



DECEMBER 2009

Marks OF THE Course

CARLYLE SAILING ASSOCIATION PHILIPPI HARBOR CARLYLE ILLINOIS



Photo by Mary Bartman

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2009 CSA CALENDAR

Month	Weekend	Event	Chair Person
December		Happy Holidays (no Marks for January 2010, continue to send pictures!)	Karen Pauls
January	16, 2010	Commodore's Banquet	Judy Barnett

COMMODORE'S CORNER

by David Crosby



The Marks of the Course is not published in January, so **this will be my last article as Commodore**. It has been a pleasure serving you. I owe a great deal of thanks to the CSA Board of Directors, the dedicated volunteers who served as "Commodore's Staff" and to everyone that gave freely of their time to make CSA the great place that it is.

The Fall Work Party took place on a beautiful day. The turn out was actually kind of low compared to years past, but we managed to get a lot done and the club looks great. However, we are going to have to go back for one more small work

party as soon as the water level drops below the sea wall. Due to the flood we had to leave the dock ramps and one dock section in for each of the four docks. We also need to move the sheds for the RC boats. I will call for this work party by e-mail as soon as I receive word from Mary that the lake level has dropped to an appropriate level.

The 2009 Annual Meeting was held on November 13th. Jean Pierre Bordes was elected to be Commodore for 2010 and Andrea Sepanski (Vice Commodore) has volunteered to be a flag officer for a second time. Andrea served as Vice Commodore and Commodore several years ago. When you see her, please thank her; not only for volunteering to be Vice Commodore but for all of the other things she has done for the club over the years.

Another big item of discussion at the Annual Meeting was in regards to how can we increase membership. Betty Struckoff had done a survey of some of our newer members in an attempt to learn how they discovered sailing and CSA along with what attracted them to our club. She also looked into why there have been some recent departures. I think the big lesson learned was to bring people sailing, bring your family, your friends, your neighbors. The more people that we expose to sailing, the better odds we have at gaining new members.

The next big event we have is the Commodore's Banquet. This will be held at the Maryland Heights Centre on January 16th in their big Auditorium. This is a really nice room. I think you will be impressed. It has a tall, vaulted ceiling, nice stage, very large projection screen and probably way more room than we really need. What I really like about this location is that it allowed us complete freedom in who we have supply the meal, drinks, etc. Many of you have expressed that the banquet is simply becoming way too expensive. Others have expressed that it important to maintain an elegance level for this event. Judy Barnett and I have reviewed the survey results that we received and we are trying to put on a banquet that should please most people. Elsewhere in this issue of the Marks of the Course you will find reservation forms and additional information. The 2010 banquet is going to be significantly cheaper than past years (\$28pp vs. \$38pp in 2009, \$34pp in 2008 and \$39 pp in 2007). It is not cheaper because of a reduction in quality. It is cheaper solely out of the fact that we found a way to have some freedom in our planning. I also hope you will find it to be an entertaining evening.



photo by Glenn Grummon

Sincerely,
David Crosby
Commodore
Carlyle Sailing Association
davidcrosby@charter.net

SPLINTERS FROM THE BOARD

by Rick Bernstein

Our November meeting's purpose is usually to close out the season; reviewing dollars, closing of the harbor, discuss maintenance and upkeep plans for the winter and next spring, and discuss the overall sentiment of "how did we do?" Everything at our wonderful club is doing well. We're striving to make the property as fun, exciting, safe, usable, interesting and expandable as we can. Finishing my 3rd year as your Chairman of the Board, I'm proud of the work we have done, the growth we have tried to sustain during these interesting times and I like the way this board is so involved in the day-to-day operations and activities of CSA.

With this said, as we all begin wrapping our minds and bodies around the holiday season of giving and thanks, I hope you don't mind if I do some of the thanks in words, here, now. Let's call this the State of the Club address, void of taxes and healthcare.

For Rick Bernstein, it was the probably the most active season I've embarked on at CSA as I experienced activities never before involved in.

It all started with the Melges Fleet's first regatta in late April. Thanks to the many volunteers, the club looked great and our out of town guests seemed to really enjoy themselves, so thank you to all that gave up their time to help launch the club.

