




NOVEMBER 2009

# Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS

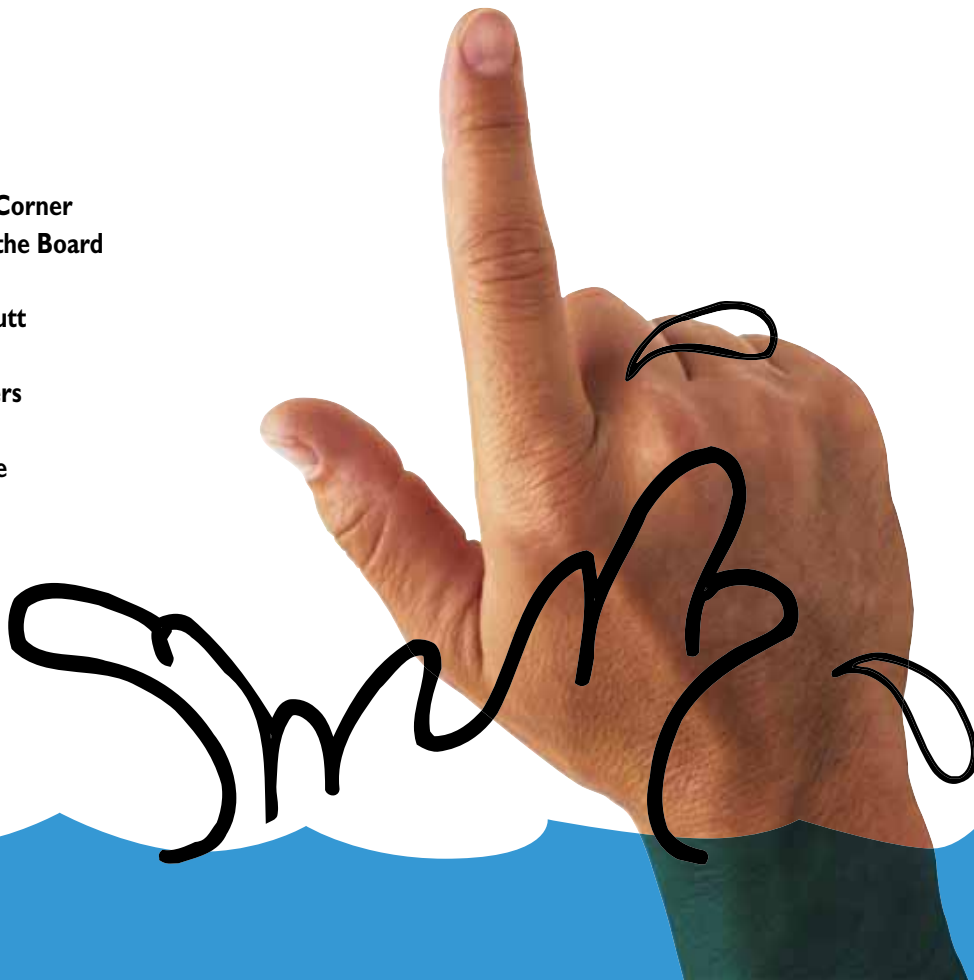
*Editor:* Karen Pauls  
CSA-Sailing.org  
Marks of the Course  
9815 Diamond Drive  
St. Louis, MO 63137  
klpauls@hotmail.com

 **Fall Work Party**  
**Saturday**  
November 7 at 8:30 am  
Lunch provided

 **Annual Meeting**  
**Friday**  
November 13 at 6:30 pm  
Maryland Heights  
Community Center

## CONTENTS

- 2 Commodore's Corner
- 3 Splinters from the Board
- 4 Cat Tales
- 5 Flying Scottlebutt
- 5 Cabin Fever
- 6-7 C of C Volunteers
- 8-9 C of C Photos
- 10 A Party to Note
- 12 GateKeeper
- 12 Calendar



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# COMMODORE'S CORNER

*by David Crosby*

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**Wow! The last three weekends of October were spectacular.** I think the cold forecast kept a lot of people away from the lake, but for those that did show up we had some great sailing. What an awesome sailing year this has been. I'm not sure how things went the full year at CSA, but it certainly was awesome from my perspective. We started the season with Tania Aebi (youngest woman to sail around the world alone) coming to speak at the Leukemia Cup Kick Off Party. Speaking of "youngest to sail around the world," Zac Sunderland became the new record holder at age 17 this summer and then a month and a half later Mike Perham (also 17 but younger) took that record away from Zac. Just a couple weeks ago, Jessica Watson (16) set off from Australia in her attempt to become the youngest. Hot on her heels is Abby Sunderland (also 16). Abby just took delivery of her boat, an Open 40, and is scheduled to depart sometime in November. They will both be updating their blogs daily so, I expect to have some good winter reading. You can follow along at <http://www.jessicawatson.com.au/> and <http://abbysunderland.com/>.

