

The Marks of the Course

May 2008



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Carlyle Sailing Association,
Philippi Harbor,
Carlyle, Illinois

Carlyle Sailing Association
Marks of the Course
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Address correction requested.

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COMMODORE'S CORNER



by
Paul Hanson

Well things are beginning to move forward with the 2008 sailing season. The lake level is almost below the wall and some parking lot clean up has taken place in preparation of putting the docks into the water and officially kick the season off.

The Spring Work Party will take place on Saturday May 10th. Please make plans to attend. The Party begins at 8am with the traditional lunch provided. I will be putting out a sign up sheet in order to help the Work Party Chairpersons determine how many workers will be helping out.

This will be forthcoming.

Boats will be welcomed into the club on May 16th, but not before. That way we are sure the club is ready for the boats. Racing will also begin Sunday May 18th. Please remember to leave your car in the car parking lot and don't drive it into the boat parking lot. The exception is if you're dropping off or picking up the boat.

Your membership packets will be available for pickup at the Spring Work Party. If you're not going to make the work party then your packet will be put into the mail the Monday morning after the work party. David Crosby has done a great job putting everything together for the 2008 season. Thank you David very much for your contributions to CSA thus far.

Also, remember to put your mast sticker on the mast above the cover so it is visible. Name and parking space number needs to be on the trailer tongue as well. Also, remember your tie downs and wheel chocks. Please do not bring skimpy line to hold down your boat. Missing tie downs are being replaced during the work party. And lastly your car sticker needs to be visible for our Harbor Master Mary.

Also don't forget that the Leukemia Cup Regatta is coming up on Memorial Day weekend. I'm sure it will be another great event to remember.

See you soon.

Pre-Season Refresher Course for Sailing....To best prepare yourself try these quick exercises:

- * Sit on a bench with large metal fixtures cutting into your legs, stare straight up into the sun for 2 hours - for a more robust workout: invite 4 friends to come over and yell at you the whole time
- * Go out and get very drunk, sleep 4 hours, then stand on a rocking chair for 6 hours.
- * Go to bank and withdraw as much cash as you can - then set it on fire
- * Sit in front of a commercial fan and have someone throw large buckets of salt water on you
- * Cut limb off nearby tree, tie ropes to it, stand on rocking chair with tree limb and ropes - hold them over your head for 3 hours...at 5 minute intervals drop on your head - more robust version: have friends yell at you in 6 minute intervals
- * Pour cold water in your lap and give yourself a wedgie, now alternate between sitting and running around bent over
- * Tie ropes between 2 trees and sit on a hard barstool tipping yourself into the ropes and balance - push your body against them as hard as you can for 6 consecutive hours - don't stop for pain or bruising until the pins and needles in your feet make it impossible for you to walk.
- * Nail wooden blocks covered in rough grade sandpaper to your stair make sure the sandpaper is wet , crawl up and down on your knees in shorts for several hours making sure to catch your fingers under the stair rods and smash your knees into the banisters
- * Make 12 sandwiches on white bread with bad meat and margarine cram them into a plastic bag, sprinkle with sea water- eat one a day for 12 consecutive days ... make sure the last one is peanut butter and jam.
- * Tie rope to rear bumper of friend's car, hold on tightly, but allow rope to slip through fingers as car drives away - TIP: works best with nylon.
- * Upon completion of above sit down and drink 24 Mount Gay Rums and tell your non-sailing friends what a fantastic sport it is.

SPLINTERS FROM THE BOARD

by
Rick Bernstein

The awesome power of your board of directors has done it again. We pulled out all our punches and behold, the water is all but gone and we're planning our opening days away.

At the last board meeting, of course we spent time on adjusting the schedule regarding work parties, regattas and opening weekend. Unfortunately we lost the first annual Melges 24 regatta and the annual Lighting regatta; but the Lightning folks and their ingenuity simply moved the regatta up state a little to Lake Decatur. Yes I'm a member of the Lighting Fleet, but I have to say, the never say die attitude worked quickly to move that regatta and it went off without a hitch.

The board has been working towards finding a better solution to all the past and present vital documents that help organize our club. I'm referring to contracts, licenses, titles and items such as this. In the past, these documents have been spread all over; we're getting close to better managing our vital documents which going forward, will save a lot of headaches.

A reminder to committee heads that I'm sure Commodore Hanson has issued, please send your bills, invoices and receipts to our new corporate treasurer, Brock Tuffli. His address is in the book. Thank you.