Week's later, again thanks to a great group of volunteers, our 9th Leukemia Cup Regatta went off without a hitch. With great racing, fun gatherings and a whole lot of money raised, CSA continues its programs of "giving back," and we should all be proud.

Week's later, I embarked on a first; volunteering our boat to participate in Visitor's Day, something I haven't been able to do in years past because the event always sat on our Lightning District Championship. I will tell you, I had a blast experiencing all the new faces, seeing the looks when the Melges took off on a reach and watching the newbies hold on for dear life and afterwards talk of the great fun they had. Our club will remain viable and strong with programs such as this, so thanks to all that helped.

Weeks later, I embarked on another first for me at CSA; volunteered to help with Adult Sail Seminar/Camp. This was going to be a good test for me because I do not consider myself a very good teacher to brand new sailors, so nervousness was present. As the activities and days went by, I will tell you, this is a great program at CSA. The 30 plus adults without question had a very good

time, they without question learned a lot, and I have no doubt that we'll see these people as CSA members. I can't say enough about Dave Leimbach and the way he's aligned this program down a continuous path of success for CSA's future. Therefore a huge thanks goes out to Dave and his staff for a super camp.

Without boring you, this list of activities that CSA runs goes on and on the entire season. There's without question, something for everyone. As the summer hit high gear there were fleet events, CSA's regatta to see who's the best of the best; there were the club run Whale of a Sail and US SAILING'S Championship of Champions Regatta and the season finished with great weather and again, thank you to the great CSA volunteers who worked, and continue to work on putting our club to bed for the Winter.

Thank you to all the volunteers who make this club great; Thank you to the Commodore and his staff who make this club great; Thank you to CSA's board members who make this club great. And finally, thank you to all our members, as without you we wouldn't be here and I would not be able to deliver such positive words without you.

To all, enjoy your holiday, have a safe and happy winter, get all your to-do's done quickly because before you know it, it will be SAILING TIME AGAIN.

Rick Bernstein
Chairman of the Board
Carlyle Sailing Association



Hoist removal due to high water. Photo by Glenn Grummon.

HOWDY, FLEETSTERS!

Thank you for again electing me your most humble scribe. Remember that I am always willing to share sailing stories from each of you if you would be so kind as to tell me about them. Considering the winters are long (and sometimes the writing fodder is short) I look forward to hearing from you!

As I was gearing up today for my winter sport of rock climbing, I was thinking about my fellow crew on the J105 and my temporary replacement on the Cat. We used a lot of rock climbers for crew this past season and I was mulling over the pros and cons of these crossover athletes. They are easy to find as there are so many at Upper Limits (St. Louis' indoor climbing gym), they are typically lightweight, strong, smart (rock climbing is a sport that weeds out people that aren't very smart pretty quickly), energetic and nimble. When needed, not only are they handy at climbing the mast, they also know how to drink in case you need to dispose of alcohol. Unfortunately, they are lightweight so it takes a few more of them on the rail to do the job (we complained a lot throughout the year that we were underweight) and they tend to eat a lot. So, as a general rule, I would recommend rock climbers over sumo wrestlers as crossover athletic crew!

The 25th annual Key Largo Steeplechase is coming up the 2nd week in December. I was sharing the exciting details of this race with my father, a former Cat racer, while putting together his radio controlled sailboat a few weeks ago (right before we sunk it). His response was, "It doesn't sound like a real race to me." When propulsion is not only allowed but required, the finish line on day 1 is rather arbitrary, the start horn (on the 2nd day) is really only a suggestion, and the first place trophy is a pair of

broken lawn chairs you do have to wonder just what the heck kind of race it is! I will develop a raw spot on the back of my neck from the strap on the GPS, raw spots on my butt from being in seawater for so long, and will get highly annoyed with my skipper before the race is done but at the end all finishers are awarded their very own bottle of cheap champagne! At this point it is probably too late to prepare for the adventure that is the Steeplechase (I started training and studying navigational charts a month ago) but it is an annual event and there is always next December! I will tell you all about it in February.