The US Sailing Championship of Champions held in Lightnings at CSA in October was a great success. We have received some very positive feedback about the event and our facilities. I wish to thank everyone that helped make this event the success that it was.

Even though sailing is done for the season, November is a busy month for the club. Saturday, November 7th is the Fall Work Party. This is the day that we put the club to bed for the winter. If you need work hours please come on out at 8:30 am and help. Don't be bashful, we have plenty of things that need to be done.

CSA's Annual Meeting will be held at the Maryland Heights Community Center Friday, November 13th. The meeting will start at 6:30 pm. Please bring an appetizer or snack to share with the group. Beverages will be provided. I will be emailing shortly before the meeting a preliminary agenda of the evening. Also, some presentations will be made regarding the club, so please attend to see what's being worked on for next year. Work chits are due on this date as well. If you're a committee head please make sure your work chits are turned into Jean Bordes by this date, as the contracts for next year will begin to take shape shortly after this date.

Finally, mark your calendar for January 16th, 2010. The Commodore's Banquet is going to be held in the big banquet room at the Maryland Heights Community Center. This venue is quite nice and what I like about it the most is that it gives us all sorts of freedom to have the banquet be the way we want it to be vs. the way the event center dictates. I have received a large number of survey responses and am planning accordingly. All of the details will be published in the next Marks of the Course, but please plan on coming.

Sincerely,  
David Crosby  
Commodore  
Carlyle Sailing Association  
[davidcrosby@charter.net](mailto:davidcrosby@charter.net)

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# SPLINTERS FROM THE BOARD

by Rick Bernstein

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**The volunteer spirit runs rampant** through the historical chapters of CSA's life. October's Championship of Champions Regatta was another pure example of our ability to keep raising the bar. Overwhelming comments as well as emails from across the country stated such things as, and I quote, **"CSA provided the best in sailing, hospitality and regatta experience that I will probably ever have the privilege to enjoy,"** and **"I've got to say that in this C of C's I've never worked with or seen a finer group of dedicated volunteers in my entire sailing career than our CSA group."**

As Regatta Chairman Matt BurrIDGE stated, to do what we did in the nasty, cold weather and make very guest feel special is a very unique thing, it was a jaw dropping performance by our people.

Thank you to all of you, the many dozens who took off work, used vacation time, endured the cold weather, lent us your goods and services....it truly was CSA at its finest.

Ok, onto October's meeting. Another fine volunteer and stellar performer is Betty Struckhoff, who presented her findings to the board on the membership survey she's directing. Betty has been asking a select group of members their thoughts and comments on our club. She will give a presentation of her work at the November General Membership Meeting slated for Friday the 13th.

## Other business:

Dave Crosby is doing a good job keeping the budget in order and everything, at this point, is on target to come in under budget for his year.

Director Folwell continues his great work on evaluating bids and contemplating other ideas for doing some improvement work on our lot. This is not going to be a quick fix, nor does it need to be, so we're taking our time to make sure whatever we're doing, we do it right.

We are evaluating budgets and plans for making some capital improvements to CSA, possibly before the start of our 2010 season. These include updating our furnace in the OB, replacing the bridge and decking on the OB and replacing the roof on the BBQ pit.

The dredging is coming along and coming along slow. The good news here is, we've had no problems regarding getting in the way of any of our day to day operations. By the time you read this, this project should be done or winding down.

We updated and approved the CSA Board of Advisors. This list that should be published in this Marks, represents the list of folks who have and could take on certain officer and/or committee positions.

Finally, we approved the new Harbormasters contract. We're excited to have Mary and Joe back for another year, hopefully many more years to come. It's quite obvious that these folks are dedicated to their work, and we're very happy with the job they've done and the passion for CSA that they demonstrate. Thank you very much Mary and Joe.