An update on our fiscal situation: Thanks to the work and efforts of your board and recent Flag Officers, our financial picture is gaining good stability. Yes we have had to make some sacrifices, delay a project or two, but it's been well worth it folks. This season we, as always, reinvest our funds where needed. For example, the flooring and walls of the bathrooms will be fixed and the boat parking lot is getting a mass overhaul of its tie downs that is going on now and will finish in the Fall.

Finally, a quick note back to the flooding; your CLA dollars do work as I have just learned that the land was flooded below the dam in favor of getting the lake lower in time for the mass amounts of consumer revenue about to be spent in and around the lake. With the lake flooded and out of commission, the loss to area businesses is significant. Thankfully, we should be open by mid-May, thanks to the extremely dedicated and hard work of our members who have spent weeks cleaning up the property. Our club strives on the volunteer spirit that from my eyes, is alive and well at CSA. Thank you to all.

Rick Bernstein
Chairman of the Board
Carlyle Sailing Association

Notice

Due to the flood the following calendar items have been changed.

- Spring Work Party May 10, 2008
- CSA Harbor Opening May 17, 2008

Brock Tuffli is the new CSA Treasurer. Send your expense items to Brock at:

712 Sherwood Drive
St. Louis, MO 63119

Andrea Sepanski has been re-elected to Board of Directors for an additional 3 year term.



CAT TALES



by
Holly Conklin

Howdy, Fleetsters!

I hope none of you are floating at home after all the rain we have had. I find it funny that our main hobby is sailing, on boats, and yet we are thwarted by too much water. Hummm.... I don't know about you, but I have been feeling the breeze and sun on my face this Spring and I am itching to be back on the water (or else the mosquitoes are back.) Though my garden is happy, it does mean we aren't going to be able to enjoy the wind as soon as we had hoped. On the up side, we won't have to slosh through as much mud when we get back to the beach!

The US Multihull Championship for the Hobie Alter Cup is in progress at time of writing. This year's boats are the Capricorn Formula 18 out of Australia, sponsored by Fun in the Sun, Inc. The regatta is being held in Clearwater, FL, a lovely venue. As of April 24th, Nigel Pitt and Alex Shafer are in the lead with 6 points, John Casey and John Williams in 2nd with 12 points and in 3rd place Ken and Ian Marshack with 13 points. The wind has not been great so far, shifty and light. The boats are holding up better than expected, which means faster turnaround on the beach before the teams head out again. I have to say, I wish I were there again this year. It is a regatta like no other that I have ever attended.

I have had several requests for more information on the next America's Cup boats. I have to admit that the information I found for last month's Tales was very difficult to find as there isn't much posted yet. In fact, most of the information I found was in articles regarding controversy about the boats and the regatta. I will keep you all in the loop as more information comes available. And yes, they really are 90' x 90'. The picture of the BMW Oracle boat is at bmworacleracing.com. They have a limited photo gallery with a few excellent photos. I believe they take a crew of 5, so put your applications in now! And since ya'll enjoyed last months picture so much, I included another one this month.



See you on the beach! (Hopefully!)

Sailing language - See Course

Course – The direction in which the skipper wishes to steer his boat and from which the wind is blowing. Also, the language that results by not being able to.

CABIN FEVER

by
Shara Taylor

First off, I'm glad to hear that the lake water is going down at the rate of 3 inches per day. Hopefully, there won't be any more rain to make the water go back up again. By the time you read this article, we MAY be back at CSA and getting this sailing season off and running or should I say off and sailing.

May is always a very busy month for us, and this May is especially busy because so much work must get done in such a short time. Hopefully, the Leukemia Cup will still be held on Memorial weekend. Other events and activities will have to be juggled and moved around to accommodate as many as possible.

The Cabin Fleet agreed to again help host the Leukemia Cup breakfast (with the cat fleets) on Saturday and Sunday mornings. Craig Lincoln and Ann Wesley (cat people) will chair the committee. They'll need lots of help getting food ready and setting everything up on Friday evening as well as serving both mornings. Any and all those willing to help out, please contact Craig. He is in the roster.

Now, here's news about Chuck Jones and his Big Adventure. Pat informed me that Chuck started his trip on their Bristol 24 "Harmony" on April 5 at Kentucky Lake. He couldn't put in at Alton Lake like he wanted because the river was too high so he decided to take the Tennessee/Tom Bigby route instead. Getting the boat in the water at Kentucky Lake and loaded with 600 pounds of gear proved to be a real challenge because of high water and a flooded parking lot and launch ramp. Then there was the job of raising the mast AFTER the boat got launched because of a low electric line across the lot. Fortunately, help to raise the mast came from three men working at the marina.