Next will be the Tradewinds Midwinter Open Cat Nationals/NAMSA North Americans January 15-18 in Islamorada, FL, also in the Fabulous Florida Keys. This weekend is also known as the **How Many Different Events Can We Hold In One Weekend Regatta**. The F18 Midwinters, F16 Midwinters, Shark Midwinters, Wave National Series Regatta, and Harken Buoy Series will also be held at the same time. It will be three days of racing (even if you can only make Saturday and Sunday, you will get scored your average for Friday). Definitely something to consider when the weather is freezing up here in the North! The venue is beautiful and Key West Race Week is the week after, so there are plenty of boats headed South.

Have a wonderful Christmas and I look forward to seeing you all at our Fleet Holiday Party on Dec. 19th! Don't forget to bring your white elephant!

*Dead reckoning — A course leading directly to a reef.
Hopefully there won't be too much of that during Steeplechase (although there is past history....)*



Putting the Optis away at the Fall Work Event.
Photos by Glenn Grummon

FLYING SCOTTLEBUTT

by Betty Struckhoff

Just because the sailing season is past doesn't mean the fun is over. Fleet 83's award for the guy with the worst case of sailing fever is no contest – how do you beat crewing on a 41` Bristol from Beaufort, South Carolina to Hopetown in the Bahamas? That's what Mike Pitzer will be doing while the rest of us hoist our "Wassail" cups on December 6. We're waiting to hear the stories, Mike!

At the same time, Bill Vogler is going the land route, ferrying Flying Scot #4 from Carbondale, Illinois to Deep Creek, Maryland. This boat was the first commercially produced Flying Scot and will reside in a museum at Deep Creek along with other historical artifacts of the town. Flying Scot World is grateful to Fleet 83 alumni Clark and Rhoda for donating this piece of Flying Scot history to posterity.

Of course some of us have other interests too. A fleet contingent will be enjoying Shirley Bild's debut with the St. Louis Community Chorus at their Christmas concert on December 11. If you don't have your tickets, check

with Shirley on whether any are left. She must be getting involved in these activities to fill up retirement time but, like most of us, bet she soon wonders how she ever had time to work.

At the other end of the career spectrum, the good news is Mike Bibb has landed a job. The not so good news is that it's in Kansas City. But Mike is used to driving from Bowling Green to sail at Carlyle. What's a few more miles? Congratulations and good luck, Mike!

Finally, on a sadder note, the word from alumni Curt and Carol Elmer is that Curt is battling lung cancer. I'll never forget Carol's story of how they got into racing: "We didn't think we were ready so we decided to just follow the other boats around the course. But then we started catching some." The rest is history. Godspeed!

Don't forget to send your reservations in for the banquet. See you on January 16. Merry Christmas and Happy New Year!



Photo by Glenn Grummon taken at the Fall Work Event.

CABIN FEVER

by Felicia Bamer

Happy Birthday Karin! At the Wine Tour Daughter Lesl (Elise) and her hubby Mark (from Jackson, MO) surprised Karin with a birthday cake and song. Heinz was so excited! You should have seen him trying to use his new camera!

Twenty-three cabin boaters plus two dogs wandered down to just west of Ste. Genevieve to the Charville Winery. We were greeted by Joal – Joe’s daughter. The winery has expanded to include their own brewed beer. And, many of their wines and beers are served in a number of nice St. Louis area restaurants. Joe and Peg did not make the trip to join us. But, the Hollands, Karls, Woodworths, Dutts, Grahams, Fabicks, Coads, Dohertys, Chris Fabick, Linda Tatem and I drove through the woods.

The day was sunny, warm and the surroundings were pleasant and relaxful. The Tour this year only included Charville’s up on the hill. Food was plentiful to go with the locally made wine and beer. (On the way home Linda got the opportunity to travel SW through the hills with me to my childhood home town 20 minutes away so I could reminisce about our two homes, circular driving Court House square, and high school.)