## See you all at the Membership Meeting

Rick Bernstein  
Chairman of the Board  
Carlyle Sailing Association



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The Start Line by Glenn Grummon, club races Oct 18



### HOWDY, FLEETSTERS!

What a great Fall! Muddy Waters was a resounding success, even though we weren't able to sail the second day due to lack of wind. We had the honor of several out of town guests as well as visitors from other fleets that joined us. Visiting sailors came from Crab Orchard, Memphis, Minneapolis, Detroit, northern Wisconsin, and Chicago, as well as from the monohulls. We also had a new Hobie 18 join us from CYC with Hans and Brian crewing. Welcome to CSA, guys! There were a grand total of 26 boats that participated. The beach was covered with a full flock of sails; it was a gorgeous site to behold. I sure wish it would happen more often! We got in 5 races on Saturday, anticipating the lack of wind on Sunday. It was breezy enough that all 3 A cats flipped and a Formula 16 ended up sideways underneath the committee boat. The race committee did a great job of setting up our courses and making sure we got all our racing in. Dave Bryant did a fantastic job of chairing a regatta for the first time, making the weekend hospitable and fun. It was wonderful how many well-qualified people stepped up to the plate to make our event great. We had volunteers for early registration, on-site registration, our parties on Friday and Saturday evenings, trophies, breakfasts, lunches, race committee and, of course, clean-up afterwards. A huge thank you to all who made the trip to our beautiful club to participate in the races as well as all the volunteers that made it happen!

On the travel front, the Performance North American Championship was held this year at the Ft. Walton Beach Yacht Club in Ft. Walton Beach, FL on October 14-19. It was a great venue with 22 boats participating. Mike Hill placed 7th after 3 days of racing (races were cancelled the last day due to a forecasted lack of wind) and then headed over to the Pensacola Yacht Club for the West Florida Ocean Racing Circuit Regatta. There we crewed on a Melges 32 for one race until it broke and we had to go back in. Whew! What a ride!

So how do you keep the cravings under control? As we finish up the season I am feeling the familiar draw back to the water and the wind and a kind of mild desperation (separation anxiety?) knowing it will be a few months until I can feel it all again. I hope you won't need counseling to get through your withdrawal symptoms, too!

*Boat haul-out – an annual procedure in which a boat owner's collection of marine specimens is removed from his hull, usually by convicts in work-release programs. Electronic gadgets, binoculars, radios, and other costly bric-a-brac that have gradually encrusted cabin spaces over the year are removed as well, and at most boatyards, as part of the operation, the boat owner is thoroughly cleaned out by professionals.*

*(editor's question; "the boat owner is thoroughly cleaned out by professionals". Does that mean we all have to get a colonoscopy? Maybe cat sailors only have to clean out the tramp bag or the inspection holes of the boat as they have no cabins.)*



Muddy Waters photos by Chris Beutler

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# FLYING SCOTTEBUTT

by Betty Struckhoff

**The boat is in the barn.** Gosh that seems to have come so soon. With a sailing season so chock full of activity do you think we have had enough? A few of us clinked some glasses at Hidden Valley Winery in Aviston on our way home and the toast was: "Sail more next year!"

Bamer and Pitzer were the brave skippers who weath-ered 12-13 mph winds on the last day of racing. It was a gorgeous day and sad to see the lot almost empty. Now we leave the lake to the pelicans, ducks, geese and cormorants until they too decide it's time to head for winter quarters.

Thank you, Felicia, for keeping us up-to-date on the scoring all year. Looks like Bill Vogler and Robb Preston are our fleet champions. Congratulations!

The Championship of Champions regatta was a big highlight for those of us who helped host it. It really hit me Wednesday evening in the clubhouse when, before dinner, each skipper introduced himself and his crew. What an outstanding group of sailors! And they quickly showed their appreciation for the wonderful facilities and people of CSA. US Sailing representative Drew Daugherty, from Little Rock, said it best – "Did any of you think, driving through all those cornfields, that you would come upon this Mecca of One-Design sailing?"

Friday night's presentation by Paul Cayard was lots of fun. And if you haven't seen them, be sure to check out

Rick Bernstein's great photos on US Sailing's website. Here's the link: [http://championships.ussailing.org/Adult/CoC/2009\\_CofC\\_photos.htm](http://championships.ussailing.org/Adult/CoC/2009_CofC_photos.htm). Also, look at the standings and note that the top three finishers are all champions in boats designed by Sandy Douglas – Thistle, Highlander and Flying Scot!

