional and there was a large contingent of Jr. Sailors.

Now to the fun stuff, our January Board meeting:

- Director Folwell is busy accumulating more bids to evaluate our parking lot situation. In addition, he is working at seeing if any of that still to be spent stimulus money is available for projects such as ours. Let's not hold our breath on this one but at least we're trying.
- Some minor work was done on the harbor masters house, specifically the furnace that's pretty old and in need of work, and we continue to attempt at getting all the lights on the property to work at the same time. It's been a struggle and sort of a pain in the neck; with the start of the new season a few months away, we may actually have this figured out.
- The board heard a review of a CSA publicity meeting that was held early last month. The group of 15 is making a rock solid effort to upgrade, improve and enhance the way we deliver our messages to our members and the public. Plans are underway to work on everything from our website, the way in which we advertise, how we grow members via working with area sailing centers and the media, plus much more that you'll be hearing about in the coming months.
- The kick off event for the 2010 Leukemia Cup Regatta has been booked. It's April 13th, at the Top of the Met in downtown St. Louis, and it features ESPN sailing analyst and America's Cup Champions Gary Jobson, and, 2-time and reigning Rolex Female Sailor of the Year and reigning Olympic Gold Medalist in the Laser Class, Ms. Anna Tunnacliff. In the coming weeks you'll be seeing and hearing much more about this great event and how you can register early to save.
- Finally, thank you to the board for re-electing Ted Beier and myself for another 3 year term as Vice Chairman and Chairman of the Board. It's an honor to be in this position, I'm proud of the progress we have made and I look forward to continual growth and improvement in our club for years to come. As always, I have an open door policy regarding anyone talking to me about anything at CSA. Feel free to contact me any time; rick@aboveandbeyond.tv



photos by Felicia Bamer

Rick Bernstein

Chairman of the Board
Carlyle Sailing Association

2010 Calendar

Month	Day	Event	Chair Person
FEBRUARY	15	Membership Re-applications Due	Andrea Sepanski
	20	Fleet Captain's Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
MARCH	6	Commodore's Staff Meeting	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
APRIL	10	Big Spring Work Party (Dock Day)	Peter Conant
	13	Leukemia Cup Kick-off Party at Top of the Met	Rick Bernstein
	17	Additional Work Party if Needed	Peter Conant
	24	Planned Harbor Opening	
	25	Marks Deadline	Karen Pauls
	24-25	Lightning Mid-Continent Regatta	Paul Hanson
MAY	1-2	Gateway Melges 24 Regatta	Rick Bernstein
	2	Club Races Begin	Robb Preston
	8	New Members' Orientation Day	Jean-Pierre Bordes
	15	Hare and Hounds #1	Chuck Alyea
	22	Open House #1	Wendy Haglin
	23	Racing Clinic	Ted Beier
	25	Marks Deadline	Karen Pauls
	29-30	Leukemia Cup Regatta	Rick Bernstein
JUNE	5-6	Flying Scot Egyptian Cup Regatta	Jim Harris
	12	Hare and Hounds #2	Chuck Alyea
	12-13	Mississippi Valley Lightning Districts	Paul Hanson
	14-18	Junior Sail Camp	David Crosby
	19	Firecracker Regatta (Juniors)	David Crosby
	23-25	Adult Sail Seminar	Dave Leimbach
	25	Marks Deadline	Karen Pauls
JULY	3	Open House #2	Wendy Haglin
	3	Hare and Hounds #3	Chuck Alyea
	3	Luau	Josh Doherty
	17	CSA Championship of Champions Regatta	Felicia Bamer
	25	Marks Deadline	Karen Pauls
AUGUST	7-8	Y-Flyer Beer & Boats Regatta	Dan Haile
	14	Hare and Hounds #4	Chuck Alyea
	25	Marks Deadline	Karen Pauls
SEPTEMBER	11	Strawberry Women's Regatta	Dave Leimbach
	18-19	Whale-of-a-Sail	
	25	Hare and Hounds #5	Chuck Alyea
	25	Marks Deadline	Karen Pauls
	24-26	Snipe Silver Cup	Andrea Sepanski
OCTOBER	2-3	E-Scow Silver Cup Regatta	Preston Haglin
	2-3	Muddy Waters Catamaran Regatta	Dave Bryant
	25	Marks Deadline	Karen Pauls
	31	Harbor Closing- All Boats MUST Leave	
NOVEMBER	6	Big Fall Work Party	Peter Conant
	12	Work Chits Due	Andrea Sepanski
	12	Annual Membership Meeting & Election	Jean-Pierre Bordes
	25	Marks Deadline	Karen Pauls
DECEMBER			
JANUARY 2011	15	Commodore's Banquet	Jean-Pierre Bordes