On April 6 while motoring in the fog (no wind), Chuck discovered that he blew a gasket from the engine to the exhaust system (his boat has a diesel motor). The gasket is about the only thing he didn't replace while getting ready for the trip. He got that repaired and, believe it or not, the head gasket blew! After getting this fixed, he had to leave the boat at a marina and go to a shelter because of heavy storms and tornado warnings. What a way to begin his adventure!

Anyway, after this rough start, Pat said he averaged 50-60 miles per day (mostly motoring) and went through a half dozen locks – one lowering him as much as 84 feet. Chuck ran aground once but was able to lever himself off with a huge paddle that he made for the trip. And I understand that Chuck has arrived safely in Mobile Bay. Way to go, Chuck!! Hopefully, his sail down the West Coast of Florida to Key West will be a breeze (pun intended). I'll keep you informed.

That's all for now; hope to see you at the lake soon.



CSA
Adult Sail Seminar
Wednesday, Thursday, Friday
June 18, 19, 20, 2008

The Adult Sailing Seminar is filling up fast. We will have fifteen different Instructors that the students will be working with. Most of the three days will be on the water, at the tiller or crewing. Remember what June is like at the lake? The breeze will be blowing, sun shining, water glistening all while learning to capture the wind in your sails and propel the boat forward without the aid of a motor. Sailing is a skill not just to learn, but also to develop. This class is the way to do it.

We have a limited number of tillers so get enrolled now.

The notice and registration form is elsewhere in this issue of the Marks and on our CSA website.

csa-sailing.org

Dave Leimbach

EHDAVE@AOL.COM 314.481.1924H 314.960.7005C

FLYING SCOTTLEBUTT

by
Betty Struckhoff

My list of Internet favorites includes both the graphic display of Carlyle Lake's elevation and the daily report of lake level. We've watched it slowly decline but the early morning rain is gently falling on our roof and driveway. When will we be able to sail?

We've been besieged by questions of whether the Egyptian Cup is on or off for May 30-June 1. The answer as of April 22 – we hope to make it; stay in touch.

If this reaches you before the fleet meeting on Sunday, May 4, just “come on down.” Details on the webpage - <http://www.csa-sailing.org>, then click on fleets and Flying Scot.

Flying Scots are getting those last minute travels in before the season starts. The Clarks were in Florida, Felicia in California. Your scribe and fleet captain are taking off for a few days in Vicksburg with perhaps a drive along the Natchez trace for the long way home.

The traveler happiest to be home is probably Joe Gerrity. He's back in Bowling Green, having completed his rehab stint for his new hip. There's probably no prouder grandpa on earth, so we leave you with this poem composed by his grandson Sam:



Photo by Karen Pauls

LIFE'S A SAILBOAT RACE

by
Sam Bibb

*When I sail I feel free
As the wind pushes me across the water
Sailing takes skill and determination
Much like my life*

*As the wind fills my sails
I grow older and wiser
With every time I capsize
I learn how to right my boat*

*When the wind picks up
I must take the risk of hiking
I lean way out to flatten my boat
With every wave comes a splash in the face*

*As I go down wind
I put up the spinnaker
And steer my boat straight to the finish
I can now relax my race is almost over*



Photo by Karen Pauls

THE FLOOD OF 2008



Photo by Karen Pauls



by
Tobi Moriarty

The Lightning Fleet hits the Road

The 2008 flood has obviously been a misfortunate situation for the entire club and the Lightning Fleet's Mid-Continent regatta was nearly ruined. The Lightning fleet-members, however, are quite resourceful and definitely did not want to miss the first weekend of sailing this season. Regatta Chairman, Matt Burrige, contacted the Lightning sailors from Decatur and asked if the Mid-Continent could be held at their facilities in 2008 and they enthusiastically accepted the request. The sailing on Decatur Lake flourished for years but recently their Lightning fleet diminished down to only a couple boats and hasn't hosted a regatta in well over a decade. Many of the Carlyle Lightning sailors have fond memories of sailing there and were excited to return.

April 26th and 27th the Lightning's from CSA along with boats from around the mid-west met on Lake Decatur and raced six races in puffy, shifty breeze. Thirteen boats raced and only six of those were from our fleet. A few, however, were former-members that just didn't want to miss out on the fun. Our newest fleet member, Mike Reed raced with his son and his son's girlfriend on Saturday but Sunday he was going to be one crew short so he hooked-up with Ian Moriarty who stepped in as a "guest skipper". Our other new fleet-members, Bart and Jessica Snyder raced their new boat with the help of crew Carson Menges. John Folwell made the trip to Decatur and sailed with Mark Paoli and Courtney Menges. Gerry Paoli was able to step on and "guest skipper" his father's old boat for the event. It was fun to have him back in the mix on the Lightning race-course. Denny Heisler also made a come-back to the Lightning borrowing Rick Bernstein's boat and racing it with Kay Ward and Nicholas Beckmann. Terry Burke sailed the regatta with his two son's Edd and Bryan. Matt Burrige had Jim Sears and Jeff Coppens who both flew in from California to join us in Decatur. Dan Moriarty took his new boat to Decatur with Tobi Moriarty and Rick Bernstein's help.