By the time you read this we hope you will have received an email about our holiday party. Our group has outgrown everyone's house so it will be fun to enjoy a different locale for our get-together. Tentative date is December 6 or 13. (If you didn't get the email, give us a call – 314-966-8404)

Next spring the Flying Scot Midwinter Championship (definitely needs a new name!) heads east to New Orleans, March 21-26. That will be a great time to join some friendly sailors on Lake Pontchartrain and to eat some fresh oysters. Our Egyptian Cup regatta will be June 5-6.

Jim wants to know are we ready to think about hosting the Flying Scot North American Championship in 2012? The C of C regatta reminded us how special our club is and how much sailors from all over like to come here.

Don't forget the annual CSA meeting on Friday, November 13. Among other things, we will talk about what our newer members think and how we can attract even more interest to our club.

Happy Thanksgiving!

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# CABIN FEVER

by Felicia Bamer

**Our 2009 CSA season ended with a quiet "Wine and Tears"** since most sailboats had already been placed in storage before the last Sunday. With part of October being really chilly less sailboats finished the season with CYC's Great Race. Over 100 pelicans had swarmed overhead Saturday and a number of them were in our harbor Sunday during the "Wine and Tears" that was next to the Don Garrett tree. Also, the trees along the lake, but especially in our islands had spectacular fall colors.

Two weeks earlier a number of Cabin fleters volunteered and assisted with the US Sailing Champion of Champions prestigious event. Sixty competitors from Oregon to Vermont to Florida to California enjoyed our sailing venue and wonderful northwest winds for four days and 17 races. Our volunteer tasks included race committee, lunch, assisting with getting the 20 Lightnings in and out of the lake each day. CSA now has hosted the event three times – 1976 and 1993 in Y-Flyers and 2009 in Lightnings. As venue chair in 1993, my observations included a tremendously higher

overall caliber of competitors as well as higher involvement by US Sailing. Mark roundings and starts were fantastic to watch as well as the excellent way the boats were raced and cared about. (I think I have at some time raced against 25 to 30 of the 60 competitors.)

Boulder Yacht Clubs Commodores Cup had Denny, Chuck, and Rich race in great heavy winds in early October. And, the Carlyle Yacht Club Great Race had a large turnout as we were able to race from the dam to Keyesport to Coles Creek and back to the dam in nice winds from the WSW. JAM Dry racers finished in the order of Chuck and Marge Alyea, Bob and Ann Lacker, Linda Tatem and me, Jim Coleman, Joe Bartman (Steve Kemper crewing), and Rich Pendl (reefed). We were done before 3:15.

Our next events are the Wine Tour on November 8 and the Christmas Party on December 5 at the Kane-Doherty's home.

Aeolus (Felicia Bamer)

## BEST CSA EVENT, EVER? BEST VOLUNTEERS, DEFINITELY!!

Since our founding CSA has hosted many high profile events and has developed significant expertise in running races and events. A quick look at the list reveals dozens of events such as US National Championships, North American Championships, C of Cs, Yachting Magazine's One-of-a-Kind, US Pan Am Trials, Leukemia Cup fund raisers and, of course, the annual Whale of a Sail and fleet annual regattas. It is almost too many to remember.

Hosting the recent Championship of Champions was a unique experience and CSA delivered beyond the expectations of US SAILING and the event sponsors Sail Proud, ROLEX and North One Design. Competitors remarked about the helpful volunteers greeting them each day to assist in rigging and launching boats, preparing warm beverages and feeding them, all with smiles. The volunteers set a positive tone for the event every day.

The volunteers and spectators witnessed 17 races, averaging 23-28 minutes long, with 20 competing teams, on the water boat rotations, live updates with mark rounding standings and personal interest stories directly relayed from the water and posted on line in real time.

This regatta featured US Olympians Paul Cayard and Austin Sperry as mystery guests racing a Lightning for the first time (they won a race on their way to an 8th place finish). The fleet was comprised of 20 currently competitive Lightnings with an additional 2 break down boats, all

equally tuned with new sails from North One Design. This level of grass roots support contributed to the special atmosphere to make this a great event.

A quick glance at the competitor list revealed, Olympic campaigners, Around the World race winners, all sorts of professional sailors, coaches, amateurs, juniors and families. Many of the teams had Lightning expertise on the boat in one form or another. Few had ever been to CSA before.

