



MAY 2009

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS

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COMMODORE'S CORNER

by David Crosby



As I type this edition of the Commodore's Corner, members are officially allowed to bring their boats back to CSA. I hope this is a great season with no floods, perfect weather every weekend and you all have a fabulous time. The club is ready to go!

While I completed the above paragraph with "The club is ready to go!" the work is never really done. We do have numerous projects that have to happen throughout the sailing season. The biggest project being the re-shingling of the restroom building. We also have siding to be worked on, on the harbormaster's house. There is a long list. If you need/want work hours please do not hesitate to speak out and we will find you those hours. Don't forget, to avoid a price increase in 2010 you will need to accumulate 15 worked hours in 2009.

While on the topic of projects: our Grounds chairman, Mike Hill, and his team of volunteers have worked extremely hard to resolve the weed problem in the boat parking lot. They have worked their tails off. However, I can promise you that the weeds will win! We need each and every boat owner to control the weeds in their parking spaces. I would also request that you be neighborly and pull what you see in the adjoining spots. If we all do this, we can keep our club looking good. This is important! We have the sailing world coming to our club in the fall for the US Sailing Championship of Champions regatta. We are going to get a lot of media attention. It will be a bit embarrassing if our parking lot looks the way it did last fall. If everybody plucks weeds on a regular basis this will be easy. If you desire to use weed killers, remember that we are on a lake and certain poisons are off limits. *Round Up* is one of them. I am told that there is a product called *Rodeo* that is perfectly acceptable.

The Leukemia Cup Kick Off Party was a great success. The venue (Top of the Met) had an awesome view of the St. Louis river front as a backdrop for our keynote speaker. 2009 was a record year for the Kick Off event. The past highest attendance record was 84 people. This year 140

people attended. I want to thank all of you that attended and I hope you enjoyed the presentation as much as I did. I also want to thank Marcus Raichle who sponsored this event. This allowed all fees collected to be donated directly to the Leukemia and Lymphoma Society.

Time for my news: I am going to pull a Bilbo Baggins (*The Hobbit*) stunt and disappear for awhile. Many of you know that I have dreamed of sailing around the world for the better part of my life. Well, all of my stars have aligned and I am going to fulfill a part of that dream. My employer of 16 years has recently announced the closure of the division I work at. I now find myself with most of 2009 off work with full pay. I am going sailing! Before I tell you a little about the trip, I have a few comments and requests:

For those of you that receive the *Marks of the Course* as hard copy, this will be your last issue in color (unless someone knows where we can get it printed cheaply).

I need a volunteer to fold approximately 50 copies of the *Marks of the Course* each month and mail them. Volunteering to do this will satisfy most of your work hours.

Jean Bordes, CSA Vice-Commodore will fill in for me on items that need immediate attention. I am not resigning, I will just be somewhat out of touch.

About the trip: May 1st is my last day of work. On May 13th I will fly to St. Maarten and join the delivery crew of the 60' Yapluka catamaran, *S/Y Sete Mares*. If interested you can see the boat at the following link: <http://www.yachtworld.com/boats/2002/Yapluka-Owner-Version-Cruising-Catamaran-1975021/Caribbean>.

We will depart St. Maarten approximately May 16 and sail for Newport, RI with a short stop over in Bermuda. After arriving in Newport, I will hangout aboard *S/Y Sete Mares* until May 31st. At which time, I will make my way to Boston and then fly to Tortola in the British Virgin Islands.

Once in Tortola, I will join the crew of *S/V Esprit D'Escapes*, <http://www.earthmummy.com>. We will depart Tortola approximately June 5th. We will sail overnight to St. Maarten and spend a couple of days there. From St. Maarten we then head out across the Atlantic bound for

(continued on page 15)

SPLINTERS FROM THE BOARD

by Rick Bernstein

In the wake of spending a few months analyzing, questioning, researching and reviewing Commodore Crosby's 2009 budget, we have consensus. What does this mean to you? Basically, we're laying low on major expenditures, we're moving forward with needed projects, and overall, we're in for a solid year.

As expected, our membership numbers are down slightly from last year's time. The board attributes this to comments from some that they're waiting until the harbor opens to join, which in this environment is completely expected. It makes it a little harder on us to estimate income, however everyone understands.

Another result of our slight downturn in membership is more emphasis on volunteerism. We've talked about this and I'm going to talk about it again. We need to step up to the plate and give more time to help our projects, or, we spend money on outside sources; this is quite simple. With this said, please contact your fleet captain or Commodore Crosby for projects in need of your help.

We're still working on gathering bids aimed at evaluating and deciding on the fate our boat parking lot; do we simply seal? Do we scrape it off and seal? Do we start over as our lot is quite old and aging?

Wi-Fi is at CSA now for your use. Director Shindel sent out an email detailing the technology. I will reiterate what was stated in his email; please do not abuse this as it's a tool for everyone to use. If you're downloading movies, or uploading big files, this will cause use problems for others. Checking email or the weather, sending out race scores, texting your family, this is all good. Downloading a movie for a child to watch on your computer while you race, not so well.

Great work by our new Race Committee Chairman, Director Beier, on adding some spice to our race program. These suggestions were relayed to Fleet Captain and the majority of folks seem to be ok with these modifications. Why is this? The program changes have been sold on the premise that this is a test; we're simply trying this out for a year. If it bombs, we go back to the old way. All we ask is please don't negate this or talk down the ideas. Instead, come out and try some of these different race days.

In close, thank you to everyone who attended the Leukemia Cup Kick Off. We had a HUGE crowd at the Top of the Met which is a fantastic location. Our speaker, Tania Abbe, gave a riveting talk on her solo tour around the world on a sailboat at the age of 18. The conclusion, the event raised over \$3,000, all going to the Leukemia Society.

SAILING IS HERE AND THE WATER IS DOWN, SO I LOOK FORWARD TO SEEING EVERYONE AT THE LAKE THESE COMING WEEKS.

Rick Bernstein
Chairman of the Board
Carlyle Sailing Association

Howdy, Fleetsters!

Yay! Wahoo!! Happy Dance! We finally made it to Sailing Season 2009! *A BIG THANK YOU to all those who had helped to make this opening possible. Welcome back, CSA!*

I thought this would be a great time to review the Winner's Checklist. And what might that be, you ask? Why, it is all the important little things that are good to inspect and replace (if needed) before the season really gets rolling so you will be your fastest and most efficient on the water! So many times equipment failure can be prevented. I am reviewing what we inspect on our boat but remember this is not an exhaustive list by any means. If you think of something else that I have not covered feel free to let me know and I will be happy to do a follow-up list in a future article.

- ✓ **Trap lines** – normal wear and tear can be insidious, until you fall in the water and the boat promptly flips.
- ✓ **Wires** – need to be checked for any kinks or frayed areas. Broken wires cause broken masts.
- ✓ **Lines, especially halyards** – check for frayed areas, signs of wear on the sheath.
- ✓ **Rudder assemblies** – every assembly has its own quirks and vulnerabilities. Be sure you know your boat's assembly well and know what to watch for. Now is also the time to balance your rudders!
- ✓ **Mast ball** – For some, once the mast is up it doesn't come down until fall. Now is the time to check out your mast ball and be sure it is not getting too flat on top from last year's rotation.
- ✓ **Hulls** – take the time to wash and wax your boat. Not only will it look better, it will have less surface tension and will go faster. Most importantly, this gives you a great opportunity to inspect the hull minutely for any damage, including soft spots in the fiberglass that sneak up on you.

For stains I recommend Snobol brand toilet bowl cleaner. Be sure to wear CHEMICAL gloves for protection, not regular latex or vinyl! After applying, let it sit about 5-10 minutes and then wash off. You will need to apply a coat of wax afterwards.

- ✓ **Blocks** – check those little tiny nuts and be sure they haven't loosened up. If you are into commitment you can consider using Loctite on them so they don't ever loosen up.
- ✓ **Drain plugs** – be sure they are tight too! I don't recommend using Loctite on them, committed or no.

- ✓ **Forestay/diamond wire/side stay tension** – the shape of your mast will make or break your sail and your speed. Each setting on your wires changes the shape of your sail and how your boat will behave. Never underestimate wire tension!
- ✓ **Baton tension** – I hope you remembered to detension your batons before stowing your sail for the winter. When left for long periods of time they can warp your sail. Now is the time to check the tension of the batons and be sure they are all secured in the sail.
- ✓ **Telltails** – replace those frayed telltales, cassette wire, and/or yarn if needed.
- ✓ **Sunscreen** – believe it or not, it does expire! Check last year's bottle and be sure it hasn't separated, gone sour, or is simply past its expiration date. No sense in applying sunscreen that isn't going to protect you.
- ✓ **Watch batteries** – the last thing you want at the starting line is for your watch to fail. OK, there are worse things but it does stink when you don't know when to start!

We have already had a visitor from Chicago test the waters on Lovely Lake Carlyle this Spring. Mr. Tom Hoscheidt brought his F16 Blade out the last weekend before the season started. Unfortunately, the winds were a bit much (20-30 while he was derigging) and he didn't get much water-time in. Tom, you are heartily welcomed back for Muddy Waters and thank you so much for coming to visit! Please come back soon and sail with the rest of us!