Perpetual Awards

by David Crosby

Commodore's Award — given to the individual/couple who was the biggest contributor to the Commodore for his/her year.

As Commodore, I chose **TED BEIER** for this award. Typically, a BOD or Flag officer should not be selected. I went against the deed of gift and selected Ted because he was always there and always willing to help. Ted serves on the CSA BOD, CLA BOD, CYSS BOD and Kaskaskia Watershed Organization all of which have profound effects on CSA. He always steps up to the plate for anything and everything that needs to be done. To top it off, Ted even came to my August work party to place rocks around the pavilion and worked all day out in the rain hauling rocks. Why did he do it? He certainly did not need the work hours. This is a guy that makes things happen at our club.

Glenn Esser Award — The person (adult) who contributed most to CSA's junior sailing program.

LAURA SEVERSON: Laura is known well by the junior sailors and the adults that participate in Junior Sail Camp. She is responsible for far more than most people would imagine. Starting in early January each year, Laura solicits local businesses looking for donations and deep discounts for the food to feed 60 hungry people day and night for a solid week. She also handles the T-Shirts and does a deep, deep cleaning of our facilities before camp starts. She has made my job easy for the past few years.

CSA Championship of Champions — Winner of the CSA Blue Ribbon Regatta. Participants are fleet champions.

DAN MORIARTY

Old Salt Award — used to recognize an older member of the club who also is a big contributor to the Commodore during his/her year.

TOM PINKEL — Like I mentioned for Ted Beier in the Commodore's Award comments, Tom is also always there and always doing things for CSA. How does one choose who to give the more prestigious of the awards. I don't want to slight anyone. Our club seriously benefits from both of these members.

CSA Top Sailor ~ Commodore's choice. Usually based on the individual's racing performance.

DAN AND TOBI MORIARTY

Fleet of the Year — CSA fleet that made the biggest impact during the year.

LIGHTNING FLEET: CSA's Lightning fleet has had a great year when it comes to performing at other regattas. So, on a performance basis, this seems to be a perfect fit. Additionally, this fleet hosted the 2009 US Sailing Championship of Champions Regatta which garnered CSA tremendous recognition throughout the country.

CSA Junior Trophy — the CSA Junior that has had a very successful sailing year. Typically based on racing performance.

MEGAN CROSBY — Megan at 13 years old set out on a summer long adventure that many just dream of. She held a position as a member of the crew on a 47' yacht that sailed across the Atlantic Ocean from St. Thomas, USVI to the Azores and then on to Scotland. She stood her own watch in the best and worst of conditions. The voyage then continued through the canals and Lochs of Scotland crossing from one side of the country to the other.



photo by Felicia Bamer

Megan Crosby and Alina Moriarty

Cat Tales

by Holly Hoffman



Fleet Awards 2009

Contribution—Dave Bryant

Sportsmanship— Shirley Allen

Heavy-Hull—Sally Feeney

Bar – Long, low-lying navigational hazard, usually awash, found at river mouths and harbor entrances, and Starboard laylines when you have overshot the mark, where it is composed of sand or mud, and ashore, where it is made of mahogany or some other dark wood. Sailors can be found in large numbers around both.

Howdy, Fleetsters!

Welcome to 2010! I hope your holidays were fantastic and you won't be looking to buy a bigger boat this year because you have indulged too much and outgrew your old boat. Fortunately, my boat doesn't care what I eat. I'm lucky that way.