Dan Moriarty was able to win the event with four first-place finishes and one fourth. He was excited to be able to put his name on the Augie Paoli memorial trophy which hangs in the CSA Clubhouse. The Augie Paoli trophy was gifted in 2004. Ironically, Augie was very instrumental in the Lightning regatta that the CSA fleet used to host which was called the "Impromptu Regatta". The 2008 Mid-Continent regatta was definitely thrown together in Impromptu-fashion at the changed venue. Matt Burrige was able to throw-out the race in which he capsized and finished in a strong second. Three-time former Mid-Continent Regatta winner, Todd Wake, finished in third place followed by Bill Faude from Chicago. Terry Burke rounded out the top five for the event.

The Friday-night festivities started early as everybody rolled in at staggered times and helped each other rig the boats. Libations were enjoyed and part of the group tried out one of Decatur's fine eating establishments. Saturday there were two races, an on-shore break for lunch, and then two more races. The party started under the pavilion Saturday immediately after the fourth race ended and moved to the Beach House Restaurant where nice food was provided for the sailors. Rumor has it that the hotel hot tubs were put to good use to work out some sore muscle after the day on the water. Two more races were held on Sunday morning and then the fleet all pitched in to clean up the facilities that they were so lucky to have used for the weekend before driving home with their boats in tow.

We all look forward to getting back to enjoy the Sunday fleet races at CSA but in the mean time it was fun to race against one another while the Carlyle waters recede.

Many thanks go to Lal Burrige who un-expectedly took the reins of RC duty with a rusty group of Decatur volunteers and got off all six races in a timely manner. Carolyn Burke was fabulous to have around taking care of registration, lunches, and adding to the on-shore fun. Thank you to CDYC for more great memories.

LIGHTNING FLASHES



Would you like your personal design to
be on the 2008 CSA sailing camp t-shirt??



Are you attending Junior Sail Camp 2008 as a camper, counselor or instructor? Are you interested in having your design on this year's camp T-shirt? Simply draw something relevant to sailing camp (sailboat, CSA flag, lake, campground, etc.) and you might have your design on the T-shirt. Everyone at camp wears these shirts. Wouldn't it be cool to see them wearing your artwork? Be creative and come up with a design that everyone will love! Mail your one-color drawing to Ann Lacker at 15 Coat of Arms Ct. St. Peters, MO 63376. You may also email the design as a PDF to annlacker@charter.net. Entries must be received by May 12th. GOOD LUCK!



CSA
Adult Sail Seminar
Wednesday, Thursday, Friday
June 18, 19, 20, 2008

OBJECTIVES Fun, Safety, Meet People just like You, **LEARN TO SAIL**
Beginners and Intermediate

INSTRUCTION Classroom, Land, and On Water

- You as a Sailor
- Safety and You
- Parts of a Sailboat
- Wind Awareness
- How Sails Work
- Rigging the Boat
- Learn to talk like a Sailor
- Your first Sail
- Sailing Directions
- Sailing Upwind
- Sailing Downwind
- Capsize Recovery
- Overboard Recovery
- Leaving and Returning
- Improving Your Skills
- Right-of-Way
- Backup Skills
- Weather, Tides & Currents
- Knots and Lines

Three types of Training Boats

Mono Hull (Flying Scot)

Cabin Boat (San Juan 21)

Catamaran (Hobie 18)

INSTRUCTORS CSA Members US Sailing Level I Dinghy Instructors

REGISTRATION \$130.00 for Non Member \$80.00 for Primary Corporate Member
(Includes Instruction, Sailing, Reference Textbook, Continental Breakfast and Lunches)

CONTACT Dave Leimbach 314.481.1924h or 314.960.7005c ehdave@aol.com
Send registration to Dave Leimbach at 4421 Ridgewood Ave., St. Louis, MO 63116

Registration Form

Must be over nineteen years of age.

Name _____ Phone# _____ E-Mail _____

Address _____ City/State/Zipcode _____

Sailing Experience _____

If you own a sailboat, state the class. _____

Type of boat that you prefer to learn on (Check One)

- Mono Hull (Flying Scot) Cabin Boat (San Juan 21) Catamaran (Hobie 18)
 Not Sure

So you don't know a tack from a jibe?