"Oops, I think I forgot the drain plugs!"

Bottom paint – What you get when the cockpit seats have just been painted

Y's TALK

by Don Crohn

We held our latest fleet meeting at Jolene O'Brien's lovely home in the historic district of St. Charles to plan events for the upcoming sailing season.

Attending were Dan and Sandy Haile, Jack Klug, Jolene O'Brien, Judy and Tom Barnett, J.P. and Stacey Bordes, Dave Robson and Susan, Duane and Peg Siegfried, Bryan Siegfried, Kathleen Clark, and Don Crohn.

To start the year off, Dan Haile was elected Fleet Captain and J.P. Bordes Treasurer.

Planning and staffing the annual Beer and Boats Regatta was one of the main accomplishments of the meeting.

Dan Haile brought up a discussion of competing for the Dornan Challenge Trophy. The Lightning fleet, who we would be challenging, is the current holder of the trophy. The racing would be team racing, half of the time both sets of competitors would be sailing in Y-Flyers and half of the time in Lightnings.

This year it will be our fleet's turn to furnish boats for the "CSA Championship of Champions" on July 18. We will need 9 fleet members to volunteer their Y-Flyers for the event. The regatta is being run by the Lightning fleet and they can use volunteers from our fleet to help as well.

The CSA Visitor's Day will be on June 6, which is the weekend of the Riviera Regatta at Lake Mattoon. If you are not going to the Riviera Regatta please volunteer to help take out visitors on your Y-Flyer.

Dan reported that this year the Club race schedule will continue as last year but that approximately once a month we will have an alternate format.

The meeting adjourned to a "Sailing 101 – Elements of Boat Handling" seminar by J.P. Some of the main sections of the seminar were steering, weight placement, basic maneuvers, keeping the boat in the "groove" upwind and downwind, roll tacking, roll jibing, slowing, stopping and starting, mark rounding, minimizing rudder drag, and the optimum way to duck a right-of-way boat.

Check your email from CSA for a memo from Ted Beier on the 2009 racing program with an attachment of the 2009 Racing Program and Sailing Instructions and a spreadsheet attachment with dates and information for all races of the season.

According to this memo and attachments: Our fleet is scheduled for Race Committee on May 10, July 19, August 16 and October 18. Also, CSA has scheduled for June 28 and September 6 long distance races in the Hare and Hounds format or many short races. Scheduled for July 12 is a Racing Clinic which may be used by the various fleets to introduce their newer members to the sport.

Don Crohn alyosya1@hotmail.com



J.P. Bordes, Tom Barnett and Jack Klug discuss fine points at J.P.'s "Boat Handling" seminar.

CABIN FEVER

by Felicia Bamer

A little wind this weekend. I think that Rich and Sharon were the only two though that chose to sail. Jerry, of course, found his way to A dock! Those flags were flying up 30 to 60 degrees.

Masts though went up; about one-half of the Cabin Boats appeared. Smiles were aglow. But, exhaustion quickly took over since most of us felt like V-8 juice! Oh, I'm showing my age. We settled in easily for the annual Wine and Cheers inside the clubhouse!

A big Thanks goes to Libby and Bob Weinman for hosting a different style party for them. The trains ran gently and those sailboats are sure cute. Inge sure planned her surgery at an inconvenient time. The gathering of Wine, Wine, Wine and delicious Food at Weinmans in six rooms included Rhodes Bantam, Enterprise, Snipe, Hobie 16, Mutineer, Sunfish sailors of a year or two ago.

Great to see such a wonderful turnout for the 09 Kickoff for the 9th Annual Leukemia Cup we host. Tania was great! But, what about Zach. He just came out of his shell and spoke and spoke. I hope all get to meet our 09 Honored Leukemia Cup Patient, Zach.

So, is your yacht registered? Are you raising dollars no matter if you plan to race or not? The Cabin Boat races are spinnaker as well as non-spinnaker. Don't forget that the Long Distance race is just a sail. Who is going to be in the Top Ten Fundraisers? There will be a Silent Auction Friday night. Saturday night brings the BIG Auction! And, Volunteers are still needed at the event, May 22, 23, 24? What do you want to DO?