Wow! I have had so many adventures since we last gathered! On the second weekend of December Mike and I headed South to the Fabulous Florida Keys for the 25th Annual Key Largo Steeplechase. The temps were low 80's and the winds were a steady 20-25 on Saturday and steady 15 on Sunday. We had 120 miles of crazy-fast reaches and downwind runs for the most part. Our first challenge was navigation as some light-brained crewmember (me) promptly erased all the waypoints on the GPS immediately before the start. After a few choice words were explicated, the backup GPS was booted up and managed to survive on what battery it had left for about ¾ of the trip. The waypoints were reloaded for day 2 and I was no longer allowed to clear anything at all out of the GPS. At the finish on the 2nd day there was cheap champagne for all!

Mr. Joe Leonard made the trip down January 11-14 to the Coconut Grove Invitational and Islander Intergalactica regattas at the beautiful Islander Resort, also in the Fabulous Florida Keys. The Keys had record low temperatures that week but the breeze was excellent with 8-12 knots on Day 1, 12-16 knots on Day 2, 12-14 knots on Day 3, and 8-10 knots on Day 4. I wish I'd more time to talk to Joe to get his story before this went to print! Perhaps I will have more for you next month.

Then, on January 15-17 Team St. Louis Cats headed back down to the Keys for the Tradewinds Regatta (remember? The How Many Different Events Can We Hold In One Weekend Regatta?). This was a 3 day event with perfect 10-15 mph on Day 1, howling 25-27 on Day 2, and slightly tamer 15-18 on Sunday. The temperatures warmed up from the record colds the week before, though I still wore a full wetsuit. We had 13 Nacra 20s with only 3 brave/intact enough to make it through all 4 races on Saturday. In total we had 70 boats on 2 courses for this event, a gorgeous site to see on a white sands beach. Mike Hill ended up 3rd in the 20 class. The largest fleet wins the perpetual trophy, and this year it went to the Hobie Waves (none of which we hit).

I hope ya'll had a wonderful time at the Commodore's banquet, unfortunately, I was enjoying the blue waters and sunny skies of Islamorada that day! Our fleet champions were Ted Beier for the Scows, Jim Disano and Mike Hill for the Cats, Tobi Moriarty for the Lightnings, Bill Vogler for the Flying Scots, and Dan Haile for the Y-Flyers. The results of the 2009 Cruising Race #1 (long course) were exciting too, with Brock Tuffli in 1st, Latham Souther in 2nd, Dave Leimbach 3rd, Joel McKell in 4th, and Cal Guthrie in 5th. Here are the results for the series:

SPRING SERIES	SUMMER SERIES	FALL SERIES
High PHRF	High PHRF	High PHRF
1 st place – Jim Disano	1 st place – Latham Souther	1 st place-
Qualifiers – Kitsy Amrhein	Qualifiers-Jim Disano and Patrick Renschen	Qualifiers-
Low PHRF	Low PHRF	Low PHRF
1 st place – Mike Hill	1 st – Mike Hill	1 st place-Mike Hill
Qualifiers-Shirley Allen	Qualifiers – Shirley Allen	Qualifiers -
Great job and congratulations to all who participated in our excellent racing program in 2009!		

Flying Scuttlebutt

by Jim Harris

Hope everyone had a nice holiday season to finish off 2009.

This is the time to begin planning for the 2010 sailing season. Mike Sullivan bought new sails so I know he is getting ready for a successful season. The CSA schedule is in the Marks and the Flying Scot schedule is in Scots 'n Water. So, make some tentative decisions, perhaps some motel reservations (especially at Carlyle), get your crew lined up and begin their training. You may want to attend Ted Beier's racing clinic on May 23.

Please also consider participating in CSA's Open Houses and the Adult Learn to Sail program. It's fun to meet new people interested in sailing and to teach them about your boat, the club, and the fun of moving across the water with the wind.

There are many reasons to belong to FSSA (Flying Scot Sailing Association) – regattas, class activities Scots 'n Water and boat value. This year we are asked to be an FSSA member to race in club "sanctioned" races. Since we have a separate start and abide by class rules, we should be members to race in CSA events.

The CSA banquet was well done with lots of fleet members and friends attending – Bilds, Clarks, Harris, Murphys, Prestons, Sepanskis, Sullivans, Tellinis, Bill Vogler & Jill, Felicia, Linda, Doris (Wells). The rest of you missed a good evening. The Maryland Heights Rec Center is a fine venue and the arrangements – food, program, drinks – were first class. Our CSA juniors added to the festivities with their 50-50 raffle to help fund the juniors going to the Lightning Junior Internationals in Ecuador this July. The raffle winner, Jean Bordes, graciously donated his share back to the juniors.

Mark your calendar for a fleet meeting on Sunday, February 21 at the Harris's. Details will follow by email.



Ray Sepanski



Hannah and Robb Preston



Jane Sepanski and Betty Struckhoff

photos by Betty Struckhoff

photos by Felicia Barner

Photo Page



Commodor's Banquet: above, Lightning sailors below, Catamaran sailors

photos by Felicia Bamer



Wanted photos and other notices
for publication in the Marks.

Send to Karen Pauls
klpauls@hotmail.com



photos captured from the
web of Mike Hill and Holly
Hoffman at Winter regattas
in the Florida Keys



Notices

NOMINATIONS FROM MEMBERSHIP AT LARGE TO THE **CSA Board of Directors**

Deadline is March 15, 2009

Mail nominations to Carson Menges

6128 Victoria Ave., Saint Louis, MO 63139

Enclose a photo and brief biography of experience
within CSA

TIME TO PLAN PARTIES!

This foggy, dreary January will pass. There will be lots of sunny warm days at the lake, great days for creating memories to get us through another dreary winter. Those memories will be even better if we include new sailors and prospective CSA members in our activities.

New members are the lifeblood of any organization. Like children, they open our eyes to things we've taken for granted. They keep us young and make our organization richer in all sorts of ways. A bigger club also means we have more resources to organize club activities, keep our facilities well maintained and keep dues affordable.

So now would be a good time to get activities on your fleet's calendar and plan to include new and prospective sailors in them. Here are some ideas to get the creative juices flowing:

- Mast raising toasts with a special beverage (after they're up!)
- A Saturday clinic putting experienced skippers and crew on newer sailors' boats, followed by snacks and drinks on shore and maybe dinner in town.
- A boat-tweaking day to install new gear and share tips. Head out for BBQ at Bretz later.
- Full moon parties. Weekend full moons this year are June 26 (Sat), July 25 (Sun), and October 22 (Fri).
- A mid-summer sail across the lake to beach in a cove and play in the water. Sail back home and send someone for take-out fried chicken or pizza.
- A Sunday evening pot-luck. Invite non-racers to day-sail and join the party on shore.
- A fleet "homecoming" for former members on the Saturday evening of a fleet regatta. Invite them to join the group for dinner (at their expense); include children and grandchildren.
- Sailing a Hare and Hounds race as a fleet event and invite friends to join the group.

At their meeting on February 20, Fleet Captains will discuss how to get graduates of our Adult Sailing Seminar more involved in club activities. This year's class is June 23-25, so each fleet should plan at least group activity after that for students to join in. This could be a race day or a Saturday event, like the "Hare and Hounds."

Looking forward to fun days at the lake!

Betty Struckhoff

COMMITTEE 2010 CHAIR

Buildings

Cal Guthrie
Ford Miller

Docks

Peter Conant

Grounds

Bill Colson

Junior Equipment Coord.

Bill Bertrand
Shirley Allen

Junior Sail Camp

David Crosby

Adult Learn to Sail

Dave Leimbach

Marks of the Course

Karen Pauls

Mechanical

Mike Sullivan

Protest

Ted Beier

PR

Jim Harris
Betty Struckhoff

Visitor's Day

Wendy Haglin

Race One Design

Robert Preston

Race Cabin / Hare & Hounds

Chuck Alyea

Race Equipment

Dan Haile
John Woodworth

Leukemia Cup

Rick Bernstein
Stacey Zerban

CSA C of C

Felicia Bamer

Strawberry Regatta

Dave Leimbach

Safety

Denny Taylor

Ship's Store

Mary Bartman

Luau

Josh Doherty

Fall Work Party Lunch

Jeanette Beier

US Sailing Rep

Ted Beier

Junior Instructor Trainer

John Sepanski

Web Master

Dave Bryant

2010 Junior Sailing Camp

by David Crosby

The 2010 Carlyle Sailing Association Junior Sailing Camp will begin on the evening of Sunday, 13 June and end Saturday, 19 June. The camp application is on the CSA web site and you can download it, fill it out and send it to David Crosby, 40 Shadowridge Drive, St. Peters, MO 63376.

Camp will end with the traditional **Firecracker Classic Regatta** for the kids who want to race. Saturday lunch will be the last camp meal.

What do we do at camp?

Campers learn to sail or sharpen the sailing skills they already have. We will have lots of sailing, short shore lessons, big boat rides, seamanship contests, games, camp out, sing around the campfire, roast marshmallows, and share sailing stories. There is all the "kid food" they want like spaghetti, pizza, hamburgers, peanut butter 'n jelly, and fun desserts. For camp no veggies or salads are required, but are available.

Once again we will tent camp in Hazlet State Park adjacent to the harbor. Camp is a great way for your child to meet kids their own age who also enjoy the sport of sailing. All activities are fully insured, and supervised by certified US Sailing instructors who are qualified in CPR and first aid. Also, we have a nurse at camp 24 hours a day.



2009 Sail Camp

photo by Felicia Bamer

Notices

CAMPER APPLICATION & PERMISSION CSA Junior Sailing Camp 13 – 19 June 2010

Camper's Name _____ Age _____

Home Address _____

_____ e mail _____

Parent's (Legal Guardian) Name _____

Phone _____ Previous times at camp _____ years

Call in case of emergency (if different) Name _____

Phone (1st) _____ (2nd) _____

CSA member for camp eligibility: Name _____

Is a (check one): Corporate (SSR) member _____, Friend member _____

Circle one: Camper will be sailing a LASER or OPTIMIST (NO other boat type are acceptable)

Sail No. or other distinguishing features _____

Estimated sailing experience: beginner (), intermediate (), advanced ()

Tee shirt size (adult): small (), medium (), large (), extra large ()

Parents, interested in helping out at camp? If so, indicate all applicable:

- Help with Firecracker Regatta on 19 June _____
- Spend night(s) at camp ground (which day(s)) _____
- Coordinate evening's entertainment _____
- Have a tent that camp can borrow _____
- Can help set up _____, take down _____ tents

Return mail application with check for fee to David Crosby, 40 Shadowridge Drive, S Peters, MO 63376. Fee for Corporate (SSR) child or grandchild, \$145.00; Associate member child and all other, \$195.00. Please make checks payable to: Carlyle Sailing Association

Medical Information and Release form must be completely filled out and submitted with the camper's application.

Notices

_____ Counselor's Last Name

2010 CSA Junior Sailing Camp Staff Application

Name _____ Phone _____

Edress _____ @ _____

I am planning to help with Sail Camp in 2010: Yes _____ No _____

I would like to help in the following areas (mark all that apply):

_____ Instructor, Beginner _____, Intermediate _____, Advanced _____

(US Sailing Certified Instructor Yes _____ No _____)

_____ PM Camp Chaperone: (circle): Sun, Mon, Tues, Wed, Thur, Fri

_____ Firecracker Regatta Race Committee (Saturday 19 June)

_____ Firecracker Regatta On-Shore Committee (Saturday 19 June)

_____ Kitchen Help

_____ Boat Repair

Any ideas, concepts, changes you would like to recommend. _____

Polo Shirt Size: Sm _____, Med _____, Lg _____, XL _____, XXL _____

Or

T-Shirt Size: Sm _____, Med _____, Lg _____, XL _____, XXL _____

I will attend organizational meeting(s) before camp. Yes _____ No _____. The best night(s) for me for meetings (circle): M T W Th F S S.

This year each adult that is part of camp will have an agreed job/responsibility prior to the beginning of camp. We must limit the number of adults in order to maximize the number of campers that we can serve, and not overtax the facilities.

Thank you for volunteering,

Return this form as soon as possible to: David Crosby, 40 Shadowridge Drive, St. Peters, MO, 63376, or email to davidcrosby@charter.net.