COME TO
Carlyle Sailing Association's
VISITORS
DAY

SATURDAY JUNE 7th 2008

TIME: 12:00 NOON TO 6:00 PM

Carlyle Sailing Association (CSA) is a not for profit sailing club located on Carlyle Lake, 55 minutes from the downtown Arch.

We are a low cost family sailing and sailboat racing facility.

To help promote the wonderful sport of sailing and our facility, we are inviting any area sailors or persons interested in sailing to experience a free day of sailing followed by other activities.

Sail on various types of boats with some of the best sailors in the Midwest.

Attendance is Limited

You must **Pre-Register** before **May 30th**.

Call / Email the following

Norm Karl (314-842-0782) or Shirley Allen (618-622-9813)

Email: (nkarl1@prodigy.net)

Visit our web page at: <http://www.csa-sailing.org>

Note 1: You are not pre-registered until you receive a response from us!

Note 2: Check our Web site for possible date changes due to flooding!

2008 CSA CALENDAR

Month	Day	Event	Chair
FEBRUARY	15	Membership Re-applications Due	D. Crosby
	25	Marks' Deadline	D. Crosby
	29	Leukemia Kick Off Party	R. Bernstein
MARCH	25	Marks' Deadline	D. Crosby
APRIL	5	Commodore's Staff Mtg	P. Hanson
	12	Big Spring Work Party	All
	25	Marks' Deadline	D. Crosby
	26	Planned Harbor Opening	All
	26-27	Lightning Mid-Continent Regatta	Matt Burrigde
	27	Annual "Burning of the Socks"	All
MAY	3-4	Melges 24 Regatta	R. Bernstein
	3	Hare & Hounds Race #1	All
	4	Club Races Begin	All
	17	2nd Annual Blessing of the Fleets	L. Cherry
	25	Marks' Deadline	D. Crosby
	17-18	US Sailing Level 1 Instructor Training	J. Sepanski
	23-25	Leukemia Cup Regatta	R Bernstein/S. Zerban
	25-26	US Sailing Level 1 Instructor Training (cont.)	J. Sepanski
	30-1	Flying Scot Egyptian Cup Regatta (Flying Scot Midwest Districts)	J. Harris
	31	New Members' Orientation Day	P. Hanson
JUNE	7	Visitors' Day	Karl/O'Donnell/Wilson
	9-13	Junior Sail Camp	Crosby's/Lacker's
	14	Firecracker Regatta (Jrs)	Crosby's/Lacker's
	18-20	Adult Sail Camp	D. Leimbach
	25	Marks' Deadline	D. Crosby
	28	Luau & Fireworks	M. Leonard
	28	Hare & Hounds Race # 2	All
	28-29	Inland 20 Regatta	D. Crosby
JULY	10-13	San Juan Regatta	C. Guthrie
	19	Hare & Hounds Race #3	All
	25	Marks' Deadline	D. Crosby
	TBD	Club C of C Regatta	D. Haile
AUGUST	9	Hare & Hounds Race #4	All
	9-10	Y-Flyer Beer & Boats Regatta	J. Klug
	25	Marks' Deadline	D. Crosby
	30	Hare & Hounds Race #5	All
	30	Strawberry Daquiri Women's Regatta	A. Sepanski
	31	Holiday Regatta	All
SEPTEMBER	13-14	Whale-of-a-Sail	S. Zerban
	20-21	Muddy Waters Regatta	M. Hill
	25	Marks' Deadline	D. Crosby
	27-28	Snipe Silver Cup	A. Sepanski
OCTOBER	13-14	E-Scow Silver Cup Regatta	D. Shindel
	20-21	Laser Regatta	P. Hanson
	25	Marks' Deadline	D. Crosby
	26	Harbor Closing- All Boats MUST Leave	
NOVEMBER	8	Big Fall Work Party	All
	14	Work Chits Due	D. Crosby
	14	Annual Membership Mtg & Election	All
	25	Marks' Deadline	D. Crosby
DECEMBER	25	Merry Christmas (No Marks' for January '08)	
JANUARY	17	Commodore's Banquet	J. Wilson

NO TIME LIKE THE PRESENT TO KEEP YOUR FUTURE ON TRACK.

Time can have an affect on your investments. Fortunately, a portfolio review will allow you to check on their progress and ensure they're still on track with your goals.

That's why you should schedule your free portfolio review now. Call or visit today.

Elizabeth Miller
Financial Advisor



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Clayton, MO 63105
314-726-1233

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING