



MARCH 2009

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS

Editor: Karen Pauls
Carlyle Sailing Association
Marks of the Course
9815 Diamond Drive
St. Louis, MO 63137
klpauls@hotmail.com
Address correction requested.

CONTENTS

- 2 Commodore's Corner
- 3 Splinters from the Board
- 4 Cat Tales
- 5 Y's Talk
- 6 Cabin Fever
- 7 2009 Calendar
- 10 Adult Sail Seminar Notice
- 11 Adult Sail Registration



Carlyle Happenings

By Mary Bartman, *Harbormaster*

Just thought I would catch all you sailors up on all the doings in Carlyle right now. There are two new restaurants in town and a third on the way. LuBar Bistro is below Cruisers on Fairfax and has wonderful food, drinks and atmosphere. Bretz's wildlife lodge on Rt 127 opened last year but they now have an expanded menu, ribs are awesome, improved service and a banquet room that will seat up to 250 people. Plus the mini golf course is open too. Soon the Hardees on Rt. 127 will reopen it's doors after a several year absence. On the retail side CVS pharmacy is putting up a new building where the old Carlyle Motel was, it will be across the street from Super Value. The Wal Mart SuperCenter is well on its way to being ready for the late June opening. There have been many improvements to the downtown storefronts this winter. Patrick's restaurant closed and the Legion has a new owner. There is still road construction by the McDonald's intersection.

As for the lake itself we have slightly elevated water level from winter melt off north of us, nothing to worry about.

If you like to bird watch now is the time to bring out your binoculars. We have Pelicans, Seagulls, Bald Eagles, Golden Eagles, Hawks, All kinds of duck species and hundreds of thousands, yes I said, hundreds of thousands of Canadian and Snow Geese. Hazlet is a great place to hike right now as all hunting seasons have ended. So come on out and enjoy the lake. Stop by say hello.

On a final note I saw George the Groundhog on Feb 9 he looked fat and well rested. I'm not sure what this means to sailors but I am sure we can make something up. TTFN.

COMMODORE'S CORNER

by David Crosby

Business is picking up as we get going on the 2009 sailing season. Membership reapplications have been rolling in. The cut-off date has come and gone. Our Vice Commodore, Jean Pierre Bordes, is now working on parking assignments and filling open cabin boat spots from the waiting list. If you have not yet submitted your reapplication form and payment and would like to have your name, etc. in the membership roster please get your membership stuff to Jean quickly.

On February 15th the fleet captains gathered at my house and we discussed the 2009 sailing season. Hopefully, these conversations have been shared with you already. If not, here is a brief summary:

Promotion of sailing and CSA Share the word that sailing does not have to be expensive. Jim Harris and Betty Struckoff have created a web page that lists the classes of boats we have at CSA and what kind of price range used and new boats can be bought for. This should be displayed prominently on the CSA website soon. Please make it a point to take someone that has never been sailing for a ride this year.

Visitor's Day We discussed combining this with the Luau mainly due to the fact that it has been difficult to get boats on this weekend. For some fleets, they can never attend due to major regattas that conflict. All fleet captains and the Visitor's Day chairperson (Shirley Allen) were all in favor of this change. However, after my discussing this at the BOD meeting it came to light that a lot of publicity has already been distributed with the original date and the City of Carlyle has lamp post banners printed and flying with the June 6 date. So, no changes this year! Although, we still would like to try to offer free sailboat rides during the day of the Luau.

Luau We are planning on opening this event up to the public this year. We have lots of campers wander on to the club grounds to watch the fireworks each year. We might as well encourage them to join us for our meal. With any luck we should be able to make some money off of this venture. Everybody will need to purchase their tickets in advance. As mentioned above, we would like to give rides on sailboats, enjoy a great meal and then watch fireworks.

