

## CARLYLE SAILING ASSOCIATION 2012 SUNDAY SAILING INSTRUCTIONS

1. **RACING RULES.** All races will be sailed under the current ISAF Racing Rules of Sailing (“RRS”), except as amended hereby. If these sailing instructions (“SI”) conflict with the RRS, these instructions shall control to the extent permitted by RRS 86.
2. **ELIGIBILITY.** Race participation eligibility is outlined in Section V - A of the CSA Official Handbook. CSA guest boats may participate in the race program with the consent of the Race Committee (before the Race Committee boat leaves the harbor) and on the advice of the affected fleet.
3. **NOTICES TO COMPETITORS.** Notices shall be posted on the official bulletin board located adjacent to the pavilion. Alternatively, notices may be disseminated to competitors via the CSA official email list-serve at least 72 hours before the affected race.
4. **CHANGES IN SAILING INSTRUCTIONS.** Changes shall be disseminated as set forth in Paragraph 3, above or posted on the official bulletin board a minimum of one hour prior to the first affected race. Code Flag “L” shall be flown with one sound to signal a posted change.
5. **SIGNALS MADE ASHORE.**
  - 5.1 Location of Signals. Signals may be displayed from the flagpole or the Race Committee boat when berthed.
  - 5.2 Code Flag “B.” Prudent judgment should be exercised in sailing or racing under these prevailing weather conditions. The display of this signal does not relieve sailors of their responsibility under RRS 4, but means that such consideration should be taken.
  - 5.3 Code Flag “L.” A change in the sailing instructions has been posted.
  - 5.4 Harbor Signal. An Orange flag with one sound signal signifies that the Committee Boat is leaving the harbor and the first warning signal will be approximately 30 minutes thereafter. This signal (orange flag) shall be struck, accompanied by one sound, one minute before the first warning signal.



## 6. SCHEDULE OF RACES.

### 6.1 Club Races (a/k/a Championship Series).

a. Club Races shall be sailed on Sundays, May through October. Two (2) races shall be sailed each Sunday, conditions permitting; provided, however, **no** Club Races shall be sailed on the weekends of the Pursuit Races (Section 6.2), the “Leukemia Cup Regatta”, the “Whale-of-a-Sail Regatta”, or the Racing Clinic.

b. The Club Races shall be comprised of three “seasonal series” of approximately two (2) months duration each:

**Spring Series:** 6 May-1 July (6 club days & 1 pursuit races)

**Summer Series:** 8 July-26 Aug. (7 club days & 1 pursuit race)

**Fall Series:** 2 Sept.- 28 Oct. (7 club days & 1 pursuit race)

c. Times of the warning signal shall be as follows: During June through August, the first warning signal shall occur no earlier than 1330 with the second race following back-to-back. During the other months, the first warning signal shall be no earlier than 1130, and the second race first warning signal shall be no earlier than 1430 except on 26 October with the second race following back-to-back. Notwithstanding the foregoing, (a) if the Race Committee does not depart the harbor for a race by 1500, they may abandon racing for the day at that time; (b) no first division warning signal shall be made *after* 1600; and (c) in the event fewer than 6 qualified sailors are prepared to sail at the time the Race Committee is scheduled to leave the harbor, the Race Committee may postpone or cancel such race.

6.2 Pursuit Races. The season shall include three (3) Pursuit Races. Pursuit Races are scheduled for the following days: (a) 12 June; (b) 3 July 3; (c) 14 August; and (d) 4 September. The racing format for the Pursuit Races is described in Addendum 1 hereto.

6.3 Practice Series. The Practice Series shall be sailed on Sundays: : 3 June, 10, June , 17 June, 8 July, 22, July, 29 July, 19, August and 26 August . The racing format for the Practice Series is described in Addendum 2 hereto.



## 7 THE COURSE.

7.1 Marks. Up to four (4) rounding marks, to define concentric inner and outer courses, and will be positioned as follows:

2 (yellow)

1 (orange)

4 (orange/red)

3 (yellow)

S-----F-----() (start/finish)

Outer course: Start, 2, 3, 2, finish, posted as WL

Inner course: Start, 1, 4 (if desired), 3, 1,, finish, posted as WL (or OM if jibe mark (4) is present)

- a. One orange mark shall define an inner windward mark.
- b. Yellow marks shall be used for an outer course windward mark and a common leeward mark for both courses. All courses shall be windward/leeward unless specified otherwise for the short course. An orange jibe mark may be added for the short course only if so desired by the affected fleets.
- c. All marks shall be rounded to port.

7.2 Starting/Finish Lines. The starting and finishing line shall be below the leeward mark and shall consist of a spar buoy and the signal mast of the Race Committee boat.. The start/finish line should be approximately 30 yards leeward of the leeward mark.

7.3 Placard. The Race Committee shall display a placard from the starboard rail of the Committee boat indicating the first two digits of the approximate compass heading to the weather mark.



## 8 THE START.

- 8.1 RSS 26. All series races shall be started in accordance with RRS 26. The warning signal for each succeeding class shall be the starting signal of the preceding class.
- 8.2 Divisions. The Fleets shall be assigned to the following divisions:

<u>Division</u>	<u>Fleet(s)</u>
1	Scows Y Flyers
2	Catamarans
3	Lighnings San Juan 21s Comets
4	Flying Scots

Other boats shall be assigned to a specific division by the Race Committee. Each division shall be designated by a numeral pennant. Fleets shall be assigned to sail the inner course (orange windward mark) or the outer course (yellow windward mark).

Each division will have a separate starting sequence, which shall be started in the order set forth above. All boats in a given division shall start at the same time.

- 8.3 Pennants. During the starting sequence, these numeral pennants shall be displayed as the warning signals for the several divisions.
- 8.4 Starting Line. The starting line shall be between the signal mast of the Race Committee boat and a spar buoy.
- 8.5 Sounds. Audible signals may be horns, guns or whistles. The signals are for convenience and the absence of signals shall not invalidate a start.



8.6 Starting Area. Boats shall keep clear of the starting line or its extensions by a minimum of 30 yards after the initial warning signal is made until the warning signal is made for their division. Offending boats shall be subject to disqualification.

## 9 RECALLS.

9.1 Individual Recall. The Race Committee will attempt to hail OCS boats. However, failure to hear said hail is not grounds for redress, and does not relieve a skipper's obligation to start properly.

9.2 General Recall. Fleets under general recall shall be re-sequenced to start five (5) minutes after the last scheduled start. The timing sequence shall not stop. This modifies RRS 29.2.

10 **SHORTENING THE COURSE**. The course may be shortened at the windward or leeward mark. A mark-set boat will be stationed near the leeward or windward mark and will be displaying Code Flag S and make periodic bursts of two audible signals. This modifies RRS 32.1. All finishes shall be made at a finish line on the next leg of the race.

## 11 THE FINISH.

11.1 Finish Line. The finish line shall be denoted by the flag staff of a Race Committee boat or Whaler flying a blue flag and a spar buoy. The Race Committee shall acknowledge each finish. A skipper cannot assume to have finished until his boat is acknowledged.

11.2 Back-to-Back Races. If a race is to be sailed back-to-back with the race being completed, the Race Committee shall display the orange flag from the mast of the Committee Boat.

## 12 TIME LIMITS.

12.1 First Leg. A race shall be abandoned on a fleet basis if no boat of that fleet rounds the first mark within thirty (30) minutes after the fleet's start, or finishes within one-and-one-half (1-1/2) hours.

12.2 Fleets. Boats not finishing within fifteen (15) minutes of the first finisher of that class shall be scored points equal to one greater than those that finished within that time.

12.3 Sundown. No races shall continue after sundown.



**13 SAFETY.** All boats participating in the race program must comply with the safety requirements listed in Section IV-D of the CSA Official Handbook. Cabin fleet boats are required to have auxiliary power ready to use in case of emergency and are exempt from carrying a paddle. Failure to display any of the safety equipment specified in Section IV-D of the CSA Official Handbook upon request by a CSA officer, Race Committee member, State or Federal officer shall result in disqualification.

**14 SCORING.**

14.1 Scoring Systems. The scoring system selected by each fleet is subject to the requirements of section V-D of the CSA Official Handbook. The Fleet scoring system and tie-breaking method shall be on file with the CSA Race Committee Scorer prior to May 1, annually.

14.2 Time Limits. Each fleet shall report their qualifiers and winners of each series (i.e, spring, summer, fall and championship) to the CSA Race Committee Scorer within seven (7) days of the last race of that series.

14.3 Handicaps. Calculation of scores for those fleets sailing under the Portsmouth or other handicapping systems is the responsibility of those fleets. The Race Committee will attempt to supply finish times to those fleets.

**15 PROTESTS AND PENALTIES.**

15.1 Penalties. Boats in spinnaker classes and the cabin fleet, when carrying a spinnaker, she may be exonerated by dowsing the spinnaker, and doing one (1) 360 degree turn, and resetting the spinnaker. Any of the catamaran classes, which acknowledges infringement of Part 2, may be exonerated by making one (1) full 360 degree turn. This modifies RRS 44.2.

15.2 Protest Notification. The protesting boat, upon finishing the race in which the infraction occurred, shall notify the Race Committee boat of her protest, giving the class and sail number of the protested boat, even if the protested boat has performed penalty turns.

15.3 Written Protests. The protesting boat may file a written protest, which shall be written on an official USSA protest form and be given to the Protest Committee Chairman personally or by mail postmarked no later than the Tuesday following the incident.



- 15.4 Hearings. Protest hearings shall normally be scheduled on the second and the fourth Sunday of each month, or as soon as practical at the discretion of the Protest Committee Chairman. The Protest Committee Chairman shall notify parties to the protest of the scheduled hearing by mailing or e-mailing written notices to the parties involved. When either skipper cannot attend the protest hearing as scheduled, an alternate date may be selected as long as the protest hearing date is held within one month of the protest filing, and is mutually acceptable to both skippers.
- 15.5 Arbitration. Protest arbitration shall be used as the first step in resolving a protest at the option of the Protest Committee Chairman. These are intended to be explanatory in nature and may assist participants to avoid the need for a formal hearing. Any testimony or conclusions arrived at during arbitration shall not be carried over to a protest hearing should a formal hearing be required.
- 15.6 Fleet Protests. All protests arising from suspected violations of class rules or handicap declaration parameters shall be remanded to the appropriate fleet for disposition. The involved fleet shall notify the Protest Committee and the Race Committee of its findings regarding the subject of protest.
- 15.7 Boats that intend to file a protest, who took a penalty on the course, or retired before finishing shall declare the same on the Race Actions form on the bulletin board within one hour after returning to the harbor after racing.
- 16 PRIZES.** Prizes shall be awarded in accordance with Section V-E of the CSA Official Handbook.



## Addendum 1

### 2012 CSA Sailing Instructions Pursuit Race Addendum

This addendum is attached to and a part of the Carlyle Sailing Association 2012 Sailing Instructions ("SI"). The following numbered paragraphs correspond to the numbered paragraphs in the SI. For the Pursuit races on 6 July, 4 August and 5 September, the instruction in this Addendum shall take precedence over the terms of the SI.

1. **SCHEDULE.** Pursuit Races shall be scheduled on 1 July, 5 August and 2 September, with starts beginning at 1200. A competitors meeting will be held at 1100 at the pavilion to provide course designation, individual start times, and "clock" time coordination. Attendance at this meeting is mandatory to fill out an entry form with your sail number and boat type. After the race each boat shall report back with their finish information.
2. **COURSE.** The course will be defined by a map with compass headings indicated for each leg. Yellow or orange CSA marks will be used as turning marks. Separate courses will be designated for "long course boats" and "short course boats." Marks shall be rounded to port or starboard whichever makes the smallest turning angle for the next leg.
3. **START.** The starting line shall be between two (2) spar marks or two (2) red marks lying in a north-south direction off the north shore of the lake adjacent to the CSA pavilion (Mile Marker 2). Each boat shall start in an easterly direction (regardless of the Leg 1 heading) at her assigned starting time.
4. **FINISH.** The finish line is the same line between spar marks as the start line. Each boat shall finish in accordance with the RRS definition of finishing (crossing from the direction of the last turning mark). She shall take her own finishing time (clock time) and note the boats that finished immediately ahead and behind her. These data shall be reported to the race desk in the pavilion or entered on the posted finish sheet after returning to the harbor.
5. **SAFETY.** A CSA Whaler will be available in the course area to assist.



6. **SCORING AND PRIZES.** Scoring will be performed for prizes within each fleet and for overall prizes for all boats on a given course. Each fleet may elect to score the Pursuit Races as part of the seasonal series described in SI.



## Addendum 2

### 2012 CSA Sailing Instructions Practice Series Addendum

This addendum is attached to and a part of the Carlyle Sailing Association 2012 Sailing Instructions ("SI"). The following numbered paragraphs correspond to the numbered paragraphs in the SI. For the races that comprise the Practice Series, the terms in this Addendum shall take precedence over the terms of the SI. The Race Committee reserves the unilateral right to revise this Practice Series Addendum 2.

By way of introduction, the purpose of the Practice Series is to permit novice sailors and experienced racers alike to practice boat handling, sail trim and race tactics in a series of fun, informal and collegial drills and races. The format, as described below, was designed to minimize the delay between races and the need for race committee volunteers.

- 1. CHANGES IN SAILING INSTRUCTIONS.** The race committee reserves the right to modify or amend the sailing instructions in whole or in part. Changes shall be noted at the 1000 mandatory participants' meeting (as discussed in Section 6). Notwithstanding the foregoing, the race committee may not amend Section 6 hereof without at least seventy-two hours prior notice.
- 2. SCHEDULE OF RACING.** Races comprising the Practice Series are scheduled on Sundays: 3 June, 10 June, 17 June, 8 July, 22 July, 29 July, 19 August and 26 August with starts beginning at 1030. A participants' meeting will be held at 1000 at the pavilion to provide a brief discussion of, without limitation: (a) applicable starting procedures, (b) the course, (c) finishing procedures, and (d) scoring. Attendance at this meeting is mandatory. The verbal instructions at this meeting shall take precedence over any rules set forth herein or the SI.
- 3. COURSE.** The course to be sailed will be announced at the at the 1000 mandatory participants' meeting.
- 4. START.** Races and drills shall be started in) Sound Signal Starts or started in accordance with RRS 26. The warning signal for each succeeding class shall be the starting signal of the preceding class, The format and the order of the starts shall be established at the 1000 mandatory participants' meeting.



- 4.1 Sound Signals Starts. The starting sequence shall be conducted in accordance with RSS Appendix S. Accordingly, races shall be started using the following signals.

Time until Start	Signal
	Preparatory (Series of short signals)
3:00	Three long signals
2:00	Two long signals
1:30	One long signal, Three short signals
1:00	One long signal
:30	Three short signals
:20	Two short signals
:10	One short signal
:05	One short signal
:04	One short signal
:03	One short signal
:02	One short signal
:01	One short signal
Start	One long signal

No pennants or flags will be utilized during the starting the sequence. If two starts are scheduled, the starting signal for the first fleet will be the preparatory signal for the second fleet.

All time periods are approximate. The signals are for convenience and the absence of signals shall not invalidate a start. If races are started back-to-back, the boat finishing fourth shall serve as the Rabbit in the following race (unless the Committee Boat is the Rabbit).

- 4.2 Audible signals may be horns or whistles.
- 4.3 Other Signals: One sound signal signifies that the Committee Boat is leaving the harbor and the first warning signal will be approximately 20 minutes thereafter.
- 5 **FINISH.** Finishing procedures shall be announced at the at the 1000 mandatory participants' meeting. Without limiting the generality of the foregoing, races may be finished using a single mark as follows: boats finish by rounding the finish mark to port. If two or more boats round the finish mark simultaneously, the inside boat shall prevail.



- 6 **SAFETY.** In case of heavy or very light wind, a CSA motorboat will be available in the course area to assist. A limited safety personal will be available during the Practice Series. As such, it is the sole responsibility of the individual sailor to decide whether to start or continue a race.
  
- 7 **SCORING AND PRIZES.** The race committee will announce which races, if any, will be scored at the at the 1000 mandatory participants' meeting. To qualify for the Practice Series, the total number of scored races sailed must be no less than 50 percent of the number of completed scored races for the Practice Series. Prizes will be awarded for participation and performance at the discretion of the Race Committee.