The Lightning Hall of Fame was probably best represented by Lightning World Champions Dan and Tobi Moriarty teaming with North Sails' Greg Fisher who had won the Thistle Nationals and defeated 97 other J-22s in their Worlds. This team was in the series all the way to the end with boat vs. boat tactics in race #17 trying to overtake the eventual winner Skip Dieball of the Highlander and Interlake classes. Dan, Tobi and Greg earned the silver medal as runner's up in the event.

Since first seeing CSA on opening day 1971 I knew CSA was a special place. However, I have never been more proud of CSA and the entire community as during these special 4 days in October when we showed the competitors and US SAILING how to do it right.

Thank you to all volunteers, officers, organizers and those who supported our vision to put on a very complex regatta event that no competitor, sponsor, organizer or volunteer would ever forget. Job well done!!

Matt Burrige  
Regatta Chairman  
2009 US SAILING Championship of Champions



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# Volunteers



# U.S. Sailing Championship of Champions 2009



Second place overall chasing first place overall in race 16.  
Photos supplied by Rick Bernstein.

Crowded mark rounding.







Paul Cayard, crew, and mystery guest, winners of race 4.

Dan and Tobi Moriarty crewing for Greg Fisher.



Packed OB at awards and closing ceremony







Original member John Folwell's 70th birthday party was at CSA October 4th.

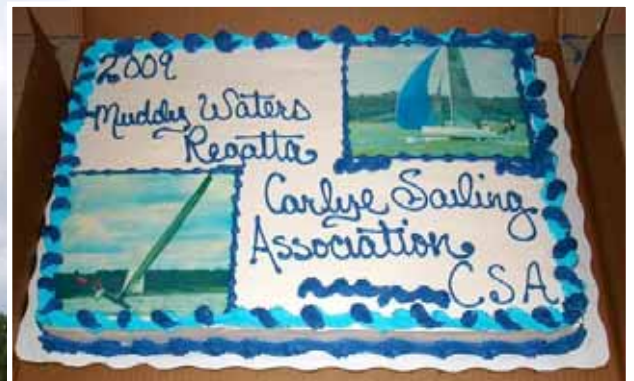
Joining us at the party was John's daughter Mary Grace from Annapolis and son Nat from NY. Past members Lal Burr ridge, Bob and Sylvia Nebelsick and many others made appearances. John is a former Commodore and Chairman of the Board of CSA, current Lightning boat owner and CSA board member.







October club races, photos by Glenn Grummon



October Muddy Waters, photos by Pat O'Donnell. Visit the Catamaran Fleets home page on [CSA-Sailing.org](http://CSA-Sailing.org) for more photos.



Out of town guests from Minneapolis at the Muddy Waters Regatta.



# GateKeeper

*by Mary Bartman*

## As I open the gate today.....

While I was surfing the channels, now that I have time on my hands and it is raining outside, I flipped to Show Me St. Louis and who did I see in the cooking section but Greg Ziegenfuss, Flying Scot sailor from CSA. Greg is a chef at Butlers Pantry in St. Louis and now a T.V. face. He did a selection of appetizers that looked really good. That was so cool.

The dredging is complete and they are moving the equipment to Coles Creek next. It has been a busy month for all of us at CSA. Many funny and ridiculous things seem to happen in the last weeks of the season. We had someone from the campground call an ambulance on a CSA Catamaran sailor. He was over on his side and fully in control to right the boat, non sailors what are you gonna do with em!!! Was not quite sure how the ambulance was going to drive on the water to get to him if he did need help. LOL. What a fun season we had here. Every year brings new stories and adventures for us all.

We will see many of you throughout the winter. The park is a great place for a day trip to hike or kayak. Don't forget to stop in and say hello. Closing the gate for 2009. TTFN



### 2009 CSA CALENDAR

Month	Weekend	Event	Chair Person
October	3-4	Muddy Waters Cat Regatta	Dave Bryant
	14-17	<b>US Sailing Championship of Champions</b>	Matt Burrige
	24-25	Harbor Closes (October 25), Last Club Race	
	25	Marks Deadline	Karen Pauls
November	7	Fall Work Event	
	13	Annual Membership Meeting	David Crosby
	25	Marks Deadline	Karen Pauls
December		Happy Holiday (no Marks for January 2010)	
January	16, 2010	Commodore's Banquet	Judy Barnett