Race Program We have once again opened a discussion on having six alternate race days for the season. The standard race program as we know it continues to decrease in participation. We have to try something new. Last year it was suggested to have six weekends that were non-race weekends, but could be used for fleet activities, etc. That did not go over very well. This year, we are not going to give up any race days. We are however going to try something different on six Sundays. Currently the idea is instead of two regular length races, one of these alternate weekends could be one long race. Another alternate weekend could be a series of very short races. A third possibility is race to a location on the lake such as Allen Branch or Coles Creek. Stop and have lunch and then race back. Racing Clinics, etc. are all some of the ideas that have been presented so far. Please open your minds and think of the possibilities. Then suggest those thoughts to your fleet captains. I am having a Commodore's staff meeting on Saturday, March 14th at 9:00 am. We will finalize the plans at that meeting.

Elsewhere in this issue of the Marks of the Course you will see a notice that nominations for the Board of Directors are now being accepted. We missed the February Marks, but two e-mails have been sent reminding you. Nominations are due March 15th. This is an opportunity for your fleet to have a voice in the operations of CSA.

Until next month!

David Crosby, *CSA Commodore*



SPLINTERS FROM THE BOARD

by Rick Bernstein

The winter has come and is going out...thank goodness, I'm tired of cold. To this end, the board meetings mostly discuss prepping the club for spring time and the season.

The boat show was an interesting display of power boating and power boating folks. We need to all give a thanks to those volunteers who gave their hours Valentine weekend. As part of the promotion and exposure for CSA, our committees are in the process of exposing CSA to new potentials. As with all entities through these tough economic times, we need to keep promoting and talking up what a great facility we have to offer, and a very reasonable annual rate. If you have ideas on how to get more members, please contact Jim Harris.

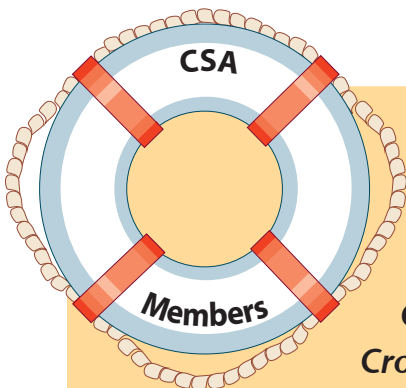
Financially, CSA is in line with '08 figures, which is a good sign of our viability. Our members are coming back; we have some new members, so all in all, feel comfortable that we're in good shape for a great '09. Next month I'll detail some of the projects we have planned for the club.

What's coming up for this year??? The Leukemia Cup Kick Off Party featuring Tania Aebi is April 17th. This woman has an incredible story; she's the youngest to solo sail around the world. Her presentation is riveting I'm told as she has the greatest stories to tell. This of course is the launch event leading up to the Leukemia Cup Regatta Memorial Day Weekend at CSA. As always, we can always use more volunteers. Please write or call me if you can help.

On a national scale, US SAILING Championship of Champions regatta is coming to CSA October 14-17, 2009. You will see twenty National Champions battling it out to see who's the best US sailor. This is a club run event and we need help coordinating all these out of town boats and the 20 teams that are coming to visit CSA. Please contact Matt Burrige, Paul Hanson or myself if you want to be a part of a historical event sailed for the first time ever in Lightning's.

The calendar for the season is pretty well set so check out the dates for Visitor's Day, Adult Sailing Camp, Luau, plus all the other great regattas and social events CSA is planning for you.

Rick Bernstein
Chairman of the Board
Carlyle Sailing Association



At this printing, I would like to put out the word that Commodore Crosby is in need of a few more committee

chairs, specifically the Whale of a Sail. This regatta, one of CSA's real jewels, has many talented people who can guide and assist you in running the event. This is a fun and challenging event for a couple to do, as it's an event that really shows CSA in its best light, so please give Dave a call as CSA needs you.



CAT TALES

by Holly Conklin

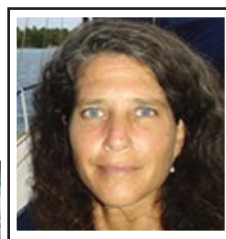


Howdy, Fleetsters!

I have been thinking a lot about Florida this winter (if you hadn't guessed), especially with our weather as crazy as it has been. I was reminiscing about my last trip to the Keys for the Tradewinds Regatta and thinking about the new friends I made while I was there. I stayed in a little motel set on a quiet canal. Every morning a herd of manatees would visit. There were 4 adults and one nursing infant. Being insatiably curious I did some research on these strange and gentle giants to add to my firsthand knowledge. Manatees are a protected species and there are only about 2,300 of the Florida Manatee living but they are on the rebound. They are mostly herbivores, with floating turds that look surprisingly human (but really big) and really stinky farts (things you always wanted to know, I am sure!). They eat about 110 pounds of vegetation daily, sleep about 12 hours a day and live around 60 years. They weigh up to 2000 pounds and can get more than 12 feet long. They are more closely related to elephants than any other living animal and scientists believe that manatees evolved from land mammals that returned to an aquatic life. They generally are very slow moving and this makes them vulnerable to injury by motor boats. The adults I saw all were heavily scarred from propellers and one had a fresh gash, still lightly bleeding, about 3 feet long across her back. They love fresh water and will literally suck on a hose for hours if someone leaves it running where they can reach it (illegal to do, by the way). They are truly fascinating creatures.



Perhaps I am jumping the gun but I really want to share my excitement about our keynote speaker for the Leukemia Cup Kickoff and strongly encourage you to attend. When I was a young sailor, just graduated to counselor in my local junior sailing program, my father gave me the book *Maiden Voyage*. The protagonist and author became one of my strongest sailing inspirations. Tania Aebi was 17 when she dropped out of high school. Her father gave her a choice: go to college or sail around the world. She took the boat option and became not only the youngest person to sail solo the 27,000 miles around the world but also the first American woman to do so. She was poorly prepared when she set off, just 18, from lower Manhattan. There were many defects with her boat that could have been easily fixed beforehand, her navigational skills were virtually nonexistent, and she was a teenager relying on her own resources. She returned 2 years later a very different woman. She not only survived in the confines of her Contessa 26, *Varuna*, but grew in so many ways. Tania has since written a second book, *I've Been Around*, and countless articles for sailing and boating magazines. I have read *Maiden Voyage* multiple times and have gained so much from Tania's experiences. Be sure to come hear her speak on April 17th.



I guarantee you will enjoy the experience!



I would love to hear about the adventures you are all having this winter! Please feel free to drop me an email and share the excitement: patches_hoffman@hotmail.com.

Ram – an intricate docking maneuver sometimes used by experienced skippers.

Y's TALK

by Don Crohn

I t has been a few months since we have reported on the Fleet's happenings so I want to do some catch-up writing.

Previously reported in the Commodore's Corner of the Marks was the sad news of the passing of Bob Arnzen. Bob was a Y Flyer sailor and member of CSA for many years, serving as Commodore and as a member of the Board of Directors. We will all miss him.

Jack Klug hosted our Christmas party. Dan and Sandy Haile, Dave Robson and Susan, Preston and Wendy Haglin. Jolene O'Brien, Tom and Judy Barnett, Kathy and Dave Clark, JP and Stacy Bordes, and three people from the Creve Coeur Sailing Assoc joined us. All brought hors d'oeuvres or desserts that everyone enjoyed. The Fleet also welcomed Jack's son, Jerrod, back from his latest duty tour to the Middle East with the Marine Corps.

At the Commodore's banquet Dan was the Spring Series winner, Jolene won the summer series, and Jack won the fall series, 2nd in summer series and first in the overall championship series.

JP, the new CSA Vice-Commodore, spent a week participating in the Key West Race week as crew on Bill Haenkles' 40' J120.

Dan Haile, our new Fleet Captain, is running for a seat on the CSA Board of Directors.

Our spring Fleet meeting is scheduled for the last day of February to plan for the coming Club racing season and as well as our regional Beer and Boats Regatta. Hosted by Jolene O'Brien, delicious food, social time and presentation of another installment in JP's "Y-Flyer Sailing 101" tutorial series is on the schedule.

The Mid Winter Regatta hosted by the Columbia, SC Sailing Club is just around the corner on March 7 and 8.

As our fleet is very active and growing we will have four Race Committee duty days this year. Our race-ready spec boat that has been reconditioned and owned by our Fleet will be available at CSA in May for trial sail by prospective Fleet members. For more information go to http://www.csa-sailing.org/fleets/yfly/spec_boat.html.

The Hawg Wild regional regatta in Little Rock, AK will be on the May 24-25 Memorial Day weekend.

Don Crohn alyosya1@hotmail.com



(from left) JP Bordes, John Drennan and Dan Haile at a Y-Flyer Tuning Workshop

CABIN FEVER

by Felicia Bamer

The Romanticists enjoyed "The Dubliner" in downtown STL on Valentine's Day. The other $\frac{3}{4}$ of the Romanticists were/are in Florida. An early St.Patrick's Day Party is hosted on the 7th by Jack and Shirley Firse. Then the traditional Wine and Cheese Party is being hosted by Bob and Libby Weinman on April 18.

And, less than two months to the almost best party — Beers and Cheers at the Harbor on Sunday the 26th of April! And, then the next weekend's best short party — Woods/Fabick's Kentucky Derby Race!

APRIL 17 — FRIDAY — LEUKEMIA CUP KICK-OFF — TANIA AEBI
FUND RAISER — \$25.00/per adult -- \$15.00/per junior —FRIDAY,
APRIL 17

Each of us should register our boats for the Ninth Annual Leukemia Cup Regatta, Memorial Day weekend May 22-24. Three race courses will happen. (Cabin, Long Distance, One Design)

The Kick-Off speaker for the April 17th

But, most importantly, if we register our yachts, we will be able to raise funds for the Leukemia and Lymphoma Society. We will be able to fund raise on-line. And, the nicest awards for the weekend are for donations. The silent auction is Saturday night. The "chuck-a-duck" is before dinner on Saturday. And, I recommend you advertise your business in the Leukemia Cup brochure.

And, if you register your yacht before May 1 you may have your yacht's name on the 2009 Leukemia Tee Shirt you will receive free.

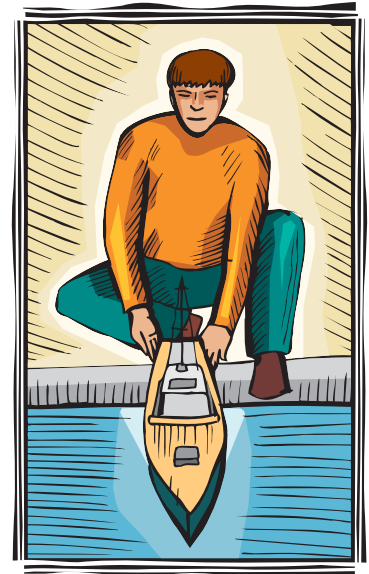
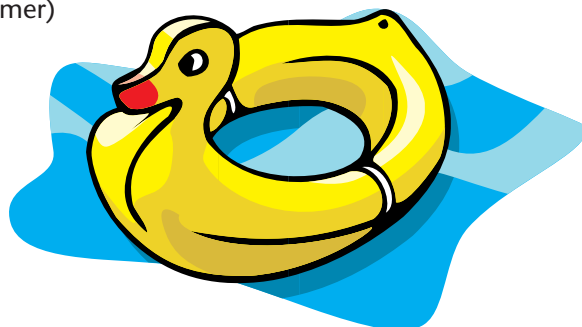
A reminder that the 2nd WEST MARINE FLEET DAY is Sunday, April 19 from 1 to 4 p.m. with a 5% discount on electronics and 15% on other items. West Marine is a National Sponsor of the Leukemia Cups.

The West Marine store is west of I-270 on Manchester Road.

Next Month ~~ An Update of Winter Travel!

No one knows what fleet "Aeolus" had been the scribe for years ago. Second month of Contest!

Aeolus (Felicia Bamer)



**NO TIME LIKE THE PRESENT
TO KEEP YOUR FUTURE
ON TRACK.**

Time can have an affect on your investments. Fortunately, a portfolio review will allow you to check on their progress and ensure they're still on track with your goals.

That's why you should schedule your free portfolio review now. Call or visit today.

Elizabeth Miller
Financial Advisor



522 S. Hanely
Clayton, MO 63105
314-726-1233

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

2009 CSA CALENDAR

Month	Weekend	Event	Chair Person
March	14	Commodore's Staff Meeting	David Crosby
March	25	Marks Deadline	Karen Pauls
April	4	Big Spring (Dock Day) Work Event (April 4)	
	17	Leukemia Cup Kick Off Party	
	18	Additional Work event if needed	
	25	Harbor Opens	
	25-26	Lightning Regatta	Paul Hanson
	25	Marks Deadline	Karen Pauls
May	2-3	Melges 24 Regatta (May 1-3)	Tom Wyman
	3	2009 Racing Begins	
	9	New Member's Orientation	David Crosby
	16-17	I-20 Regatta	John Sepanski
	23-24	Leukemia Cup Regatta	
	30	Marks Deadline	Karen Pauls
	30-31	Flying Scot Egyptian Cup (FS reserve OB Fri, Sat, Sun)	Jim Harris
June	6	Visitor's Day	Shirley Allen
	11-14	US Sailing Instructor Course	John Sepanski
	15-20	Junior Sail Camp (Campers arrive 6pm June 14)	David Crosby / Ann Lacker
	20	Firecracker Regatta (Jrs)	David Crosby / Ann Lacker
	24-26	Adult Sail Seminar	Dave Leimbach
	27	Luau & Blessing of the Fleet	
	27	Marks Deadline	Karen Pauls
July	4-5	Fourth of July weekend	
	11-12	San Juan Regatta	Cal Guthrie
	18	CSA Championship of Champions	Felicia Bamer
	25	Marks Deadline One Week Earlier	Karen Pauls
August	8-9	Y-Flyer Beer & Boats Regatta	Jack Klug
	29	Marks Deadline	Karen Pauls
September	5-6	Memorial Day weekend	
	12	Strawberry Women's Regatta and Fashion Show	Dave Leimbach
	19-20	Whale of a Sail Regatta (September 19 -20)	
	26-27	Snipe Regatta	Andrea Sepanski
October	3-4	Muddy Waters Cat Regatta	Dave Bryant
	3-4	E-Scow Regatta	Ted Beier
	10-11	Laser Regatta (October 10-11)	Paul Hanson
	14-17	US Sailing Championship of Champions	Matt Burrridge
	24-25	Harbor Closes (October 25), Last Club Race	Matt Burrridge
	24	Marks Deadline	Karen Pauls
November	7	Fall Work Party	
	13	Annual Membership Meeting	David Crosby
January	16, 2010	Commodore's Banquet	

West Marine Second Fleet Day

Sunday, April 19, 2009
from 1 pm to 4 pm
Manchester Road
(West of I-270 1.5 miles)

5% Discount on Electronics
15% Discount on Other Items
(Includes catalog orders.)

Small gift from manager Connor for each attendee!

Refreshments provided by manager Connor and FGB PRO and Sail Instructor.

Support Leukemia Cup Regatta Memorial Day Weekend



**Nominations from membership at large to the
CSA Board of Directors**

Deadline is March 15, 2009

**Mail nominations to Carson Menges
6128 Victoria Ave.
Saint Louis, MO 63139**

**Enclose a photo and brief biography of experience
within CSA**

The Leukemia Cup Regatta Kick Off Presentation

Tania Aebi is coming to St. Louis

Friday, April 17, 2009

6:30 pm to 19 pm

Advance Reservations: \$25 person — \$30 at the door

\$15 for Juniors

Includes Hors d' oeuvres and Open Bar

**For more information & advance reservations via credit card, please call
The Leukemia & Lymphoma Society (314) 878-0780 or (800) 264-2873**



photo courtesy of Marc Schillebeckx



photo courtesy of HollyConklin





CSA

Adult Sail Seminar

Wednesday, Thursday, Friday
June 24, 25, 26, 2009

Registration for the 2009 CSA Adult Sailing Seminar is now open.

We will have three different classes of boats for the students to learn on. For those interested in learning on a Monohull we will use Flying Scots. Cabin Boats will use San Jaun 21s and Catamarans will use Hobie 18s.

Class size will be limited to thirty students, fifteen from within CSA and fifteen from outside CSA.

Now is the time to start talking to your family and friends about learning to sail or to sail better. This program is set up for beginners and intermediates. We will have Classroom, on shore and on water exercises. Each student will receive breakfast, lunches all three days, a US Sailing book titled, "Start Sailing Right" and "The Little Red Book" stating the skill sets that they have achieved.

The course will cost \$95 for Primary Corporate Members and \$150 for nonmembers. The notice and registration form is elsewhere in this issue of the Marks and on our CSA website: csa-sailing.org

This has always been a very well attended class and will fill quickly, so talk it up, act FAST and get in.

"The Excitement is Building"

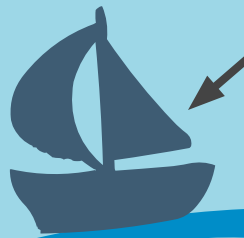
Dave Leimbach

ehdave@aol.com

314.481.1924h

314.960.7005c

(Whose Birthday happens to be July 29th.)



Which way is this boat sailing?

or is it just a faulty illustration by someone who's never taken the Adult Sailing Seminar?



CSA Adult Sail Seminar

Wednesday, Thursday, Friday
June 26, 25, 26, 2009

OBJECTIVES Fun, Safety, Meet People just like You, **LEARN TO SAIL**
Beginners and Intermediate

INSTRUCTION Classroom, Land, and On Water

□ Y

- | | | |
|-------------------------------|----------------------|-----------------------------|
| • You as a Sailor | • Your first Sail | • Leaving and Returning |
| • Safety and You | • Sailing Directions | • Improving Your Skills |
| • Parts of a Sailboat | • Sailing Upwind | • Right-of-Way |
| • Wind Awareness | • Sailing Downwind | • Backup Skills |
| • How Sails Work | • Capsize Recovery | • Weather, Tides & Currents |
| • Rigging the Boat | • Overboard Recovery | • Knots and Lines |
| • Learn to talk like a Sailor | | |

Limited class size, register early t

Three types of Training Boats

Mono Hull (Flying Scot) Cabin Boat (San Juan 21) Catamaran (Hobie 18)

INSTRUCTORS CSA Members US Sailing Level I Dinghy Instructors

REGISTRATION \$150.00 for Non Member \$95.00 for Primary Corporate Member.

Checks payable to Carlyle Sailing Association.

(Includes Instruction, Sailing, Reference Textbook, Continental Breakfast and Lunches)

CONTACT Dave Leimbach 314.481.1924h or 314.960.7005c ehdave@aol.com

Send registration to Dave Leimbach at 4421 Ridgewood Ave., St. Louis, MO 63116

Registration Form Must be over nineteen years of age.

Name _____ Phone# _____ E-Mail _____

Address _____ City/State/Zipcode _____

Sailing Experience _____

If you own a sailboat, state the class. _____

Type of boat that you prefer to learn on (Check One)

- Mono Hull (Flying Scot) Cabin Boat (San Juan 21) Catamaran (Hobie 18)
 Not Sure