Aeolus (Felicia Bamer)

Clean-up for Opening Day



- Raking
- Bagging
- Weeding the pavement
- Putting out the welcome mat





NOTICE OF RACE

Leukemia Cup Regatta 23, 24 May 2009 Carlyle Sailing Association

1. **RULES** - The regatta will be governed by the ISAF Racing Rules of Sailing (RRS)
2. **ADVERTISING** - The regatta is classified as a Category A Event in accordance with ISAF Regulation 20, unless class rules allow otherwise.
3. **APPLICATION** - Application shall be made by completing the entry form and returning it to the registration committee. Entry forms are available on CSA's, CYC's, BYC's and TYC's web sites; by calling the Leukemia Society at 314-878-0780; or in each of the club's newsletters.
4. **DONATION** - The entry donation for all competitors is a
 1. Cabin \$50.00
 2. One-Design/Multihulls \$40
 3. Juniors \$20
5. **SCHEDULE OF EVENTS**
 - 5.1 Registration – Friday, 1800-2100; Saturday, 0700-0900.
 - ALL COMPETITORS' MEETING – SATURDAY, 0940
 - START SEPARATE OD AND CABIN MEETINGS AT 0950
 - CABINS DEPART CSA AT 1000 FOR 1100 SEQUENCE START
 - LONG DISTANCE DEPART CSA AT 1000 FOR 1100 START ROTATION
 - LAUNCH OD BOATS AT 1000 FOR 11:15 SEQUENCE START
 - SUNDAY CABIN SEQUENCE START, 0930
 - SUNDAY OD SEQUENCE START, 1000
 - SUNDAY CABIN AND LONG DISTANCE DEPART CSA DOCKS BY 0900
 - Number of Races (Maximum) – five -- one design and one design cabin; one -- long distance
6. **SAILING INSTRUCTIONS** - The sailing instructions will be available at registration.
7. **RACING AREAS** – There will be separate racing areas/courses for one design cabins, one designs, and long distance. One Design Courses may be comprised Olympic, Windward-Leeward, or Triangular laps
8. **SCORING** - The Low-Point Scoring System, RRS Appendix A, will apply for all classes. One race shall be completed to constitute a series. No race scores shall be discarded. This modifies RRS A.2. Only one of the Long Distance races will be used for scoring.
9. **PRIZES** – Each fleet will be awarded first and second place trophies

FURTHER INFORMATION - contact Rick Bernstein, Stacey Zerban or Felicia Bamer, rick@aboveandbeyond.tv, slzerban@aol.com, fbamer@sbcglobal.net or by calling Rick at 314-324-3024 or Stacey at 618-249-4062 or Felicia at 314-580-4187. Registration information is available by calling Vicki Rowe at the Leukemia & Lymphoma Society at 314-878-0780.



Carlyle Sailing Association Junior Sailing

Learn-to Sail Class • Summer of 2009 • 8-13 Year Olds

The instructions will introduce boat rigging, recreational sailing, and safe boating practices to 8-13 year olds.

Classes will be held **11:00am-4:00pm** with a lunch break on the following Sundays

June 28

July 5

July 19

August 2

August 16

August 30

Class will be held Rain or Shine but will release early the days that CSA Club races are abandoned.

Every Student needs to have an Optimist Pram Sailboat and a PFD

The Registration Fee is \$100/child.

If you have any other questions please contact Tobi Moriarty: tobimoriarty@aol.com or 314-469-5515

Harbor Mice Registration Form

STUDENT

(One Student per form)

Name of Student: _____

Birthdate: _____

- BOY
- GIRL

PARENTS

Name of Parent(s): _____

Email address: _____ Phone Number: _____

Member of CSA Fleet: _____ (Cabin, Lightning, Snipe, FlyingScot, Multi-Hull)

BOAT Indicate which applies to the Optimist Pram that the above mentioned student will use for this class
(Check One)

- We own our own Opti
- We will borrow our Opti from our friend _____ (Name of Boat Owner)
- We lease our Opti from CSA
(contact John Sepanski for boat lease info jsepanski@psdr3.org or 618-692-9091)

Please complete this form and mail it with a \$100 check (**payable to Carlyle Sailing Association**) to
Tobi Moriarty, 31 Balcon Estates, Saint Louis, MO 63141



CSA Adult Sail Seminar

Wednesday, Thursday, Friday
June 24, 25, 26, 2009



OBJECTIVES: Fun, Safety, Meet People just like You
LEARN TO SAIL: Beginners and Intermediate
INSTRUCTION: Classroom, Land, and On Water

- You as a Sailor
- Safety and You
- Parts of a Sailboat
- Wind Awareness
- How Sails Work
- Rigging the Boat
- Learn to talk like a Sailor
- Your first Sail
- Sailing Directions
- Sailing Upwind
- Sailing Downwind
- Capsize Recovery
- Overboard Recovery
- Leaving and Returning
- Improving Your Skills
- Right-of-Way
- Backup Skills
- Weather, Tides and Currents
- Knots and Lines

Three types of training boats:

Monohull — Flying Scot ♦ Cabin — San Juan 21 ♦ Catamaran — Hobie 18

Instructors are CSA members, US Sailing Level I Dinghy Instructors

Registration: \$150.00 for non-member ♦ \$95.00 for primary corporate member.
Checks payable to Carlyle Sailing Association. (Includes instruction, sailing, reference textbook, continental breakfast, and lunch.)

Contact Dave Leimbach – 314.481.1924h or 314.960.7005c ehdave@aol.com

Send registration to Dave Leimbach at 4421 Ridgewood Ave., St. Louis, MO 63116

Registration Form (*must be over nineteen years of age*)

Name _____ Phone # _____ E-Mail _____

Address _____ City/State/Zipcode _____

Sailing Experience _____

If you own a sailboat, state the class _____

Type of boat you prefer to learn on (check one)

- Monohull - *Flying Scot* Cabin — *San Juan 21* Catamaran — *Hobie 18*
 Not Sure

The Gatekeeper *by Mary Bartman*

As I open the gate today for the season, it's Friday, finally opening day at the harbor. People have been scrambling around all week around here to get everything ready for today. I look out the window and it is a perfect sunny day the wind is blowing pretty hard, as most of you experienced opening weekend. I come down to the office and open up wander around the grounds and get a few last minute things done and low and behold at 9:00 I see a boat coming down the road now as soon as I see it I know who it is by the hull color, the red Mean Machine, yep Bob Levin is the first one here for the 2009 season. He won the prize, oh did I not tell you about the prize, there was a prize for the first one here, oops, he won a 12 pack he was surprised too. Maybe you will be the first one here next year, it's like a box of chocolate, you never know what you're gonna get. So off we go with another exciting year. The wonders of what strange and funny things will happen this time around are ahead of us. We already had our first power boat on Saturday pull out from here, his engine died. The winds blew so hard on Sat and Sunday it was difficult even to get masts up let alone anyone sailing. The poor lightnings they could barely get their races in for the regatta. We will just have to wait and see what is in store. I look out now at all the boats and I find myself proud to be a member and working at this club. I see old sailor pals hugging and laughing sharing past stories having a cocktail or two or three. I heard a story about someone certain melges skipper (JH) that had had a bad week he and his crew and braved the gusting winds to take his boat out on the lake. When he came back he was all smiles and said "I needed that" that is what it is all about let the wind take all your troubles and stress away.

Check out the "Weather or Knot board" as you come in each week for the daily weather conditions.

Ships store is always open when I am in the office. New merchandise just arrived so stop by say hey and see what is for sale and the porch swing is always open for visitors, well not till we put it back up. Closing the gate on this addition of the sailing zone zone zone, make believe this was an echo. TTFN



CSA now has Wi-Fi

by Richard Shindel

Carlyle Sailing Association has joined the Digital Age.

Tuesday April 21st Wireless Internet was activated at the club. To access it all you need is a computer with an 802.11 b-or-g wireless device. You will NOT be able to use the connection if your computer has only a hard-wired network connection. The name of the connection is "Tincans CSA". Yes there is a space in the name. However you will not need to remember that because it will be the only Wireless Connection that shows up on your computer when at the club. The important information is the 10 Character 64 bit WEP key, it is 4 numbers, 4 letters, and 2 numbers " 3122DEAF01 ". Yes the last two characters are ZERO ONE. My advice is to copy & paste this information. It is also posted on a sign under the TV in the Observation Building.

The device that is doing this is on the parking lot end of the Observation Building on the outside of the building. It is in the picture(s) with this article. Please do not jostle it. It must "see" an antenna in downtown Carlyle. If it is bumped out of alignment there is no connection

until it is realigned! The signal from it covers the entire property. Yes I did see weather radar on the Committee Boat at the sea wall on Tuesday on my laptop! The signal will go out over Carlyle Lake. I was told with the proper equipment you could have a connection from our club at South Shore State Park on the other side of the lake! The connection is line of sight so if there are lots of things between your computer and the antenna on the outside of the OB you may not have a good connection or no connection at all.

This article was submitted to the Marks from the Observation Building during the Lightning Regatta.



CARLYLE SAILING ASSOCIATION

2009 SAILING INSTRUCTIONS

(Updated – 10 April 2009)

1. RACING RULES

All races will be sailed under the current ISAF Racing Rules of Sailing

2. ELIGIBILITY

Race participation eligibility is outlined in Section V - A of the CSA Official Handbook. CSA guest yachts may participate in the race program with the consent of the Race Committee (before the Race Committee boat leaves the harbor) and on the advice of the affected fleet.

3. NOTICES TO COMPETITORS

Notices shall be posted on the official bulletin board located adjacent to the pavilion.

4. CHANGES IN SAILING INSTRUCTIONS

Changes shall be posted on the official bulletin board a minimum of one hour prior to the first affected race. Code Flag "L" shall be flown with one sound to signal a posted change.

5. SIGNALS MADE ASHORE

- 5.1 Signals may be displayed from the flagpole or the Race Committee boat when berthed.
- 5.2 Code Flag "B" Prudent judgment should be exercised in sailing or racing under these prevailing weather conditions. *The display of this signal does not relieve sailors of their responsibility under RRS 4, but means that such consideration should be taken.*
- 5.3 Code Flag "L" A change in the sailing instructions has been posted.

6. SCHEDULE OF RACES

- 6.1 Races are scheduled on Sundays, May through October.
- 6.2 Three two-month series will be sailed: Spring, Summer, and Fall. Two races shall be sailed on Sundays for each series depending on weather conditions except as noted below.
- 6.3 The time of the warning signal for the first division is:

* If the warning signal for the first division is postponed beyond 1200, the Race Committee may sail two races back-to-back beginning at 1330. For any Series, no first division warning signal shall be made after 1600. If the committee *does not depart the harbor for a race by 1530*, they may abandon racing for the day at that time.

- 6.4 No series races shall be sailed on the weekend of the "Luekemia Cup Regatta" or "Whale-of-a-Sail" regatta. *An alternative racing format will occur on 28 June, 12 July, and 6 September as defined in Annendum 1 herein.*

7. THE COURSE

- 7.1 Up to four (4) rounding marks, see Figure 7.1 Course Diagram", to define concentric inner and outer courses, and will be positioned as follows:
 - a. *One orange mark shall define an inner windward mark.*
 - b. *Yellow marks shall be used for an outer course windward mark and a common leeward mark for both courses. All courses shall be windward/leeward unless specified otherwise for the short course. An orange jibe mark may be added for the short course only if so desired by the affected fleets.*
 - c. All marks shall be rounded to port.
- 7.2 The starting and finishing line shall be on the weather leg shall consist of a spar buoy and the signal mast of the Race Committee boat.
- 7.3 The Race Committee shall display a placard from the starboard rail of the Committee boat indicating the first two digits of the approximate compass heading to the weather mark.

Race	Time Period		
	3 May – 21 June	28 June-6 Sept.	13 Sept.-25 Oct.
1 st Race	1130*	<u>1330</u>	1130*
2 nd Race	1430	<u>Back-to-back</u>	1430

2 (yellow)

1 (orange)

4 (orange)

!-----() (start/finish)

3 (yellow)

Outer course: start, 2, 3, 2, 3, finish, posted as WL

Inner course: start, 1, 4 (if desired), 3, 1, 3, finish, posted as WL (or OM if jibe mark present)

Figure 7.1 – Course Diagram

8. THE START

- 8.1 All series races shall be started in accordance with RRS 26.
- 8.2 The order of starts shall be posted on the official bulletin board prior to the start of each series. A Fleet shall be assigned to a specific division designated by numeral pennants. All boats in a given division shall start at the same time. Fleets shall be assigned to sail the inner course (*orange windward mark*) or the outer course (*yellow windward mark*).
- 8.3 During the starting sequence, these numeral pennants shall be displayed as the warning signals for the several divisions.
- 8.4 The starting line shall be between the signal mast of the Race Committee boat and a spar buoy.
- 8.5 Audible signals may be horns, guns or whistles.
- 8.6 Other Signals: An Orange flag with one sound signal signifies that the Committee Boat is leaving the harbor and the first warning signal will be approximately 30 minutes thereafter. This signal (orange flag) shall be struck, accompanied by one sound, one minute before the first warning signal.
- 8.7 Yachts shall keep clear of the starting line or its extensions by a minimum of 30 yards after the initial warning signal is made until the warning signal is made for their division. Offending yachts shall be subject to disqualification.
- 8.8 After a yacht has started and cleared the starting line, she shall not cross the start or finish lines except when attempting to finish. The remedy for

doing so is to return to the side of the line from whence she came, and performing a 720 degree penalty turn before continuing the race.