Florida time is here! From the Hollands, Karls, Woods, Mencins, Verchs, Leimbach and Linda, Lischers, Sue, Pat, Bartmans, ..., and again now new Homebuyers – Taylors. Probably right now at publication the new home is getting new bottom paint, getting named “?”, and getting

prepared to sail from Ft. Meyers to St. Petersburg. Oh, it is a 38’ Beneteau, – pretty photos – excited parents! Denny can stand up inside, and it is ten foot wide with canvas covers on everything and a furling main sail. [Oh, by the way, I am on the white sandy silky beach right now – for five days. (Great therapy!) My enjoying Thanksgiving Dinner outside on a sunny deck facing the white sand and the Gulf is not a rumor. Jan has been visited by several of us.]

Let’s hope that 2010 is a healthier year than 2009. It seems as though ½ of the fleet have visited the hospital this year. As we celebrate the holiday season starting with the annual Kane-Doherty Christmas Party evening, may each of us be in “Fair Winds in 2010!”.

Aeolus



Commodore's Banquet

Maryland Heights Community Centre Auditorium

January 16, 2010

6:30pm – 11:00 pm

06:00 PM - 06:35 PM	Arrival/Reception
06:35 PM - 06:45 PM	Attendance Prize Drawing
06:45 PM - 08:00 PM	Dinner
08:00 PM - 08:10 PM	Attendance Prize Drawing
08:10 PM - 09:10 PM	Awards Presentation
09:10 PM - 09:30 PM	Games and Prizes (everybody plays)
09:30 PM - 10:15 PM	Presentation – David and Megan Sail across the Atlantic
10:15 PM - 11:00 PM	Questions/Talk Time/Music and Dancing

Menu: Buffet style

Caterer = Tornatores Restaurant

Adult Menu - \$28pp

- **Roast Beef Bordalaise**
(demi glaze with shallots, mushrooms, and ripe olives)
- **Chicken Piccata**
(boneless breast of chicken that is pounded, rolled in Italian bread crumbs, then sautéed in olive oil, and topped with the piccata sauce. (butter, white wine, mushrooms, garlic, and capers)
(guests are served both meats)
- **Baby Buttered Potatoes**
- **Green Beans Almondine**
- **Italian Salad with Creamy Peppercorn Dressing**
- **Rolls and Butter**
- **Cheesecake**
(pre-set and garnished with chocolate sauce on the plate)

Kid's Menu (20 and under) - \$12pp

Kids are welcome to eat at the buffet for the regular buffet price of \$28pp

- Little Caesar's Pizza
 - Cheese, Pepperoni or Sausage
- Salad *(the kind kids like with iceberg lettuce)*
- Cake

Drinks

- Soda, Coffee, Ice Tea, Water, Beer, Wine and Mixed drinks will all be provided at no additional charge. Drinks will be available all night.
- To help control cost, I ask that you indicate on this form, what your drink preferences are and give me an indication of how much you think you will drink.

Please make checks payable to "Carlyle Sailing Association" and send them to:
David Crosby, 40 Shadowridge Drive, St. Peters, MO 63376

Please RSVP by January 10, 2010 (*latest date to sign up*).

Name(s) _____

Number of Adult Meals _____ @ \$28 per person Sub Total _____

Number of Kid Meals _____ @ \$12 per person Sub Total _____

Kid meal pizza preference (___ Cheese ___ Pepperoni ___ Sausage)

Pre-paid Reservations are required **Total \$** _____

Drink preferences – *please estimate choices and preferences for entire party included on this form.*
(*Again, this is just for planning purposes, it is not to restrict your choices or quantity*)

- ___ Coffee
- ___ Ice Tea
- ___ Water
- Soda
 - ___ Reg ___ Diet Pepsi
 - ___ Reg ___ Diet Coke
 - ___ Reg ___ Diet Mountain Dew
 - ___ Reg ___ Diet Seven Up
 - ___ Reg ___ Diet Dr. Pepper
 - ___ Reg Orange
- Beer
 - ___ Budweiser
 - ___ Bud Lite
 - ___ Budweiser Select
- Wine
 - ___ Red
 - ___ White
 - ___ Zinfandel
- Mixed Drinks
 - We will have two bar tenders on staff. Please list your preference and quantity.
 - _____
 - _____
 - _____
 - _____