9. RECALLS

- 9.1 Individual Recall: The Race Committee will attempt to hail premature starters. However, this does not relieve a skipper's obligation to start properly.
- 9.2 General Recall: Fleets under general recall shall be re-sequenced to start five (5) minutes after the last scheduled start. The timing sequence shall not stop. *This modifies RRS 29.2.*

10. SHORTENING THE COURSE

- 10.1 The course may be shortened at the leeward mark. A mark-set boat will be stationed near the leeward mark and will be displaying Code Flag S and make periodic bursts of two audible signals. *This modifies RRS 32.1.*
- 10.2 All finishes shall be made at a finish line on the next leg of the race.

11. THE FINISH

- 11.1 The finish line shall be denoted by the flag staff of a Race Committee boat flying a blue flag and a spar buoy. The Race Committee shall acknowledge each finish. A skipper cannot assume to have finished until his boat is acknowledged.
- 11.2 If a race is to be sailed back-to-back with the race being completed, the Race Committee shall display the orange flag from the mast of the Committee Boat.

12. TIME LIMITS

- 12.1 A race shall be abandoned on a fleet basis if no yacht of that fleet rounds the first mark within thirty (30) minutes after the fleet's start, or finishes within one-and-one-half (1-1/2) hours.
- 12.3 *Yachts not finishing within fifteen (15) minutes of the first finisher of that class shall be scored points equal to one greater than those that finished within that time.*
- 12.4 No races shall continue after sundown.

13. SAFETY

All yachts participating in the race program must comply with the safety requirements listed in Section IV-D of the CSA Official Handbook. Cabin fleet boats are required to have auxiliary power ready to use in case of emergency and are exempt from carrying a paddle. Failure to display

any of the safety equipment specified in Section IV-D of the CSA Official Handbook upon request by a CSA officer, Race Committee member, State or Federal officer shall result in disqualification.

14. SCORING

- 14.1 The scoring system selected by each fleet is subject to the requirements of section V-D of the CSA Official Handbook.
- 14.2 Each fleet shall report their qualifiers and winners of each series to the CSA Race Committee Scorer within seven (7) days of the last race of that series.
- 14.3 Calculation of scores for those fleets sailing under the Portsmouth or other handicapping systems is the responsibility of those fleets. The Race Committee will attempt to supply finish times to those fleets.
- 14.4 The Fleet scoring system and tie-breaking method shall be on file with the CSA Race Committee Scorer prior to May 1, annually.

15. PROTESTS AND PENALTIES

- 15.1. Yachts in spinnaker classes and the cabin fleet, when carrying a spinnaker, she may be exonerated by dowsing the spinnaker, and doing one (1) 360 degree turn, and resetting the spinnaker. Any of the catamaran classes, which acknowledges infringement of Part 2, may be exonerated by making one (1) full 360 degree turn. This modifies RRS 44.2.
- 15.2 The protesting yacht, upon finishing the race in which the infraction occurred, shall notify the Race Committee boat of her protest, giving the class and sail number of the protested yacht, even if the protested yacht has performed penalty turns.
- 15.3 The protesting yacht may file a written protest, which shall be written on an official USSA protest form and be given to the Protest Committee Chairman personally or by mail postmarked no later than the Tuesday following the incident.

- 15.4 Protest hearings shall normally be scheduled on the second and the fourth Sunday of each month, or as soon as practical at the discretion of the Protest Committee Chairman.
- 15.5 The Protest Committee Chairman shall notify parties to the protest of the scheduled hearing by mailing or e-mailing written notices to the parties involved.
- 15.6 Protest arbitration may be requested by either party and held at the option of the Protest Committee Chairman and with agreement of both parties. These are intended to be explanatory in nature and may assist participants to avoid the need for a formal hearing. Any conclusions arrived at have no validity should a formal hearing be required.
- 15.7 When either skipper cannot attend the protest hearing as scheduled, an alternate date may be selected as long as the protest hearing date is held within one month of the protest filing, and is mutually acceptable to both skippers.
- 15.8 All protests arising from suspected violations of class rules or handicap declaration parameters shall be remanded to the appropriate fleet for disposition. The involved fleet shall notify the Protest Committee and the Race Committee of its findings regarding the subject of protest.
- 15.9 *Yachts that intend to file a protest, who took a penalty on the course, or retired before finishing shall declare same of the Race Actions form on the bulletin board within one hour after returning to the harbor after racing.*

16. PRIZES

Prizes shall be awarded in accordance with Section V-E of the CSA Official Handbook.

2009 CSA Sailing Instructions **Cruising Race Addendum**

The following are numbered as the sections in the CSA 2009 Sailing Instructions to which they refer. For the cruising races on 27, 28 June and 5, 6 September these take precedence over the general sailing instructions.

6. Schedule - Cruising races shall be scheduled on 27, 28 June and 5, 6 September with starts beginning at 1300. A competitors meeting will be held at 1100 to provide course designation, individual start times, and a "clock" time coordination.

7. Course – The course will be defined by a map with compass headings indicated for each leg. Yellow CSA marks will be used as turning marks. Separate courses will be designated for "long course boats" and "short course boats". Marks shall be rounded to port or starboard whichever makes the smallest turning angle for the next leg.

8. Start – The starting line shall be between two spar marks lying in a north-south direction off the north shore of the lake adjacent to the CSA pavilion (Mile Marker

2). Each yacht shall start in an easterly direction (regardless of the Leg 1 heading) at her assigned starting time.

11. Finish – The finish line is the same line between spar marks as the start line. Each yacht shall finish in accordance with the RRS definition of finishing (crossing from the direction of the last turning mark). She shall take her own finishing time (clock time) and note the boats that finished immediately ahead and behind her. These data shall be reported to the race desk in the pavilion or entered on the posted finish sheet after returning to the harbor.

13. Safety – In case of heavy or very light wind, a CSA motorboat will be available in the course area to assist.

14. Scoring and Prizes – Scoring will be performed for prizes within each fleet and for overall prizes for all yachts on a given course. Each fleet may elect to score the Saturday and Sunday races together, or just the Sunday race for fleet prizes.

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the Azores. Approximately 20 days later we will arrive in Horta on the island of Faial. We plan to stay for just a few days. With a good weather window we will leave Horta and sail for Scotland. This passage will take approximately 10 days. Our destination is Oban which is located on the central west coast of Scotland. We proceed inland to Fort Williams and the Caledonian Canal. Ultimately, we enter Loch Ness with our final destination being Inverness on the eastern side of Scotland. At that point I will leave the boat and meander my way south to London. I am currently scheduled to fly home on August 6th.

I do plan to setup a blog. I am told we will be able to transmit and receive e-mails everyday via a satellite phone. I am hoping to update my website as the trip progresses and as I arrive in each port I will post pictures.

My future Commodore Corner articles will have CSA updates, but also I hope to tell my story as it unfolds.

Sincerely,
David Crosby
Commodore
Carlyle Sailing Association

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2009 CSA CALENDAR

Month	Weekend	Event	Chair Person
	25	Harbor Opens	
	25-26	Lightning Regatta	Paul Hanson
	25	Marks Deadline	Karen Pauls
May	2-3	Melges 24 Regatta (May 1-3)	Tom Wyman
	3	2009 Racing Begins — Catamaran Race Committee	Mike Hill - PRO
	9	New Member's Orientation	David Crosby
	10	Y-Flyer Race Committee	
	16-17	I-20 Regatta	John Sepanski
	17	Flying Scot Race Committee	Felicia Bamer - PRO
	23-24	Leukemia Cup Regatta	
	30	Marks Deadline	Karen Pauls
	30-31	Flying Scot Egyptian Cup (FS reserve OB Fri, Sat, Sun)	Jim Harris
	31	E-Scow Race Committee	Ted Beier
June	6	Visitor's Day	Shirley Allen
	11-14	US Sailing Instructor Course	John Sepanski
	15-20	Junior Sail Camp (Campers arrive 6pm June 14)	David Crosby / Ann Lacker
	20	Firecracker Regatta (Jrs)	David Crosby / Ann Lacker
	24-26	Adult Sail Seminar	Dave Leimbach
	27	Luau & Blessing of the Fleet	
	27	Marks Deadline	Karen Pauls
July	4-5	Fourth of July weekend	
	11-12	San Juan Regatta	Cal Guthrie
	18	CSA Championship of Champions	Felicia Bamer
	25	Marks Deadline One Week Earlier	Karen Pauls
August	8-9	Y-Flyer Beer & Boats Regatta	Jack Klug
	29	Marks Deadline	Karen Pauls
September	5-6	Memorial Day weekend	
	12	Strawberry Women's Regatta and Fashion Show	Dave Leimbach
	19-20	Whale of a Sail Regatta	
	26-27	Snipe Regatta	Andrea Sepanski
		Marks Deadline	Karen Pauls
October	3-4	Muddy Waters Cat Regatta	Dave Bryant
	3-4	E-Scow Regatta	Ted Beier
	10-11	Laser Regatta (October 10-11)	Paul Hanson
	14-17	US Sailing Championship of Champions	Matt Burrridge
	24-25	Harbor Closes (October 25), Last Club Race	Matt Burrridge
November	7	Fall Work Party	
	13	Annual Membership Meeting	David Crosby
January	16, 2010	Commodore's Banquet	